



HEADSSS ASSESSMENT

Context for Student

Tulisa is a 15-year-old who was diagnosed with type 1 diabetes when she was six years old. She initially used an insulin pump, but her diabetic control deteriorated when she was 11 and she was switched to multiple dose insulin (MDI) therapy. Her control has not improved since restarting the MDIs and she has been admitted to hospital 6 times in the past year with hyperglycaemia and twice with severe DKA.

She has been treated for DKA again this presentation and her blood sugars and ketones are now stable.

The team are trying to understand what is contributing to Tulisa's poor diabetic control.

Task

Perform a HEADSSS assessment for this young person on the ward.

You are NOT required to take a medical history.

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