

# Sports strength and conditioning coach

\*2 hours coaching per week.

Looking for a strength and conditioning/flexibility coach potential for a Pilates, yoga or dance teacher specialising in ballet.

Based at Big Jumps Trampoline Club, Sleaford, where the coach will be working with four individuals training towards the international arena. Your role will involve planning and delivering specific training to the individuals.

No knowledge of trampoline required as technical coaches will be present.

This role will provide you with the opportunity to gain experience in the field of strength and conditioning.

A consideration of putting the successful candidate through a qualification to be discussed.

Please send an up to date CV along with 1-page cover letter to [steph@bigjumpstc.co.uk](mailto:steph@bigjumpstc.co.uk) interviews will follow if you are successful after this stage. If you require further information, please contact the head coach (Stephanie Lansell) on 07983872495.

Closing date 27<sup>th</sup> April 2018.

Big Jumps 7C