



Story of the Week

"Ruby's Worry" by Tom Percival

Online link:

<https://www.youtube.com/watch?v=moM-v4dvPz8>

How the Book Can Support Children's Learning

Health and Wellbeing:

Health and Wellbeing:

- Understand that worrying is ok and that other people worry too, which is normal
- Talking about different feelings of the character in the story and learning more about emotions
- Talking about their own feelings and learn that talking to others can help them

Literacy:

- Listening to a story from beginning to end
- Talking about the people in the story and what happens
- Talking about a favourite part of a story
- Predicting what might happen next
- Retelling a story in own words with or without puppets/props
- Making up your own story through role play , drawing pictures or writing

Numeracy:

- Talking about daily routines, such as brushing teeth and the importance of this to keep healthy
- Learning new words to describe position - e.g. under, next to, behind, on top of

Possible Home Learning Experiences Linked to the Story

Things to talk about:

- The title of the book, the pictures, author and illustrator
- The events in the story and what your child thinks might happen next
- Ruby's feelings/emotions - how did she feel at the beginning, middle and end of the story?
- Who you can talk to if you have a worry
- Brushing your teeth and keeping healthy - routines of the day
- Your child's likes and dislikes of the story and explain why they liked or disliked it - share your thoughts about the story with them too
- If your child had written the book, would they change anything in the story? Can your child think of a different ending?

Things to do:

- Draw pictures of things that make you happy
- Draw a picture of how you can help to shrink your worries if you have them
- Support your child to draw around their hand. With help from an adult, write the names of 5 people they know that they can talk to if they have worry - it could be people in your home or at nursery - decorate their hand how they would like to

Useful links.....

- <https://www.youtube.com/watch?v=qWFs9VAsCXs>
Don't Worry be Happy song
- <https://www.accessart.org.uk/worrydolls/>
Information about worry dolls and how to make them



