



The Climate Emergency

Dr Terry Miller



2020 could be a pivotal year for environmental action. It marks the beginning of the decade to 2030 which now has taken on

a point of critical concern if we are to limit CO2 emissions and a global temperature rise to 1.5°C, regarded as the maximum safe limit by the IPCC and the UNFCCC.

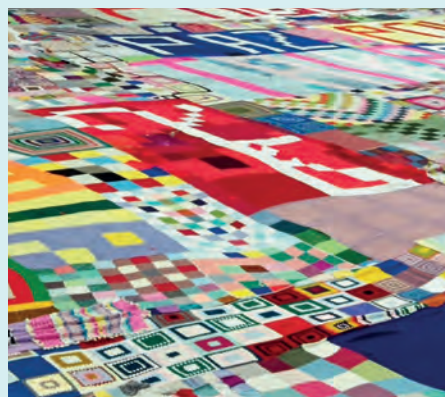
2019 has been an extraordinary year for raising the challenge and commitment as the idea of the Climate Emergency has become commonly used, embraced by institutions and

adopted into international discussions and negotiations. Indeed, we can say that the bar has been raised and that we are all challenged, from each individual, to civil society, business, multinationals, governments and international institutions.

The scope of the challenge is daunting to reduce CO2 emissions to net zero as soon as possible, if not by 2030, then soon after. The prospect of failure is too terrible to contemplate. However, the way forward is far from easy, both for us individuals and larger institutions. Many are still in denial and others wish to slow things down. Even larger civil society

organisations like the faiths are radically challenged to change thinking and business as usual. With the slow pace of action by governments and business it is up to us as individuals to change our behaviour, which is easier said than done.

The radical actions however are being implemented already by such global protest movements as the School Strike movement founded by the teenager Greta Thunberg and the recently founded Extinction Rebellion. However, though these have a high public profile, there are many groups and organisations dedicated to the goal, and so there is hope. We still have a chance to succeed.



Peace Blanket

Ghada Mohammad

Just an update regarding the peace blanket. We are happy to announce we have completed our part of the project, what we set out to do, which was to attempt to break the Guinness world record. We have sent all the paperwork and evidence to the Guinness world record. Now all we can do is pray and wait for their feedback.

Jewish Society's first ever Hanukkah Party

At the end of December, the Jewish Society came together for our first ever event, to celebrate the Festival of Lights. We began the night welcoming people of different faiths into the chaplaincy. We had a group conversation about what the Jewish Society wants to do in the future and the Treasurer, Yasmin, presented her documentary on Jewish life in Lincoln, which gave a key insight into the experience of a young Jewish person living in the city. Both students and staff attended, along with their children, which created a fun atmosphere as well as a sense of community. We wanted to bring our



community together and I think we achieved this, we had food (doughnuts in particular, as they are Hanukkah food), music and games. We lit the menorah and said prayers, then played dreidel to win chocolate coins. Members of LIM and the CCJ also attended, as well as people of different faiths.



At the celebration of Hanukkah and Advent event hosted by the Church of our lady of Lincoln

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CELEBRATIONS

Message from the Multi-Faith Chaplaincy Co-Ordinator

Subash Chellaiah

Chaplaincy Focus

ISSUE 6 – MARCH 2020

The submission deadline for the next issue is on Monday 27th July 2020
Email: chaplaincy@lincoln.ac.uk

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Wish you all a blessed New Year. It comes a little late but Multi-Faith Chaplaincy and my colleagues wish you a wonderful new year.

Multi-Faith Chaplaincy had a busy 2019 and as we reflect on the year it is great to see students and staff who are using our facilities. The support that we give to our communities, staff and students is great. I am very proud to be part of this inclusive community offering support with full commitment and dedication. All our users have greatly connected both spiritually and with their communities. It is a safe space for anyone to come and sit, meditate, pray, be quiet and be loud if needed to de-stress and be both spiritually and pastorally enriched.

All our Multi-Faith Chaplaincy activities are open to everyone to come and attend, explore and learn about. It is a great way of learning and be educated and to increase religious literacy.

Our Chaplains are here for you - to go and talk to and find support for any issues you may be going through. They're more than happy to listen to you and will be able to signpost you to the right support if you need it.

It's important to remember that Chaplaincy is there for everyone, whether you have any faith or none. It's open to everyone as a place to talk to someone, explore faith, and celebrate festivals, and it's completely non-judgmental. Come along any time and see what we can do for you. You can be in touch with me or all our Chaplains/ Faith Advisors details are available in the newsletter and you can contact them directly.

Chaplains are available to give support for spiritual needs. Spiritual needs and

concerns relate to what we call the "big" questions of life. Spiritual needs show themselves in many practical ways. People may feel the pain of having to say goodbye to loved ones or deal with the shock of a terminal diagnosis. They may find themselves looking back over their lives and trying to make sense of past experiences and decisions. They may be thinking about relationships in their lives - past or present or they may ask questions about how they have lived their lives. They may want support in their recovery. Questions about the meaning of life, God or an afterlife may emerge.

Some people find meaning, comfort, hope and community through their religious practice, beliefs and/or community of faith. Some people do not. Many people recognise a spiritual

dimension to themselves without belonging to a faith group. Regardless of whether religious faith is a part of a person's life, spiritual concerns and needs can still be very important.

There is a growing frame of evidence indicating that a person's health and well-being benefits when his or her spiritual needs are addressed.

If you would like to talk with someone about your spiritual needs, or simply

connect with someone who is ready to listen to your concerns with empathy and support, please do contact us.

Don't wait for a crisis just pop in for a chat or an informal coffee and chat when I am available on campus.

We look forward to seeing you soon.



Community and Spiritual Awareness Day organised by College of Social Science

**23rd April, 9 am-5 pm
Venue: TBC**

E.C.O Society

The University of Lincoln's E.C.O Society worked with the University's Chaplaincy Team and Sustainability Department to run several clean-up sessions for the herb garden on campus in 2019. Both students and staff helped with a range of activities on the herb garden site, such as weeding, re-potting and clearing. This initiative is a great opportunity to bring together the community, providing an opportunity for volunteering for students and a chance for all to enjoy the outdoors. It is also a great example of collaboration between multiple departments at the University and a student-led society. They aim to run more herb garden events in 2020 to continue clearing the site until it is ready to be replanted with new herbs and potentially some bonus features including a wildlife pond and hedgehog house to support the Hedgehog Friendly Campus initiative started in November



2019. Once completed, the site will be open for use by students and staff at the University as a quiet and mindful green space and may also be used by departments to run educational, outdoor activities. Some of the herbs from the garden may also be used elsewhere on campus. Overall, the space will provide the much-needed opportunity for people to connect with nature on campus.

Catholic Chaplaincy this Autumn and Winter

Miss Helen Townsend, Catholic Chaplain



Catholic Society students have been meeting regularly on Tuesdays in Witham House for prayer, a chat, looking at

themes such as social justice, our individual calling in life, favourite Gospel readings and sharing social time together. We have a diverse group of students from all over the world as well as more locally-based and it's a great opportunity to discover each other's culture and interests.

Fr Matthew and Fr Patrick have celebrated our monthly Mass on Campus. We always pray for the work of the University, for the staff and particularly for any students experiencing problems at university. As a group, we welcome any students who would just like some social contact and we include them in our events, such as a recent meal out together at Olé Olé Tapas restaurant, or our visit to the Odeon to see 'Knives Out'. We also enjoyed our Harvest Supper meal and

quiz night at St Hugh's Church, where the Chaplaincy has a base, as well as our delicious Christmas dinner together on December 14th.

Our major celebration this term was our visit to Nottingham University Catholic Chaplaincy where Bishop Patrick McKinney celebrated Mass in honour of the canonisation of John Henry Newman. Newman was an Oxford academic who championed university education in the 19th century and wrote 'The Idea of a University', looking at the place of religion and moral values in university education, at the academic community, professional and liberal values and the relationship between religion and science.

Social justice is also at the heart of our Catholic Faith. Our students are keen to help the disadvantaged, and recently helped to raise £100 at a recent parish event, which they donated to buy food for the homeless. The work we do with students at university helps to prepare them to live a responsible and thoughtful way of life as adults.

Suzanne Viola



My name is Suzanne Viola and I am a Practice Educator in the School of Health & Social Care. I have been a registered nurse

for over 21 years and have worked at the University for just over three. I teach primarily pre-registration student nurses also providing practical support whilst they are in placement. Currently, I am leading on a first year module entitled Person Centred Holistic Nursing Care and from my experience, particularly in emergency situation, the spiritual and religious needs of our patients can easily be forgotten. My aim is to work with representatives from as many faiths, religions and denominations as possible to ensure our future nurse are better able to support our patients, understand their wants and needs but to also know where they can seek further advice. I would also like our students to understand the pastoral role offered by chaplaincy teams (both in University and the Hospital setting) to everyone, including those of no faith and how they can be accessed to provide support; particularly in difficult times. I'm looking forward to meeting and working with you over the coming few months.

Mint Lane Café
friendship through food

Mint Lane CIC 10551752
mintlanecafe@gmail.com
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Instagram @mintlanecafe

Equality and privilege



From the gender pay-gap to the climate emergency, the consequences of privilege are key parts of the contemporary

world. But what can we do with what seem to be key parts of who we are - be that our gender or our place as over-consumers of the world's limited resources? The commandment 'Love your neighbour as yourself' encourages us to think of equality - it is also the beginning of seeing our own privilege. If we seek to serve others, if we try to live lives of simplicity, truthfulness, equality, and peace, and if we see the place somebody else is standing, we can transform the effects of our privilege on the world. We should let our lives speak. As a Quaker said: 'Be patterns, be examples in all countries, places, islands, nations, wherever you come... then you will come to walk cheerfully over the world, answering that of God in everyone'.





Bal Pandi: Saving a paradise

Subash Chellaiah



I witnessed this amazing paradise during my recent barefoot walk in India. I met Bal Pandi and heard about the Koonthankulam

Bird Sanctuary. He has sacrificed and dedicated his life to this bird sanctuary. Bal leads a simple life, living in a small house following the death of his wife a few years ago. Bal created the sanctuary with his wife, starting with an uncultivated plot of land they created a paradise, planted ten and a half thousand trees and attracted numerous birds. Koonthankulam is now a place of great interest for birdwatchers, conservationists and

attracts many visitors from outside India. I was deeply moved by his sacrifice and dedication.

It is rare to find someone like Bal Pandi who gives up his earnings and sells his possessions for the welfare of others. More so, if the 'others' refers to animals, who cannot speak and express their gratitude, for whatever one has done for them. Bal Pandi is this rare man coming from rural Tamil Nadu. Bal is self-taught, he has taught himself a wealth of knowledge about birds and conservation. He now has support from the Wildlife Trust of India (WTI).

Each and every day he is dedicated to the welfare of the birds – he starts each morning searching for any abandoned eggs or baby birds to take them to safety. He provides shelter and care for them in his home. He safeguards nests from local poachers, vandals and ignorant tourists. Spends time with visitors, birdwatchers and visits the local school teaching them about birds and conservation.



If any school, conservationist has any interest in doing research, visiting this place or to go as a group to spend time there for study please get in touch with me.

Celebration of GURU NANAK DEV JI's 550th Parkash (Birthday)



Guru Nanak dev Ji's 550th Parkas was on 12th November 2019. Celebrated by the Sikhs and other communities all over the world,

particularly in India & Pakistan

Guru Nanak dev ji was born in Talwandi Sabho ki which was in India but is now in Pakistan known as Nankana Sahib

Sikh Pilgrims went to Pakistan from all over the world thanks to the Government of Pakistan making Visa entry easy for all the pilgrims

Guru Nanak Dev ji was the 1st Guru of Ten, on the death of the last Guru, Guru Gobind Singh ji Sikhs were instructed to believe in Guru Granth Sahib ji our Spiritual scriptures-there will be no living Guru

The Philosophy of Guru Nanak Dev Ji

The most famous teaching attributed are the there is only one God, and that all human beings have direct contact to

God with no need of Rituals or Priests.

His radical social teachings denounced the Caste system and taught that everyone is equal regardless of the cast or gender

The main teachings of Guru Nanak Dev Ji

Guru Nanak is known for his political, social and Spiritual beliefs, which were based on love, equality, fraternity and virtue, he travelled to far places by walking all over India and the Middle East, as far as Baghdad, and spread the message of one God and that God constitutes the eternal truth and he resides in his creation

The three Principals

Kirt Karo Earn your living by doing work

Nam Japna, Remembering the God through Meditation.

Vand Chako, Serving others, sharing income and resources for the needy

What are the five Thieves in Humans

Kaam (Lust)

Krodh (Anger)

Lobh (Greed)

Moh (Attachment e.g material things or people)

Hankar (Ego, pride)

Note: Guru Gobind Singh's Parkas celebrated on 5th January 2020 from 9.00am to 2.00pm at Guru Nanak Sikh Gurdwara, 207 Frodingham Road, Scunthorpe, DN15 7NJ

Anyone requiring further information please do not hesitate to contact Rashpal Singh Nijjar on mobile 07841 011307 and email raznijjar@gmail.com



Buddhist Chaplaincy

David Greenop, Buddhist Faith Advisor



We were delighted that Lama Oser from Gomde Buddhist Centre near Doncaster visited the University this autumn and

participated in Freshers' Week. During his visit he spoke with students and gave teachings and guidance to the lunchtime meditation group. We look forward to both him and other lamas visiting the University over the coming year. We currently have a weekly lunchtime meditation group where we do a simple meditation on the breath followed by a Loving Kindness practice. We also hold at the University Chaplaincy a monthly evening Buddhist meditation, practice & study sessions. Whether you are interested in coming along to these sessions or just want to hear about Buddhist activities at the University then please contact me and I will add you to our email list.

The Gomde Buddhist Centre <https://gomde.uk> has a programme of activities and retreats for 2020. In March we have a weekend seminar 'Navigating Ecological Tragedy Beyond Hope and Despair'. This will be a collaborative inquiry between representatives from Buddhism and Christianity on our response to climate change and ecological tragedy.

There is a lot of change occurring around us at the moment and we may have mixed feelings as to what is happening, we may feel emotions like animosity towards others. One of my Buddhist teachers



Dzigar Kongtrul Rinpoche teaches the importance of a profound quality that we all have, the innate warm tenderness of our heart, which can radiate happiness and replace suffering. There is happiness right here within each of us and it is accessible at all times. This may sound too simple. If happiness is so accessible, then why are so many of us unhappy? And if we

do experience periods of happiness, why is our happiness so unreliable and difficult to maintain? The reason is that although this joyous, tender heart is part of our nature, most of the time it's hidden from us by the storm of thoughts and emotions that obscure this true tender nature of our mind. Meditation helps us train our minds so that we are not overwhelmed by these thoughts, emotions and sensations, and instead we start to see them as impermanent or passing through, just like the clouds in the sky.



"Unitarian? What's That?"

By Rev John Philip Carter



Standard question that I get asked. People are curious about what and who I am when I mention that I am the minister at the Lincoln Unitarian Chapel, on the High Street.

I tend to give a quick history lesson: We are connected to Christianity, though a minority theological point of view. We come out of the radical reformation. Our early ancestors are Anabaptist, and our various Unitarian national churches formed and evolved separately yet did make contact and learned from one another. Here in the UK we still carry with pride our roots in a variety of Dissenting and Non-conformist groups: Congregationalists, English Presbyterians, General Baptists, as well as various independent congregations. We, as a historic dissenting spiritual

tradition, have paradoxically sought and fought for inclusion in all levels of life, a form of Status Quo thinking, and for radical societal change. So, in our ranks we had the middle-class industrialists, as well as radical thinkers. We had early scientists and continue to do so today. We are comfortable speaking of theology and mystical thought as we converse about Darwin's Origin of Species. In our services we would use the Bible alongside the Tao, Sufi Poets, the Dalai Lama and even Richard Dawkins.

Unitarians are involved in contemporary debates, in all the major political parties, and in many movements working for a just and peaceful and healthy world. We would argue for any person's freedom to explore life and theology, even when we disagree with it. Within our congregations we have members who argued passionately for Equal Marriage sitting next to people who argued just

as passionately from an opposite point of view.

In fact, alongside Liberal Jews and the Society of Friends we lead the discussions for the legal change of the definition of who may marry. Unitarians were the first to allow same-gender Civil Partnership ceremonies to take place in a place of worship, and then to argue for the change of the marriage laws to include same gendered couples. Currently of our 170 congregations we have 66 congregations in England and Wales that are legally registered for the conducting of same-gender wedding services. Laws vary between the four nations that make up the United Kingdom.

If you are interested in learning more about the Unitarians please check out the Chaplaincy library, where we have some new titles on the Unitarians and their interests. Including Rev Cliff Reed's excellent book Unitarian What's That.

Transgender Day of Remembrance Service

Jacob Ford

Transgender Day of Remembrance celebrates the lives of thousands of Trans and Non-Binary people throughout history who have fought against and challenged governments, and those in power, for the right to exist, the right to be themselves, and the right to be treated equally. We often forget the struggles that generations before us have faced and the constant bombardment of hate and discrimination that is still faced by so many LGBT+ people in the 21st century, so Transgender Day of Remembrance is so important in allowing us to reflect on this and think about how we go forward.

For this occasion, the LGBT+ Campaigns Group on behalf of the University of Lincoln Students' Union, hosted two events for Transgender Day of Remembrance to engage staff and students from across campus. We organised a Trans Awareness March across Lincoln to show our support for Trans and Non-Binary people and make staff,



students and the public aware of the issues faced by Trans and Non-Binary people every day. The route covered parts of campus and Lincoln city centre to make sure that we could engage the biggest audience possible and have the largest impact.

The Trans Awareness March was incredibly successful with over 35 staff and students getting involved. The march also included a short talk at the halfway point from our Gender Representative, Riley Wade, who spoke about the importance of TDoR and how by coming out and being part of the day's events,

those in the march were actively fighting for change and showing their support for the Trans and Non-Binary community.

Our second event for Transgender Day of Remembrance was a Reflection Evening which provided a space for staff and students to come together and reflect on the lives of Trans and Gender Non-Conforming people who have been killed through hate crime, discrimination and suicide. The event included guest speakers, a student performance, educational talks from students, and a moment of reflection held by members of the Multi-Faith Chaplaincy at the university. The event received a remarkable turnout and was moving and powerful, with many attendees stating how the event made them think more about the battle LGBT+ people still face in the 21st century.



Junior Youth Spiritual Empowerment Programme

Opportunity for volunteer service and to make a contribution to the material and spiritual progress of your local community and Lincoln.

There is now a Junior Youth Spiritual Empowerment Programme established in Lincoln and these junior youth are taking their first steps in this exciting endeavour.

The Junior Youth Spiritual Empowerment Programme (JYSEP) typically engages older youth (16-30) as mentors or Animators of their younger peers (aged 11-15) to help them develop their powers of expression, capacity for moral reasoning and a moral framework to enhance their ethic of service. It will give them 'tools needed to combat the forces that would rob them of their true identity as noble beings and to work for the common good'

JYSEP gathers groups of junior youth in their neighbourhoods and communities (sometimes schools) engaging them in a wide range of activities that include study, arts, healthy recreation and community service. Group discussions are enhanced by a sequence of books designed to develop language skills and to enhance their powers of expression.

Selfless acts of service to the community play a special role in helping junior youth apply what they learn into meaningful action to positively impact the lives of others. Groups analyse the needs in their communities, and together they design, carry out and evaluate service projects that promote their community's well-being'

The JYSEP uses a number of educational materials developed by a global network of Baha'i inspired organizations concerned with

developing language skills and the power of expression. These texts form the basis for consultations that inspire meaningful social action carried out by the groups.

The moral concepts in the materials, drawn from Baha'i teachings, are presented in a manner that touches on universal themes –enriching to junior youth from all cultural and religious backgrounds.

Many social welfare programmes and academic institutions, therefore, find them useful in their educational programmes for junior youth

If you wish to find out more about this programme in Lincoln and are thinking of taking part in it as a trainee Animator please get in touch with Clive Tully cliveatully@hotmail.co.uk Tel 07932 259825 or Jill Tully jilltully@hotmail.co.uk



Christmas Carol Service

Christmas for many is a time to gather as a community and celebrate the birth of Jesus. The University of Lincoln Christian Union collaborated with the Musical Theatre society and the university orchestra to bring the university community together to celebrate Christmas with their carol concert on 1st December. Other members of the community got involved, doing their bit to help with the event. Members of local churches offered up their slow cookers to help heat the mulled wine, members of the Christian Union donated mince pies, St Swithin's church donated candy canes, Ross Ferguson from Lincoln Baptist church donated cups to serve the mulled wine and the University of Lincoln Chaplaincy donated the mulled wine and mince pies



for the carol concert service. The season of Christmas acts a time of giving, and many generously gave to the Christian Union so that their event could go ahead successfully and were able to give treats to the attendees of the carol concert.

The carol concert featured carols lead by the orchestra and a choir from the Christian Union, some favourite Christmas songs by 'The Last Call', an acapella performance of 'White Christmas' from the Musical Theatre society and a speech by Ross Ferguson about the love and peace of having Jesus in your life at Christmas. The collaboration between these societies highlights how Christmas is a time of social cohesion with many pausing day to day activity to come together and celebrate as one family of God.

Jewish Society

Rachel S Gee, President

I started my first year at the University of Lincoln eager to find other Jewish students, but the Societies Fayre came around and I couldn't find a Jewish Society among the various faith groups. It wasn't until December 2018 when I got in contact with the University Chaplaincy, who introduced me to the Jewish communities in Lincoln. This year however, I finally found other Jewish students, and we began the process of starting Lincoln's first ever Jewish Society. We are planning events such as regular Friday night meals and even a Hanukkah party in December. With the support of both Jewish communities, the Liberal synagogue and the Minyan, as well as the Chaplaincy, we want to make a group that will bring together students, so we are able to celebrate Judaism in a group, such as festivals like Passover and events like Holocaust Memorial Day. We the committee are very excited to create our very own community on campus, a safe space for us to come together and connect with other students, regardless of faith or religious belief.

Instagram: lincoln.jewishsociety

Email: jewish@lincolnsu.com.



Chinese Christian Fellowship

Nancy Ng



The Chinese Christian group just ended 2019 with a big bash - A traditional Christmas celebration for international students who have never experienced it before. The feedback was truly rewarding even though it took us tons of preparation, but fortunately, we have the Chinese Church members who lend their hands in making this a success. As we celebrated with gladness this special occasion, we decided that all the proceeds go to a charity in Lincoln. What a meaningful time.

At the beginning of 2019, we held an Alpha course for all students. Though we started off a small group and gradually it grew considerably. This group ended the 10 weeks Alpha course in our home.

We are taking 2019 to 2020 as a kind of sabbatical year - not going full mode. Hopefully, with God's grace we can overcome all our difficulties and embark on a new direction and focus for the Lincoln Chinese Christian Fellowship.

Lutheran Church Link

The Revd Paulina Hlawiczka

Trinity Lutheran Congregation, and our Lutheran students & staff of Nottingham University, is a diverse church with around 15 different nationalities from around the world. We are part of the Lutheran Church in Great Britain and members of the Lutheran World Federation in Geneva, Switzerland.

As Lutherans who celebrated 500 Anniversary of the Reformation in 2017, we believe that we are saved by the grace of God and invited to gather around the Word of God and the Sacraments of Baptism and Holy Communion.

Amongst the modern hymns all the churches enjoy these days, we are still using many of the medieval hymns and tunes, being proud of our Bach's Festivals and other music activities.

We are working together with other Christian churches and also with other Religions for the common future and peace in the world.

We support migrants and refugees through the cooperation with the Churches Commission for Migrants in Europe (Brussels, Belgium). We provide teaching on Migration, its history, theology and psychology. During the hard time of Brexit divisions between the people in United Kingdom, we strive to raise awareness of the multicultural character and history of this country.

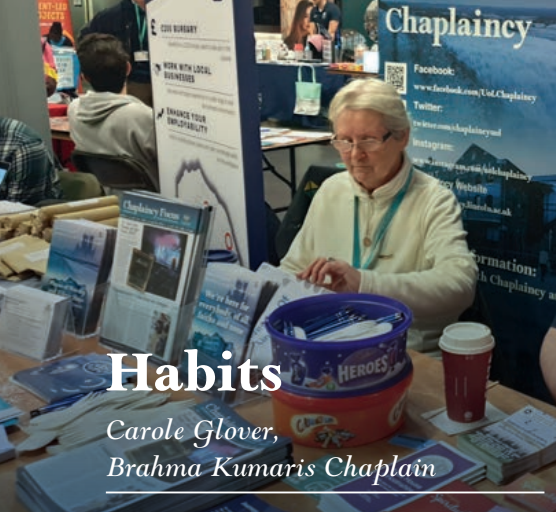
Trinity Leicester-Nottingham Lutheran Church

St. Paul's Corby Lutheran Church
M: +44 (0) 7707 430 403



Ecumenical Communion Services

Ecumenical Communion Services for Christians are held on campus on the first Wednesday of every month in Witham House (WH0003) from 1pm – 2 pm. This is open to all students and staff at the University. Each month will follow a different liturgy of Anglican, Baptist, Methodist, URC, and Free Church.



Habits

*Carole Glover,
Brahma Kumaris Chaplain*

It is interesting how often we live by our habits, and so do not question what we do. Habits have such a take on our lives that we seldom notice their accumulation. This means of course, that much of our behaviour becomes unconscious and we let it pass it without consideration.

Some of our habits may be cultural, whereas others originate from our families, work environment, social or religious groups too. We tend to simply 'allow' such behaviour to continue without question, hence they become habits.

Why should we think about this? It is what we have always done, but although it relieves us from constant analysis of every thought and every daily occurrence, it does not remove us from the responsibility of those actions.

It is a part of the Brahma Kumaris philosophy to 'Cause no harm'. For this purpose, we have a daily study of the reasons for our actions and the consequences of our actions. It is our belief that 'When I change, the world changes'.

The following is a list of ways to check my behaviour.

Live simply. Be unlimited, by going beyond artificial divisions in our society.

Have an open heart by practicing compassion. Respect all life by recognising the uniqueness, wonder and beauty of all God's creation. Be positive and let go of all negative and wasteful attitudes. Remain true to my inner values, follow my conscience regardless of any resistance. Realise that we are the creators of our own world, we always have a choice in how we deal with life. Eat well, nourish the body with a vegetarian/vegan diet, cooked with love, bringing health to the self and the planet. Follow your dreams and with a positive attitude you are more likely to achieve them. Feed the soul, spend time alone in silent prayer or meditation which gives us the inner strength to deal with life in a more positive and peaceful way.

Break the habits of not thinking, and so inadvertently not caring for the self or the world either.

Introduction to Falun Dafa



Falun Dafa (also called Falun Gong) is an advanced practice of Buddha school self-cultivation, founded by Mr. Li Hongzhi, the practice's master. It is a discipline in which "assimilation to the highest qualities of the universe—Zhen, Shan, Ren (Truthfulness, Compassion, Forbearance)—is the foundation of practice. Practice is guided by these supreme qualities and based on the very laws which underlie the development of the cosmos." Master Li's teachings are set forth in a number of texts, among which are included Falun Gong, Zhuan Falun, The Great Perfection Way of Falun Dafa, Essentials for Further Advancement, and Hong Yin (The Grand Verses). These and other works have been translated into over forty languages and are published and distributed worldwide. The focus of Falun Dafa practice is the mind, with the cultivation of one's mind and thoughts, or "Xinxing," being singled out as the key to increasing Gong energy. The concept of "Xinxing" encompasses the transformation of virtue (a white form of matter) and karma (a black form of matter). It also includes forbearance, discernment, and abandonment—that is, forsaking ordinary human desires and attachments, and managing to endure the most trying of ordeals. Much is encompassed by the concept. Falun Dafa also includes the cultivation of the body, which is accomplished by performing specific exercises. One purpose of the exercises is to strengthen the practitioner's supernatural abilities and energy mechanisms by means of his or her powerful Gong force.

A comprehensive mind-body cultivation system such as this requires both self-cultivation and physical exercises, with cultivation taking priority over exercises.

A person's Gong simply will not increase if he or she merely does exercises while failing to cultivate Xinxing. The exercises are thus a supplemental means to achieving spiritual perfection.

(Sources from website of Falun Dafa)

My thoughts as a practitioner Phuong Mai

I have been practicing for at least 3 years now, and it has been the greatest source for both my mental and physical improvement. In my family, my sister was the first one to practice Falun Dafa; she has been reading and researching a lot about different religions, belief and practices from a young age. She was very excited after reading the book of the practice as she claimed she found Dafa that can guide her in her everyday life. Her chronic sinusitis disease was cured after a while of practicing Falun Dafa, and she clearly becomes a better person. As for me, I never thought that I would begin performing any spiritual practice at such a young age, but after reading the book

Zhuan Falun, my perspective is immensely widened. I started to research more about spirituality and about Falun Dafa in particular, and was shocked learning the truth about the on-going persecution by the Chinese

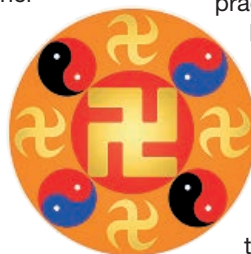
Communist Party against the practice that started since 1999 as they want to control their people and are afraid when the number of people practicing Falun Gong increased so fast. Many practitioners in China are still now put into labour camps and have their organs harvested just because they believe in the values of Truth, Compassion and Forbearance; yet they are not moved by hatred. In short, the practice has brought immense benefits to me and my family. I hope everyone could see the beauty of the practice and all the precious values it brings. Acknowledging the truth and not falling for slanders made by the CCP can actually save lives; that is the reason why a lot of the practitioners

around the world are now coming out to clarify the truth and tell the world how the practice has impacted and benefited their lives. I hope someday the ghoulish persecution of this practice in China will have to stop, and people will have the freedom of their belief, to be good on their will.

A lot of information about the practice can be found online through <https://en.falundafa.org/index.html>

<https://en.minghui.org/>

<https://www.pureinsight.org/>





Diwali Celebration

Mohit Bulchandani, Vice President International

At the University of Lincoln, we believe in celebrating and promoting different cultures. It is great to see students and the community come together to celebrate different festivals from various parts of the world.

Diwali is the festival of lights celebrated by four different religions: Hinduism; Sikhism; Jainism; and Newar Buddhism. The Students' Union and the Multi Faith Chaplaincy worked together to create a night of celebration for University of Lincoln students and the Hindu community within Lincoln to enjoy. There were various ways in which the festival and the meaning of Diwali were conveyed to the audience. The event was hosted in The Engine Shed and guests were welcomed with Indian sweets to try upon arrival. In addition, posters were displayed within the entrance depicting the story of Ramayana and Mahabharata, to explain how Diwali became a huge part of the different religions that celebrate it.

The formal event began with an opening speech from Subash Chellaiah, the Multi-Faith Chaplaincy Co-Ordinator. A member of the Hindu community then followed with a presentation describing

the origin of Diwali and explained how Diwali is celebration by different religions, giving an insight into what it means to each religion. The event continued as group of children from the Hindu community performed a very humorous dance, which was very well received by the audience before a small group of Indian students from the University of Lincoln then performed their own dance, a very energetic and exciting performance enjoyed by all who watched on. Following this, the lighting of the lamp took place, which is a symbolic representation of celebrating Diwali.

Alongside the formal event, various activities were ongoing throughout such as saree trying, Diya painting and colouring Diwali posters, enabling guests to get thoroughly involved with the event.

Following the conclusion of the formal event, students and members of the Hindu community continued to celebrate the auspicious occasion of Diwali by dancing to Bollywood songs. It was an extremely joyous occasion and we were very privileged to be able to organise and event like this.

Erasmus Student and Chaplaincy Volunteer

Nafees Ahmad

I belong to the marginalized community, Torwali which inhabits the mountains of Swat in Pakistan. There are about 30 such indigenous communities in northern Pakistan. All of them are disadvantaged because of their geography and unique identities. Growing up in such a marginalized community, I witnessed how important it is to raise your voice in order to defend your rights. Human rights violation is a common phenomenon in poor countries. But the poor are worse victims of rights violation in any poor country. It is worst when the poor belong to a marginalized community. They face deprivation, isolation and social injustice.

I experienced it all while growing up. It gets worse when a region is prone to disasters. I witnessed how 2005 earthquake, the Taliban insurgency and then the 2010 floods exacerbate the socioeconomic structure of my community. Owing to such experiences, I started volunteering at an early age when I was in school and participated in the community development initiatives with a local NGO. I volunteered in many capacities since then including emergency relief during the disasters.

My passion for community development led me to study Development Studies and I passed it with excellent grades – topped the class twice consecutively in 3rd and 4th semester. I wrote my thesis on Torwali community and it was titled “Language and Development – perspectives from Torwali language.”

On the campus I got the opportunity to serve the vulnerable segment of the society. I volunteered and campaigned for blood donations and providing food to the homeless in the city. We raised funds for people who couldn't afford their medical bills from time to time.

I came here to Lincoln on Erasmus for my first semester at the University of Lincoln. They say Erasmus is a life changing and an unparalleled experience and they are absolutely true about it. My time here in Lincoln was indeed a life changing experience while engaging with organizations like Multi-Faith Chaplaincy apart from studies, traveling and meeting people from diverse backgrounds.

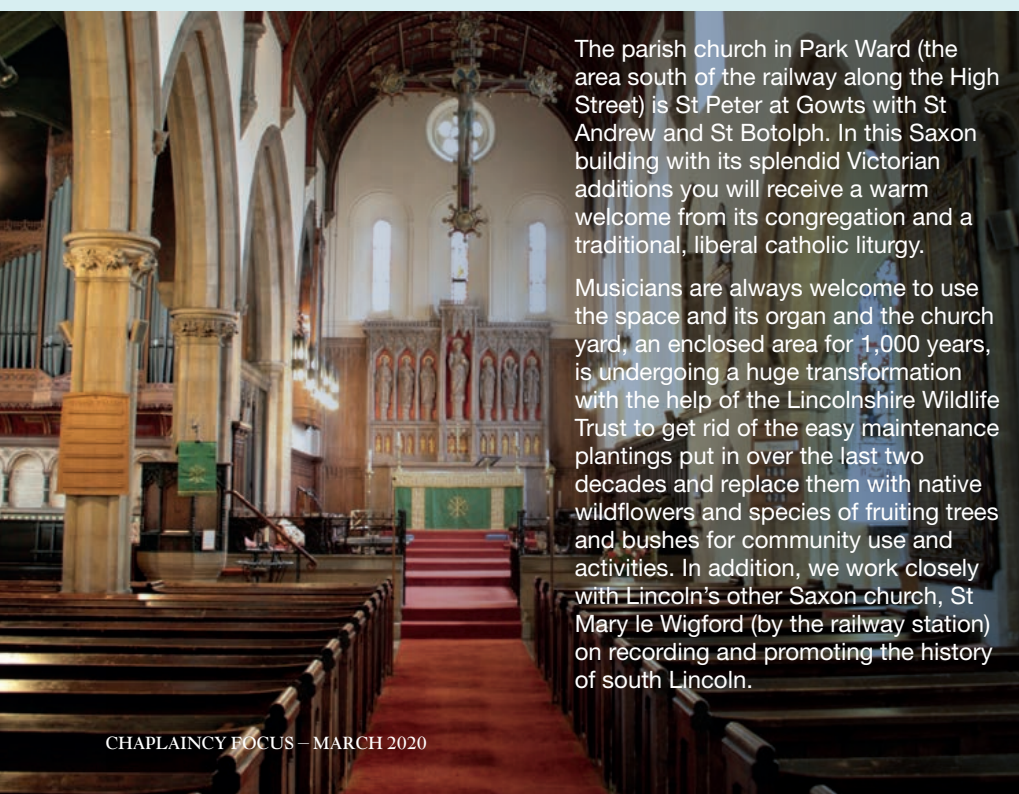


Panipuri Eating competition

**20th March, 12-1 pm
Outside the LPAC**

Holi, Festival of Colours Celebration

20th March, 1-2 pm



The parish church in Park Ward (the area south of the railway along the High Street) is St Peter at Gowts with St Andrew and St Botolph. In this Saxon building with its splendid Victorian additions you will receive a warm welcome from its congregation and a traditional, liberal catholic liturgy.

Musicians are always welcome to use the space and its organ and the church yard, an enclosed area for 1,000 years, is undergoing a huge transformation with the help of the Lincolnshire Wildlife Trust to get rid of the easy maintenance plantings put in over the last two decades and replace them with native wildflowers and species of fruiting trees and bushes for community use and activities. In addition, we work closely with Lincoln's other Saxon church, St Mary le Wigford (by the railway station) on recording and promoting the history of south Lincoln.

The Sound of Soul



If you are feeling in need of a bit of time out for contemplation you might like to join us at our fortnightly Eckankar meetings, "The Sound of Soul".

We read an inspirational quote as a seed for contemplation, and then listen to an ancient sound and sacred mantra, the "HU" (pronounced like the word Hue). You can just come and listen to the sound, or join in with the chanting for about 20 minutes. The sound of HU brings many benefits: inner peace and calm, divine love, expanded awareness, healing of the heart.

Afterwards we have a few minutes of quiet contemplation, followed by a discussion on any spiritual topic that comes to mind.

Here is a short video compiled by a group of youth about their experience with the HU: <https://eckankarblog.org/2019/01/video-eckankar-youth-just-sing-hu/>

"Love is love. And you are that.

HU is the Sound of Soul,"

Sri Harold Klemp, The Sound of Soul

Meetings are held at the University Chaplaincy in Witham house, every other Friday from 12.30 - 1.30 re-starting on January 10th 2020.



Siren Radio has been part of the Lincoln radio landscape since 2007 and provides unrivaled opportunity for everyone to get involved in the dynamic and far reaching world of community radio. You can be part of a wide range of programmes as long as it's tailored just for our listeners in Lincoln. You'll be working alongside the widest range of talents, anyone from 9 - 99, making exciting and challenging radio for everyone on air and on line. (www.sirenonline.co.uk). And we are also exploring our offering in the world of the podcast - you can check us out by searching Siren Radio on podbean.com.



Multi-Faith Chaplaincy has been working with catering to donate any surplus food to YMCA Lincolnshire homeless projects. Three full trays of sandwiches were donated just before Christmas. It is a great opportunity to be able to provide food for those who need it - it is important to not waste food. Food shortage and food poverty is sadly a growing issue and awareness of this is spreading throughout the university and this can only be a good thing.



'The Earth is but One country and mankind its Citizens' Baha'u'llah Bicentenary of the Birth of the Bab (1819-2019)

Clive and Jill Tully, Baha'i Faith Advisors



On Saturday 2nd November, the Atrium and the Jackson Lecture Theatre at the University were the settings for the major celebrations of the Lincoln Baha'i Community of this world-wide event.

The Bab was the bearer of a Message destined to transform the life of humanity and who prepared the way for the coming of Baha'u'llah, founder of the Baha'i Faith.

All present viewed and consulted afterwards on a film created especially for the event entitled 'Dawn of the Light' which, along with sharing briefly the historic events related to the Bab, portrayed seven young men and women from across the planet working with others to help build and contribute to both the material and spiritual progress of their local communities. Some of the questions these young people posed were:

'How are we going to address the issue of racial prejudice and racial injustice?' *Matt (Chicago, USA)*

'Why don't we give the same opportunities to girls? Aren't we, women, also created by God?' *Rehooza (Tajikistan)*

'Why are we a society at war? Are we so different?' *Jamie (Belfast)*

'How can the emotions of fear, anger, resentment and helplessness give way to joy, hope & to the ability to rebuild unity?' *Ruha (a Maori from New Zealand)*

Jill Tully, Baha'i Faith Advisor at the University shared parts of the Bicentenary Message:

Consider with us. Whenever a divine educator appears in the world, a figure whose teachings will come to shape human thought and action for centuries thereafter, at such a dramatic, seismic moment, what would we expect? The spiritual energies they released into the world infused a new life into every sphere of endeavour, the results of which are evident in the transformation that has occurred. Material civilization has advanced immeasurably; astounding breakthroughs in science and technology have been achieved; the gates to the accumulated knowledge of humanity have been flung open. Also, music and sung devotionals.

Refreshments and cake were offered to all and then given to share at Lincoln Homeless Shelter.



Navratri

*Dipvandana Mehta,
Hindu Faith Advisor*

On Saturday 5th October, the local Hindu community in Lincoln came together at Lincoln Christ Hospital School to celebrate the festival of Navratri. This is a nine-night festival which celebrates nine-forms of Goddess representing different qualities that we should aspire to imbibe in our lives. Navratri is celebrated in different ways across India including Durga Puja in Bengal (prayers for Goddess Durga), plays/recitations of Ram Lila (the epic Ramayana) in North India, Saraswati Puja (Goddess of Knowledge) in Kerala/Karnataka where books are worshipped, Ayudha Puja in Karnataka (respect to the tools of livelihood by families), decoration of homes by Golu dolls in Tamil Nadu and the celebration through a dance called Garba in Gujarat.

The evening saw over 100 attendees take part in the traditional garba dances, with music from North and South India being played as well as prayers to the Goddesses during the Mataji ni Aarti (specific prayer for Navratri). Children from the local community gave an informative talk explaining each of the nine Goddesses and their qualities and everyone brought delicious vegetarian food from home for all to share. With the beautiful decorations surrounding the murti (deity) of the Mataji and colourful clothes everyone was wearing adding to the atmosphere, it was truly a vibrant and enjoyable celebration.



As well as celebrating, festivals also provide us with a reminder and opportunity to carry out practical 'Sewa' or service initiatives. Since 2014, when Navratri was first celebrated in Lincoln, the Hindu community has

also used this opportunity to encourage everyone to donate food to the local food banks. This year the donations totalled over 200 food items which was given to the University of Lincoln Chaplaincy foodbank to support anyone in need of assistance. In addition, after watching the negative impacts of single-use plastics in Blue Planet 2, this year all attendees were



encouraged to bring their own reusable plates, spoons and cups from home for the meal. A significant number of families took up this initiative which was really positive and we are planning on continuing this drive in all future celebrations so it hopefully becomes the 'default' option/norm for everyone to bring their own reusable eating utensils at festival celebrations everywhere.



Hope for Justice

Slavery didn't end hundreds of years ago. There are now more people trapped in slavery than at any point in human history. It is thought to be the third largest criminal enterprise in the world, with an estimated 25 million people affected globally. There have been high profile cases right here in Lincolnshire.

Hope for Justice has become a global charity since being founded in the UK in 2008, working in 8 countries across 4 continents, with plans to expand further. It rescues victims of trafficking and slavery who have been tricked or forced into these situations and kept there through violence, fraud or coercion. This work is conducted by

experienced investigators, including former police officers, working closely with law enforcement and other front line agencies.

Rescue is not an event, it's the start of a long process. Hope for Justice run aftercare facilities and provides specialist advocacy and support to help survivors rebuild their lives.

It also works with more than 35,000 vulnerable children a year, reducing the risk of trafficking and providing residential aftercare, treatment, education and, where possible, reuniting children with their families. It trains thousands of professionals a year to spot the signs of slavery in the course of



their work and respond effectively, and supports businesses to protect supply chains from infiltration by traffickers.

Lincoln Abolition Group is one of over 100 local support groups in the UK supporting Hope for Justice by raising funds and awareness of modern slavery.

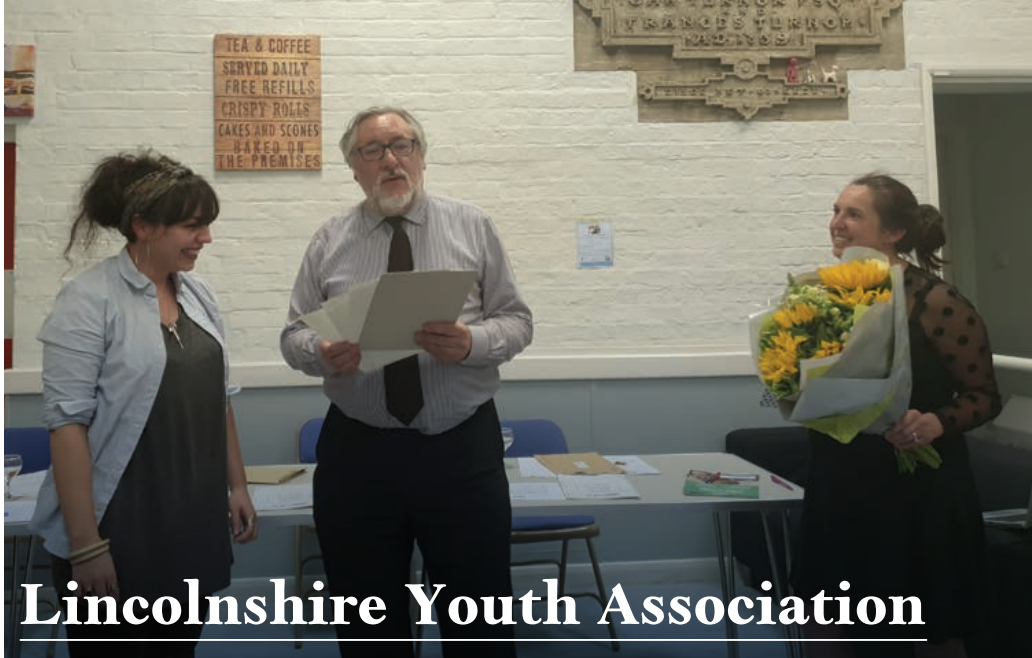
Residential Wardens

The University of Lincoln was very pleased to introduce a new warden service for 2019 as a core offering to students living in University accommodation. The service is an essential element of the student experience at Lincoln and the Residential Warden team play a major role in supporting student life in each residence in a safe, diverse and well-maintained environment that complements and supports the academic mission of the University of Lincoln.

Residential Wardens



The Residential Warden team live on site in our accommodation. The team works with residents, the Student Support Team and the Accommodation Services Team to build a strong and supportive community for students to thrive. As well as contributing to the living experience through events and activities which help new students to settle into their accommodation, the team provides out-of-hours contact and support, as well as signposting to services within the University to ensure that help is available at all hours of the day.



Lincolnshire Youth Association

The boys' and girls' clubs' network in the county has adopted the inclusion policy currently being promoted by One East Midlands, the voluntary sector regional body.

At the OEM Annual Conference, held at The Hope Church Centre in Nottingham recently LYA Director Dr Charles Shaw complimented the work of different faiths supplementary schools and the continuing success of Lincoln University's Chaplaincy team as good examples of diversity and integration. Details of the Inclusion framework can be found on <http://oneeastmidlands.org.uk/>

We need a wide variety of volunteers and support in Lincolnshire and working

with Lincolnshire Council for Voluntary Youth Services (LCVYS) we offer a number of pathways to involvement. In 2020 we shall be incorporating a revised inclusion strategy into our Youth Work training courses beginning with our Introduction to Youth Work Courses. Anyone interested in these can contact LYA on 01522 569776 or LCVYS on 01522 720786

The Association welcomes students from Lincoln University whose involvement has been so positive to date and we can currently fund the training for them. In the first instance interested students or staff can ring in or contact our activities youth worker james.walker@cvys.org.uk

Sleep Easy 2020

7pm 6th March to 7am 7th March

Join YMCA Lincolnshire on 6th March when Sleep Easy returns for an 11th year to raise awareness of homelessness in Lincolnshire.

Take part in our annual sleep out at Lincoln's Cathedral where sponsored sleepers spend a night replicating what it feels like to spend a night on the street.



Homeless provision in Lincolnshire and demand for the services is extremely high, with street homelessness in Lincoln three times higher now than it was in 2010, a decade ago.

More than 6,000 people across the UK have slept rough for a night to raise awareness of homelessness and raise vital funds to support local YMCA services.

Will you join them?

Last year, over 100 people took part in the YMCA Lincolnshire event in Lincoln, raising over £25,000 towards our homelessness project in Lincolnshire! This helped contribute to funding of the Nomad Centre, which opened in November 2019.

The funds will be used to continue to support YMCA Lincolnshire's homelessness project.

Registration is only £15 and boxes will be provided. Refreshments and food will also be provided by Stokes Tea



and Coffee, ECHO and His Church respectively.

To sign up or to donate, go to lincsymca.co.uk/sleep-easy-2020/

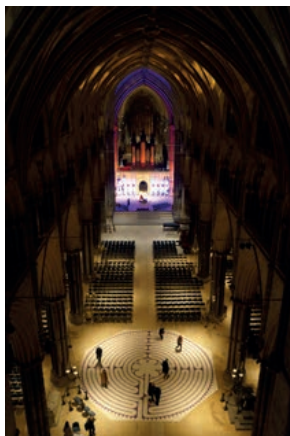
For more information - please email events@lincsymca.co.uk or call 01522 508 379.

Sacred Space

Anyone who walks through the doors of Lincoln Cathedral can't help but feel the uplifting and inspirational atmosphere created by this awe-inspiring building; this Sacred Space.

In our increasingly hectic lives, having the time and space to pause, reflect and pray can be difficult, but when we do, it can have an even bigger impact on our lives. In addition to the regular daily cycle of worship offered by the Cathedral, once a month on a Sunday evening, we host Sacred Space.

This popular service is gentle and reflective with time to wonder and explore, encouraging everyone to use all their senses to explore their faith. Whether you are looking for somewhere to think about the big questions that life throws up, or just want an opportunity for gentle reflection, Sacred Space offers a



different way to experience worship at Lincoln Cathedral.

You can expect a short, led service, followed by the opportunity to explore a number of different prayer stations at your own pace and in your own way. Each service will take a different tone and explore new ways to experience faith through music, art and silence. Previous themes have included 'Freedom', 'Dancing Together' and 'What a wonderful World'.

Sacred Space takes place on the third Sunday of the month at 7.00pm at Lincoln Cathedral and, as with all our services, all are welcome. Doors open at 6.45pm, please enter

through the main entrance on the West Front.

For more information, please get in touch with us on sacredspace@lincolncathedral.com or take a look at www.lincolncathedral.com/sacredspace

Sociology International Inclusive Sports Day

We are a group of third year students on the Sports Development and Coaching course who are running an inclusive sports day for one and all to attend. We will be focusing on sports from all corners of the world with some little extra bits to make the day fantastic fun. We will have four different sports with an aspect of education through cultures to allow everyone to feel welcomed, have fun and hopefully blossom some new friendships with people from all around this world of ours. We will have arts and crafts, music, quizzes and most importantly different sports to help you gain some knowledge of new skills and new cultures you maybe didn't even know existed. The day will take part on the 9th of march at 1pm-4pm, we hope to see you there!

Pancake Day

Tuesday 25th February
11.30-1pm
Student Union Square
All Welcome

We will be serving Fairtrade pancakes to promote Fairtrade on Shrove Tuesday

Ever wondered why Christian's pray the Lord's Prayer?

Join us for all or any of our thought provoking Lent discussion sessions about the Lord's Prayer.

St Nick's Church, Newport @ 7.30pm

3rd March: On earth as it is in heaven: the central petition of Christian prayer

10th March: Our Father in heaven: starting the conversation

17th March: God's holy name; God's holy kingdom; God's holy will: setting the agenda

24th March: Give us our bread; Forgive our sin: recognising our need

31st March: We forgive; we give glory: making our commitment

Book your free tickets at:
<https://stnicks-lent.eventbrite.co.uk>

Lincoln Food Partnership wins Top University Award



The Lincoln Food Partnership has been awarded the University of Lincoln Vice Chancellor's Award for Public Engagement with Research.

The research was carried out by members of the University's Health Advancement Research Team (HART), led by Professor Jacquelyn Allen-Collinson and Professor Nigel Curry (pictured) and the judging panel deemed their performance in this area of linking research with action on the ground to be "exceptional".

Fairtrade Fortnight Friday 24th – March 8th

As a Fairtrade University, Lincoln University is once again raising awareness and celebrating our commitment to Fairtrade during Fairtrade Fortnight.

How can you help?

It's simple – just swap some of the items from your usual shop for Fairtrade products. Some of the most popular are bananas and chocolate, and Fairtrade even have a guide to 15 Fairtrade chocolate products you can find on the high street.

It's good to remember that Fairtrade don't just do food products. Take a look at the picture above to see just some of what they offer.



Tuesday Crafts at the Chaplaincy

Need some time away during your lunch? Join us at the Multi-Faith Chaplaincy at Witham House (WH0001) between 12 – 2 pm on Tuesdays for some relaxing crafts such as sewing, knitting, origami and colouring.

Bring along your lunch, escape from the world and do some calming activities to help relieve anxiety and stress. No need to register or book – you can just turn up.

The Centre for Reconciliation Launched on International Day of Peace:



The Centre for Reconciliation (TCfR) was launched on the International Day of Peace, 21st September 2019 at the Isaac Newton Building. The Isaac Newton Building was a great location for the launch, being at the centre of the

University of Lincoln which is at the heart of the changing and growing city of Lincoln. The launch was attended about 40 people and the Civic party, Mayor Sue Burke and her husband Counsellor Chris Burke attended.

TCfR is a community-based organisation based in Lincoln and will work with faith and cultural communities across Lincoln and Lincolnshire. Through education and learning about one another there is hope for a more peaceful society and the eradication of religious

hatred. We believe we can do more by bringing people together then blowing them apart – the importance of peace and reconciliation in today's society is

more important than ever. If everyone showed a little bit of kindness each day to their 'neighbour' society would be a better place. TCfR believes in promoting unity and celebrating diversity, bringing people from all backgrounds, all faiths and none and all cultures together. If you would like to know more information, please contact Ruth Subash at tcfr@tcf-reconciliation.org



The Probus Club of Lincoln

The Probus Club of Lincoln was founded in 1974 and for the past 40 plus years, they have actively promoted the aims of Probus in providing companionship and fellowship among their members. They arrive at the County Assembly Rooms in the Bailgate, Lincoln on the second Tuesday of every month from 11.00am for a welcome coffee or tea. An invited speaker addresses the meeting from 11.45am on a subject of local or general interest and this is followed by a three-course luncheon and hot beverage. The ladies and or guests of members are currently invited and warmly welcomed to our meetings held in March, June August

and December. Twice each year we arrange visits chosen from a broad sphere of local places of interest.

They welcome guests and potential members to any one of our monthly gatherings at the Assembly Rooms in Lincoln so why not join along and enjoy their experience with them. They may be retired or semi-retired but consider themselves still young in spirit with the energy to be part of a social network and share similar interests.

Subash Chellaiah, Multi-Faith Chaplaincy Coordinator was the speaker at Probus for their special Christmas dinner meeting. He spoke about Multi-Faith Chaplaincy and gave a short speech on peace in the midst of chaos.

Multi-Faith Chaplaincy Regular Events

- Tuesdays Craft and Games (Every Tuesday during term time)
- Communion Service for Christians on campus
- Catholic Mass on Campus
- Christian Orthodox Worship Service (Artoklasia)
- Jummah Prayer – Every Friday
- Christian Meditation
- Quaker Meeting for Worship
- Arthi Hindu Prayer
- Baha'i Meditation
- Buddhist Meditation
- Raja Yoga Meditation and Positive Thinking
- The Sound of Soul
- Chinese Christian Group Meeting
- Peace Gardening
- Science and Faith Discussion

- Celebration of Festivals/Interfaith Events
- Herb Gardening (Every Monday during term time)

To know more details of times and venues or to get involved please contact the Multi-Faith Chaplaincy chaplaincy@lincoln.ac.uk. Witham House is open during the week.

University opening hours as the space has prayer rooms, quiet room and interfaith library.



Herb Garden

'Tis the season to be jolly'. 'Indoors', I would add at this moment as I look out on the monsoon through my window. This year we have had unprecedented amounts of rain and so most gardens are a soggy mess. This is also true of our soon to be herb-cum-meditation garden. No doubt the wildlife in the area have been glad of the lack of disturbance that this has afforded, as little visible progress has been made there at this time. Even so those volunteers who have cleared as much as has been possible, have to be applauded for their hard graft. It is hoped that in this next term, it will be possible to get some of the heaps of debris moved out



so that planting can begin in earnest. We have received gifts of seeds, bulbs and even plants in the form of cuttings and rooted shootings, so as soon as the rubbish is moved, all can be set out and begin to look like a proper garden should.

We have also received a hedgehog house. If there are any hedgehogs present at this time, they will be able to shelter under 'those heaps', so even rubbish has its uses from time to time. However, hedgehogs will be provided for next season after the 'tidy-up'. Naturally we are still welcoming volunteers. No expertise required—simply a desire to be in and experience nature and the delights it offers us all and take part in the continuous process of caring for the growing beauty we aim to develop there.

Working in NHYG

Emily-Rose Phillips, studying 3rd year BA History

I find working with the young people in North Hykeham Youth Group very rewarding. Discovering what they want to do when they attend the weekly club and even extra activities such as the recent Jump Inc trip allow a deeper understanding into what the youth of the local community need, it is that is so rewarding. Providing young people with a safe space, whilst having fun is important and this enables them to

grow. My colleagues are very supportive and encourage me to learn new skills and understand what I need to do to be a part of a well-oiled machine. Combining the orientation towards helping and encouraging the kids with the structure of the workers behind the centre, allows the community to be positively impacted and help grow the future generation.

International Week organised by Student Union

16th March-20th March

Venue: SU Squire

Stalls, food, cultural activities, music, information stands etc.

Catholic Mass on Campus

**18th February, 17th March,
7th April, 5th May
Time: 5.15 pm
Witham House,
Next to Sports Centre**

CONTACT DETAILS

GENERAL ENQUIRIES

Multi-Faith Chaplaincy
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Mr. Mark Lilley
Quaker Chaplain mlilley@lincoln.ac.uk

The Revd. John Philip Carter
Unitarian Chaplain jcarter@lincoln.ac.uk

THE BACK PAGE



UNIVERSITY OF
LINCOLN



Student Services

Student Services covers a wide range of support in a number of different contexts.

The Student Wellbeing offer support, advice or guidance with any challenges or difficulties students may face during their academic studies includes concerns around disability, specific learning differences, mental health or medical conditions, as well as anything may cause emotional or psychological distress.

The Student Wellbeing Centre is located on the first floor in between The Swan pub and the University Health Centre.



The Student Support Centre are available to help with practical issues such

as replacing student cards, issues with your course and help with extenuating circumstances.

The Advice Service offer confidential advice to all students based at the University of Lincoln topics such as finances, housing and visas. As well as providing specialist, professional one to one advice, they also run preventative workshops covering housing, debt, money and budgeting.

Lincoln SU

The Students Union Advice Centre has a team of trained advisors who can provide you with impartial and confidential advice, support and representation, independent of the university. Some of the areas the Students Union Advice Centre can support you with include housing, finances, academic, concerns and welfare queries.

Navigating Ecological Tragedy Beyond Hope and Despair: A collaborative inquiry with Buddhists and Christians.

6th – 8th March 2020
Venue: Gomde UK, Lindholme Hall
<https://www.eventbrite.co.uk/e/navigating-ecological-tragedy-tickets-89774685501>

Community Events

Lincolnshire Voluntary Engagement Team – Annual Conference

A free conference with key note speakers Professor Richard Parish (Chair National Centre for Rural Health and Care), NHS England Voluntary Partnerships Team and Professor Mark Gussy (Chair in Global Rural Health and Care, University of Lincoln). Key purpose is to provide networking and personal development opportunities for organisations large and small in the voluntary and community sector interested in health and care. 3 smaller groups will have the opportunity to be presented with a development grant of £100 each.

Thursday 19th March, 9am-4pm
New Life Conference Centre
25 Mareham Lane, Sleaford NG34 7JP

To book tickets, please visit <https://www.eventbrite.co.uk/e/lincolnshire-voluntary-engagement-team-annual-conference-tickets-89673047499>

Care for the Family evening Confident Parenting in a world of screens

12th March, 7.30pm
Alive Church, Newland

To book tickets to this event please visit <https://www.eventbrite.com/e/left-to-their-own-devices-lincoln-tickets-83308007493>

To request more information or materials for publicity, please visit <https://www.careforfamily.org.uk/events/owndevices>

West End Pancake Party

Tuesday 25th, 5.30–7 pm
St Faith's Hall, West Parade LN1 1QL

West End's Got Talent!

Friday 20th March 2020, 6-9 pm (tbc)

West End's Got Talent Show is finally here!

All entries welcome, whatever your talent may be... surprise us!

- Singing • Music • Dance • Drama • Poetry • Monologues •
- Plus Painting and Drawing (small exhibitions in the church on the night)

No judges, no prizes, just for fun!

If you would like to be involved in any way please call Peter Hill on 07913 696927 or email lincolnpeteuk@yahoo.co.uk



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Free copies of 'Place of worship and ethnic shops within the City of Lincoln' maps are available at Witham House, Student Support Centre and Student Wellbeing Centre.