



Figure 1: Graphic illustration of UCL Centre Co-production story so far, principles and some thoughts on what it might look like

## UCL Centre for Co-production in Health Research – Funded Pilots 2018

The Pilots selected by the Review Team (made up of a mixed group of Centre collaborators including patients, carers, local residents, researchers, and healthcare professionals) will receive an award of £3000-5000 to deliver a Pilot project between now and the end of December 2018.

The four Pilots chosen from the applications received (in no particular order by the way!) are:

### PILOT

#### Co-producing the Real Talk Intervention and Prevention Programme.

- A Pilot project that will carry out co-produced research to assess the impact of the two strands of the current Real Talk Programme (delivered by Action Youth Boxing Intervention). To test new materials and identify ways to improve the programme, to support the charity to secure ongoing funding for the programme and to scale up the approach to other schools locally and across London. Action Youth Boxing Intervention has formulated a schools-based programme using boxing as a medium. The programme is based on Cognitive Behavioural Therapy, Rational Behaviour Therapy, social life skills, motivational teamwork skills activities and goal setting to help students that are experiencing

challenges with engagement with learning, behaviour, and emotional issues.

- The collaborators are: Albert McEyeson (founder of Action Youth Intervention Project), Nicholas Claridge (from Action Youth Intervention Project), Charlotte Woodhead (part of the UCL Department of Applied Health Research), a young person representative and two school representatives from Regents High School, Camden.

## **PILOT**

**To better understand patient lived experience of receiving a diagnosis of an uncommon cancer, using a qualitative co-produced approach.**

- This Pilot will involve collaborators working with patients to hear about their experiences following diagnosis of an uncommon cancer in order to produce a piece of qualitative co-produced research that identifies where the gaps in support (emotional, practical and other) lie. There are more than 200 cancer types that can be termed as 'uncommon' (those other than the four most common malignancies of breast, colorectal, lung, prostate). The Pilot also aims to identify where the areas of greatest need lie in terms of support required and will explore how they might be positively addressed.
- The collaborators are: Alison Allam, Margaret Perkins, Peta Hughes and Jaime Nobbs. Alison is part of Uncommon Cancer Working Group at Royal Marsden Hospital and has lived experience of caring for her sibling who was diagnosed with a very rare form of cancer in her early thirties. Margaret is also part of the Uncommon Cancer Working Group at Royal Marsden Hospital and has herself been a patient at the Marsden. Peta and Jaime are research nurses at the Royal Marsden.

## **PILOT**

**Who cares if bleeding gums worsen diabetes and heart disease?**

- A Pilot project focussing on the development of a co-produced National Institute of Health Research (NIHR) Health Technology Assessment grant application that will be submitted late 2018. Research has shown that intensive gum treatment improves diabetes control and reduces the risk of cardiovascular disease from type 2 diabetes by reducing the inflammation in the body caused by severe gum disease. However, it still

unclear whether this treatment works when provided in the community. Something that the team, if successful in securing an NIHR grant, would explore in detail.

- The collaborators are: Brian Potter, Heather Johnson, Ian Needleman and Francesco D’Aiuto. Heather is a Camden resident interested in type 2 diabetes and oral health as a UCLH patient member. She is also an elected Councillor for Camden. Brian is an Islington resident also interested in type 2 diabetes and oral health with experience of care at the Eastman Dental Hospital. He is also a public governor of UCLH. Ian and Francesco are clinical specialists in gum health and researchers in oral health.

## **PILOT**

### **Making care safer through innovation: Improving communication between people with hearing loss and health/social care professionals.**

- This Pilot project aims to help tackle one of the research priorities as identified by a James Lind Alliance Priority Setting Partnership about safe care for adults with complex health needs. They plan to focus their research on improving communication between people with hearing loss and health/social care professionals in North West London. They will run a sandpit innovation workshop, bringing together patients, carers, health/social care professionals, researchers and innovative thinkers, to co-create novel research ideas to tackle this challenge.
- The collaborators are: Anna Lawrence-Jones (NIHR Imperial Patient Safety Translational Research Centre), Ara Darzi (Imperial’s Institute for Global Health Innovation), Lindsay Dewa (School of Public Health, Imperial College London), Kelsey Flott (NIHR Imperial Patient Safety Translational Research Centre), Rachel Matthews (Collaboration for Leadership in Applied Health Research and Care, North West London), Lenny Naar (HELIX Centre for Design), Jean Straus (Patient Representative, Action for Hearing Loss) and Ruth Thomsen (NHS England).