

# P6 CAMP 2024 WHITHAUGH PARK

Tues 14th - Fri 17th May 2024



# Purpose of Tonight

- To give you a flavour of what camp will be like for your child
- See the types of activities to be undertaken
- Resolve any queries/concerns



# When Do We Go?

- Leave school on Tuesday 14<sup>th</sup> May at 9am - Remember a packed lunch
- Travel by bus
- Returning to school on Friday 17<sup>th</sup> May. Leave Whithaugh Park at 10am
- We will tweet/text when we are about 15 minutes from the school.





# Staff Attending

- Mrs Macgregor (Principal Teacher)
- Miss Macrae (P6 Class Teacher)
- Miss Young (P5/6 Class Teacher)
- Mrs Martin - Learning Assistant
- Miss Taylor (P2 Class Teacher)

# Daily Routine Example

- Breakfast
- 2 Activities
- Lunch
- 2 Activities
- Evening Meal
- 1 Activity
- Bedtime 9pm/Lights off 9.30pm





# Activities



- Night Hike
- Zip Wire
- Raft Building
- Abseiling
- Climbing
- High Ropes
- Swimming
- Inflatables
- Canoeing
- Archery
- Mountain Biking



<https://rockuk.org/schools/#primary-school-trips>

# Kit List

- Kit list will follow
- Lots of warm, old clothes
- Labelled
- No jeans!!!
- Black bags for wet clothes
- No phones, electronics or valuables.



| ACTIVITY KIT INFORMATION  |   |
|---|---|
| Below is an outline of recommended clothing for each of our instructed activities. Please note: If your activity is not listed here, then there is no particular required clothing for that activity. |   |
| ASCENDING   | The top of the abseiling tower can be quite cold, so make sure you dress appropriately. Please wear non-slip shoes, no jewellery and tie back long hair.  |
| ASCENDERS   | Please wear closed toe shoes and tie back long hair.  |
| BATY  | Old clothes to be worn, especially if it's raining.   |
| BATISCAUT AND CANOPYRE  | Please wear warm outdoor clothes (long trousers) waterproofs and trainers/wellies (not sandals).  |
| CAVING  | Old clothes and wellies are recommended. We will provide overalls to go over the top of your clothes.   |
| CLIMBING AND INWARD CLIMBING  | Closed toe, non-slip shoes are best for this activity, ideally trainers. Trousers or long shorts are also best when wearing a harness. Jewellery should be removed and long hair tied back.             |
| FENCING   | Long trousers are best, as well as closed toe shoes. Wear a lightweight top layer as fencing jackets can be quite warm.   |
| GEORACING AND ORIENTEERING  | Suitable outdoor clothing and shoes should be worn. Waterproofs may also be needed.   |
| GORGE WALK  | Old clothes and shoes should be worn. Be ready to get wet.  |
| HIGH ROPES  | Trainers are best for high ropes, as well as long shorts (below the knee) or trousers, and ideally a long-sleeved top. Please wear closed toe, non-slip shoes. Tie back long hair and remove jewellery. |
| KAYAKING, OPEN CANOE AND RAFT BUILDING  | Wear old clothes (including shoes) and be ready to get wet. Please DO NOT wear jeans or wellies. Be prepared with a towel and a full change of clothes for after the session.                           |
| MOUNTAIN BIKING   | Old clothes and trainers are recommended.   |
| NIGHT WALK  | Comfortable shoes (that could get muddy) should be worn. Warm clothes (and waterproofs) will be needed, especially in winter, as well as a torch.   |
| PEDAL BARTING   | Can be very wet, dirty or dusty, so please be prepared.   |
| WALK THE PLANK  | Old clothes and wellies are best for this activity.   |
| WATER WALKERZ   | Wear your swimming costume with shorts and a T-shirt over the top. Please bring a towel, you shouldn't get wet but it's good to be prepared!  |



# Photos

- Staff will take photos
- Photos will be tweeted if possible - wifi not great!



# Accommodation



- Wooden lodges sleep up to 10, with bedrooms, shower and toilet - children involved
- Dining and meeting lodges
- Bedding provided
- Learners will make their beds when they arrive
- An adult will be assigned to each lodge



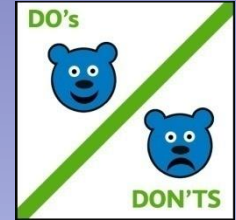
# Food at Camp

- All food is served in the dining lodges
- Breakfast and lunch - buffet style
- Dinner: hot food - waiting on menus to be able to make choices
- Plenty of food - no need to bring snacks
- Diluting juice/water
- Allergies and food requirements catered for





# Do's and the Don'ts



- Bring plenty of warm clothes/socks
- Bring a book
- Bring a black bag (x2) to put wet/dirty clothes in
- Bring a waterproof jacket
- Bring mobile phones
- Bring electronic devices/computer games
- Bring food/sweets
- Bring hair-dryers or straighteners
- Bring aerosols/sprays
- Bring jewellery/valuables

# Risk Assessments

- All activities are fully risk assessed and delivered by qualified instructors
- School risk assess travel arrangements and free time
- Deposits are non-refundable. School does not have cancellation insurance. You may wish to consider your own insurance

# Keeping in Touch

- If there is a situation where you need to get in touch with your child then please contact the school in the first instance (Mrs Stevenson)
- If we need to get in touch with you we will use the emergency contact details provided by you
- We will provide Twitter/X updates where signal allows



# Medicines

- Will be administered by our school staff
- Details of medication required will be given to staff members



# Forms



- Parent Consent Forms
- Medical Information Forms x 2

Request to administer - includes travel sickness medication, individually prescribed medication

Non-prescribed medication e.g. Calpol, piriton (provided by school)

- Kit List (via email)

**All forms to be completed prior to departure**





Thank you for listening

Any questions?

