Dishes and their allergen content: Week 3

Dishes						Lupin Flour	Milk		MUSTARD			HIAM S		WNE
	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Apple														
Baby Boiled Potatoes														
Baked Beans														
Baked Potato														
Banana Slices														
Beef Burger in a Bun	YES	YES (WHEAT) MAY CONTAIN GLUTEN (BARLEY), GLUTEN (OATS), GLUTEN (RYE)		MAY CONTAIN			MAY CONTAIN					MAY CONTAIN	YES	
Boiled White Rice														
Brakes Pear Halves in Juice														
Broccoli & Cauliflower														
Carrot & Lentil Soup														

Carrot & Swede Baton Mix								
Cheese Best of Both Sandwich	YES (WHEAT)			YES			YES	
Chicken Best of Both Sandwich	YES (WHEAT)						YES	
Chicken in Gravy								
Chicken Meatballs in Gravy	YES (WHEAT)							
Chocolate Brownie	YES (WHEAT)	YE	:S	YES			MAY CONTAIN	
Cod Fillet Fish Fingers	YES (WHEAT)		YES					
Cosmo Wholemeal Pizza	YES (WHEAT)			YES				
Diced Potatoes								
Egg Mayo Best of Both Sandwich	YES (WHEAT)	YE	:s	YES	YES		YES	
Fruit Selection								
Green Beans								
Lentil & Vegetable Soup								
Mashed Potatoes				YES				
Mixed Pepper Sticks								

Muller Healthy Balance Yoghurt					YES				
Muller Milk					YES				
Pasta		YES (WHEAT)							
Peach Slices									
Potato Wedges (George Anderson)									
Quorn Bolognaise	YES	YES (BARLEY, WHEAT)	YES						
Shortbread		YES (WHEAT)							
Tomato Ketchup									
Tuna Mayo Best of Both Sandwich		YES (WHEAT)	YES	YES	YES	YES		YES	
Vanilla Sponge		YES (WHEAT)	YES		YES			MAY CONTAIN	
Vegetable Curry		MAY CONTAIN GLUTEN (WHEAT)				YES			
Vegetable Medley									
Yellow Split Pea Soup									
Yorkshire Pudding		YES (WHEAT)	YES		YES				

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Reviewed by: Midlothian Council



You can find this template, including more information at www.food.gov.uk/allergy-guidance