

“Pregnancy Circles are a good way for women to connect with one another, share experiences, concerns and ask the same questions that others might have as well. It can be a challenge making sure there is adequate staffing to cover all the other clinics running alongside the Pregnancy Circles - but it is doable and it’s good to try other models of care”

Aysma Burhan
Sr Midwife Team Leader
Queen Elizabeth Hospital

“Being the site PI was a natural step forward for me. I have no experience of research apart from in my student midwife days (too many years ago to mention) and doing a few audits as a Supervisor of Midwives but I really wanted to be involved in this. Our R&D department have been really supportive and I have completed an on line training so that I could get a better understanding of the role. It is an important role and you need time allocated so that it can be carried out properly as it is pivotal to the success of the circles.”

Debs Trollope
Community Midwife & PI
West Herts Hospital

Pregnancy Circles Training

Facilitating Midwives Workshops

In the first three months of 2019, another 70 midwives have been trained to be Pregnancy Circle facilitators, with workshops held at City, Epsom & St. Hellier and Colchester & Ipswich.



*A fantastic day! I thoroughly enjoyed every aspect and feel prepared!
The facilitators are really knowledgeable and easy-going
Very empowering, Pregnancy Circles will enhance women’s trust in midwifery care*

Reflection & Refresher Session for Facilitating Midwives

Our first session was held in March. Book your places now for April 26!

*It was helpful meeting midwives from other Pregnancy Circles!
Encourage all the facilitators to come.... good to have time out to reflect on Circles*

Friday April 26th <https://pregnancy-circles-reflection-session-april-26-2019.eventbrite.co.uk>

Friday May 17th <https://pregnancy-circles-reflection-session-may-17-2019.eventbrite.co.uk>

Friday June 28th <https://pregnancy-circles-reflection-session-june-28-2019.eventbrite.co.uk>

Recruiters’ Study Day

We held our first recruiters’ study day in March. We debated how best to invite women into the trial and encourage others at the site to speak with women about Pregnancy Circles. We also heard from two of our now experienced Pregnancy Circle recruiters (Vicky Robinson at QE and Osi Egole at the Whittington) who offered tips on how to succeed. **Next one**



May 17: book here https://www.eventbrite.co.uk/e/reach-pregnancy-circles-trial-recruiters-workshop-registration-60302271718?utm_term=eventurl_text

Involving facilitating midwives in research



As a midwifery-led RCT, REACH is keen to involve midwives in the research process. Facilitating midwife Debs Trollope (pictured) from West Hertfordshire Hospitals NHS Trust took on the role of Principal Investigator (PI) for her Trust for the first time and we’ve invited a facilitating midwife from University Hospital Lewisham to co-present at the **14th Normal Labour & Birth Conference** alongside Research Fellow Octavia Wiseman in June.

