






RECIPES AND THEIR ALLERGEN CONTENT

RECIPE NAME														
	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Apple Slices														
Baby/New Boiled Potatoes														
Baked Beans														
Baked Potato														
Banana slices														
Boiled White Rice														
Broccoli & Cauliflower														
Bubble Fish				✓										
Carrot & Coriander Soup <small>May Contain: Gluten (Wheat)</small>														
Carrot & Lentil Soup														
Cheese Best of Both Sandwich					✓ Wheat		✓						✓	
Chicken Best of Both Sandwich					✓ Wheat								✓	
Chicken Curry <small>May Contain: Gluten (Wheat)</small>														
Chips														
Cosmo Wholemeal Pizza					✓ Wheat		✓							
Egg Mayo Best of Both Sandwich			✓		✓ Wheat		✓		✓				✓	
Fruit Selection														
Lentil and Vegetable Soup														
Mashed Potatoes							✓							
Mixed Berry Sponge <small>May Contain: Egg, Soybeans</small>			✓		✓ Wheat		✓							

