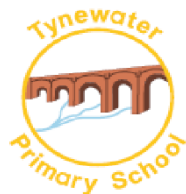


**Tynewater Primary
School and ELC**
32 Crichton Road
Pathhead
Midlothian
EH37 5RA

Main Office:
0131 271 4710
Email: tynewater.ps@midlothian.gov.uk



EDUCATION DIVISION



Midlothian



Dear Parent/Carer

Relationships, Sexual Health and Parenthood Education (RSHP)

Each term your child will be learning more about relationships, sexual health and parenthood in line with the [Health and Wellbeing Experiences and Outcomes and Benchmarks](#) from the Curriculum for Excellence.

It is important that all children have an understanding of this area, appropriate to their age and stage of development. Midlothian Council believes it is the right of all our pupils to take part in this aspect of the Scottish Curriculum based on the UNCRC (United Nations Convention of the Rights of the Child) stating that;

“11. The UN Committee on the Rights of the Child has emphasised that states parties must “ensure that children have the ability to acquire the knowledge and skills to protect themselves and others as they begin to express their sexuality.”

[Conduct of Relationships, Sexual Health and Parenthood Education in Schools, The Scottish Government, December 2014:](#)

The aims of our school RSHP programme are to:

- Develop an understanding of how to maintain positive relationships with a variety of people
- Develop an awareness of how thoughts, feelings, attitudes, values and beliefs can influence decisions about relationships, and sexual health
- Develop understanding of the complex roles and responsibilities of being a parent or carer

Some parents/carers may be concerned about the teaching of this part of the curriculum. However, we know that children are exposed to information through various forms of modern media and through discussions had or overheard amongst peers.

Informal learning about such important matters may be confusing, alarming, biased or simply incorrect.

It is important that pupils learn about relationships, sexual health and parenthood in a factual and age appropriate way safely with trusted adults.

If you do have concerns, please read the [frequently asked questions \(FAQs\)](#) on the [RSHP website](#). I am happy to discuss any additional concerns you may have that are not covered in the FAQs.

Withdrawal of a child from RSHP must be done from an informed position of understanding the importance of health education for all children.

[Conduct of Relationships, Sexual Health and Parenthood Education in Schools, The Scottish Government, December 2014](#) states:

"57. In the instance of a parent wishing to withdraw a school aged child from sexual health education lessons, schools must remind parents of the child's right to an education and to participate, bearing in mind their age and maturity. Where, after due consideration...the parent or carer decides to withdraw a school aged child from sexual health education lessons, arrangements should be made for the child to have alternative positive educational provision, which meets the Health and Wellbeing outcomes."

I would like to thank you in advance for your support in this matter and look forward to continued partnership working with you for the benefit of your child.

Yours Faithfully,

Louise Mitrakas
Head Teacher
Tynewater Primary School

Please find below the topics that Primary 1 will cover in RHSP this year.

<u>Term</u>	<u>Topics</u>	<u>Learning Intentions</u>
Term 1	Unique, similar and different	<ul style="list-style-type: none"> ● Children begin to recognise that people are individual and unique. ● Children give examples of similarities and differences in their group. ● Children begin to understand that treating someone badly/poorly based on a difference is not okay. ● ● Children understand when they might need privacy ● Children are beginning to understand about personal space. ● Children can identify whether or not they feel safe or unsafe in different situations.
Term 2	Personal Space & Privacy Our Families	<ul style="list-style-type: none"> ● Children understand when they might need privacy ● Children are beginning to understand about personal space. ● Children can identify whether or not they feel safe or unsafe in different situations. ● I understand that families are made up of lots of different people who care for us. ● I know that I have a right to be cared for in certain ways and why this is important. ● I know that care can be different and come from different people. ● I understand there are lots of types of families. ● I appreciate that everyone comes from different kinds of families.

		<ul style="list-style-type: none"> • We are learning to respect how people's lives are different.
Term 3	My body belongs to me	<ul style="list-style-type: none"> • Children can accurately name and locate a variety of body parts, including • Children begin to understand the notion of bodily autonomy. • Children explain why keeping clean is important. • Children can explain basic hand cleaning and dental care routines.
Term 4	<p>Looking after plants and animals</p> <p>Pregnancy and looking after a baby</p>	<ul style="list-style-type: none"> • Children develop their understanding of how plants and young animals grow and develop. • Children understand the concept of lifecycle. • Children understand that all living things need to be nurtured and cared for. • Children are aware of the needs of a baby. • Children understand where living things come from.