

Urgent Allergy Advice: Mustard Ingredients Contaminated with Peanuts

The FSA is advising people who have a peanut allergy to avoid consuming foods that contain or may contain mustard, mustard powder or mustard flour because they may have been contaminated with peanuts.

These mustard ingredients can be found in food such as dips, sauces, salads and pre-packed sandwiches.

The FSA is working with businesses to identify contaminated products and has asked food businesses to remove them from sale. This precautionary approach is so that people with a peanut allergy have up to date information about the potential risk and can take action to keep themselves safe.

If mustard is present in a food, it should be labelled in *bold on the packet because it is an *allergen itself.

Parents and carers of children who have a peanut allergy should take care to check the labels of food they buy and, if eating out, or getting a takeaway, ask the restaurant or cafe about foods that might contain mustard.