

Participant Information Sheet

Department: UCL Division of Medicine, Faculty of Medical Sciences

Title of the Study:

Assessment of the Implementation of PENG Guidelines in Clinical Practice: A Follow-up Survey

Introduction

You are invited to participate in a research study conducted by Ekaterina Kuchinskaia, a Clinical and Public Health Nutrition Masters student at the UCL Division of Medicine. The purpose of this study is to evaluate the success of the implementation of the PENG guidelines by dietitians in the UK. This participant information sheet provides details about the study, its purpose, and what your participation will involve.

Purpose of the Study

The aim of this study is to assess how well the Parenteral and Enteral Nutrition Group (PENG) guidelines have been implemented in clinical practice by dietitians across the UK. This survey follows an initial survey conducted in 2019, and aims to gather updated information on the estimation methods used for nutritional requirements, including protein, energy, fluid, and micronutrients.

Why Have I Been Invited?

You have been invited to participate because you are a dietitian working in the UK, either in a clinical, academic, or freelance private sector. Your expertise and experience are valuable in helping us understand the practical application of the PENG guidelines.

What Will Happen if I Take Part?

If you agree to participate, you will be asked to complete an online questionnaire that consists of 47 questions. The survey will collect demographic information, such as the region you work in, your areas of work, and years of clinical experience. It will also ask about your methods for estimating nutritional requirements and the influence of various guidelines on your practice.

Do I Have to Take Part?

Participation in this study is entirely voluntary. If you decide to take part, you are free to withdraw at any time without giving a reason. Your decision to participate or not will not affect your current or future professional standing.

What Are the Possible Benefits of Taking Part?

By participating in this study, you will contribute to a better understanding of the implementation of the PENG guidelines. This can lead to improvements in future guidelines and enhance nutritional care practices for patients.

What Are the Possible Risks of Taking Part?

There are no significant risks associated with participating in this study. The survey is anonymous, and no personal identification information will be collected.

How Will My Data Be Kept Confidential?

All data collected from the survey will be anonymous. We will not collect any information that can identify you personally. The data will be stored securely and only accessible to the research team. Results will be published in an aggregated form, ensuring that individual responses cannot be identified.

What Will Happen to the Results of the Study?

The data collected will be analysed and compared with the results of the first survey conducted in 2019. The findings will be used to evaluate the success of the PENG guidelines implementation and identify future steps. The results will be published in professional journals and presented at relevant conferences.

Who Has Reviewed This Study?

This study has been reviewed and approved by the UCL Ethics Committee.

Contact Information

If you have any questions or concerns about this study, please contact:

Principal researcher: Dr. Adrian Slee (a.slee@ucl.ac.uk)

Project supervisor: Dr. Elizabeth Weekes (elizabeth.weekes@gmail.com)

MSc Student responsible for the project: Ekaterina Kuchinskaia
(ekaterina.kuchinskaia.18@ucl.ac.uk)

Thank you for considering participation in this study. Your input is invaluable in helping us understand and improve the implementation of nutritional guidelines in clinical practice.



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