

NURSERY SCHOOL LUNCH MENU 2024 - 2025

Available Daily

- Milk or water
- Fruit & salad

All meals are freshly prepared.

We use free-range eggs and fish from sustainable sources.

All nursery school meals are FREE



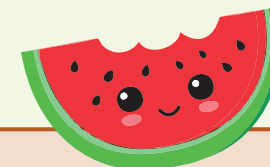
Allergen Information

We don't use nuts, peanuts or sesame seeds in dishes and try to source products that don't contain them however some ingredients may contain traces if produced where they're present. Please follow the guidance at your discretion. Allergen info:

www.midlothian.gov.uk/nursery-menu

Special Dietary Requirements

If your child has a medically prescribed diet, the catering team will need confirmation from your doctor or another medical provider. Contact the Catering Supervisor via the school office to discuss.



15/4/24, 6/5/24, 27/5/24, 17/6/24, 19/8/24, 9/9/24, 30/9/24, 28/10/24, 18/11/24, 9/12/24, 13/1/25, 3/2/25, 3/3/25, 24/3/25

Week 1	Monday	Tuesday	Wednesday	Thursday
Main 1	Chicken Tikka Massala with Rice & Mixed Vegetables	Salmon Fish Fingers with Seasoned Wedges & Sweetcorn	Cottage Pie with Baked Beans	Homemade Tomato Pasta with Mixed Vegetables (ve)
Main 2	Baked Potato with Cheese & Mixed Salad or Cheese Sandwich with Soup & Salad (v)	Campfire Chilli with Rice & Sweetcorn (ve)	Quorn Dog Roll* with Seasoned Wedges & Mixed Salad (v)	Margherita Pizza with Pasta Salad & Mixed Vegetables (v)
Dessert	Yoghurt with Apple (v)	Fruit Salad (ve)	Chocolate Brownie with Peaches (v)	Vanilla Ice Cream with Melon Slices (v)

22/4/2024, 13/5/24, 3/6/24, 24/6/24, 26/8/24, 16/9/24, 7/10/24, 4/11/24, 25/11/24, 16/12/24, 20/1/25, 17/2/25, 10/3/25, 31/3/25

Week 2	Monday	Tuesday	Wednesday	Thursday
Main 1	Sweet & Sour Chicken with Rice & Carrot & Swede Baton Mix	Bubble Salmon with Mashed Potatoes & Peas	Chicken Fillet in Gravy with Roast Potatoes & Vegetable Medley	Rainbow Curry with Rice & Peas (ve)
Main 2	Baked Potato with Baked Beans & Mixed Salad (ve) or Tuna Mayo Sandwich with Soup & Salad	Creamy Macaroni Cheese with Mixed Salad (v)	Sweet Chilli Quorn Wrap with Roast Potatoes & Vegetable Medley (v)	Margherita Pizza with Seasoned Wedges & Peas (v)
Dessert	Tiffin with Pear (v)	Fruit Salad (ve)	Yoghurt with Banana (v)	Strawberry Jelly with Berries (ve)

29/4/2024, 20/5/24, 10/6/24, 12/8/24, 2/9/24, 23/9/24, 21/10/24, 11/11/24, 2/12/24, 6/1/25, 27/1/25, 24/2/25, 17/3/25

Week 3	Monday	Tuesday	Wednesday	Thursday
Main 1	Chicken Meatballs in Tomato Sauce with Pasta & Carrots	Salmon Fish Fingers with Baby Boiled Potatoes, Peas & Sweetcorn	Steak Pie with Mashed Potatoes & Mixed Vegetables	Cheesy Vegetable Crumble with Diced Potatoes, Broccoli & Cauliflower (v)
Main 2	Baked Potato with Cheese & Mixed Salad or Cheese Sandwich with Soup & Salad (v)	Homemade Tomato Pasta with Peas & Sweetcorn (ve)	Tomato Bolognese with Garlic Bread* & Mixed Vegetables (ve)	Margherita Pizza with Diced Potatoes, Broccoli & Cauliflower (v)
Dessert	Yoghurt with Apple (v)	Golden Syrup Flapjack with Berries (ve)	Fruit Salad (ve)	Vanilla Ice Cream with Peaches (v)

v: Suitable for vegetarians, ve: Suitable for vegans, *May contain sesame seeds.