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CITY
UNIVERSITY OF LONDON
EST 1894

CityVista- Globe Ward

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This is City.

Poll question 1

- If you were a mental health student going into an acute mental health unit for the first time, how apprehensive do you think you would feel?

Objectives

- To enable delegates to consider how different experiences can align to create shared understanding
- For delegates to observe a multi-media resource and consider its application within their own field
- For delegates to reflect on the challenges and successes of filming in the field to create meaningful learning resources

Delegate question, please answer in the chat

- What do you think the main things student nurses might be worried about going into an acute unit for the first time?

Background

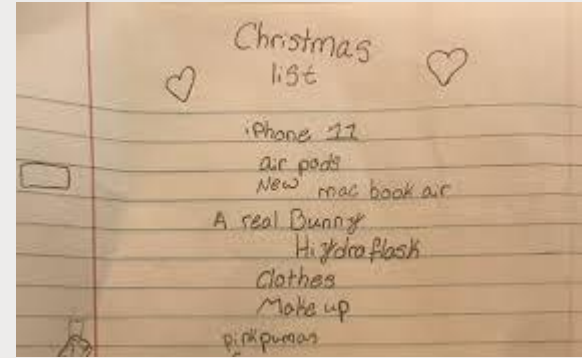
- Students feeling apprehensive about going into wards
- Students from generic programmes going into MH for the first time particularly terrified
- Enabling the broadening of access to service users. Large cohorts, limitations on visiting lecturers
- Mental Health units – often seen as ‘closed’ ‘locked’ ‘secretive’ places. Stacey Dooley isn’t helping!





- Chadwick and Porter (2014) identified that student nurses often report pre-existing stigmatised ideas and fear of service user's (patient) unpredictability as key factors in feeling apprehensive before attending mental health placements.
- Q: Could a service user also be feeling these things when they come into hospital? Could there be an alliance created between these two sets of experience?

Aims for the resource



- To create a resource that introduces staff, service users and ward environment to the student before going on placement
- For students to learn from the service user's experience of coming into hospital for the first time
- To create a multi-media resource that could be delivered via blended learning in a class-room to facilitate discussion and offer appropriate support
- Wanted to create something more than just another video- although very limited resources available that are filmed inside a mental health unit

City Vista (Globe ward tour)

- City
- Virtual
- Interactive
- Tour
- (clinical) Area

Multi-media resource designed to recreate the experience of going on placement for the first time - Pre-Covid

Preparation for filming

- Location Location Location - Even prior to filming extensive discussions were held with Trust PR team, Borough Lead Nurse, and a group of matrons and ward managers
- Confidentiality and safety were imperative
- Funding secured
- Group of service users accessed through local service user involvement team. Diversity and representation v. important. Pre-interviews and contracts signed. Service users were all people in recovery and filmed at the University



Globe Ward Tour

- [Moodle](#) - Mental Health Nursing at City (2020/21)

Poll question 2

- After watching the globe ward tour, and you were a student nurse, how do you think you might feel now about going into an acute mental health unit?

Evaluation: Student feedback

What were the strengths of the session today?

Increase my Confidence &
I now know what to expect
at the placement.

What didn't you like about the session today?

it was bit boring sitting
in one spot for long time

very informative, feel
prepared

The duration was
bit long and too much
information take in
a day.

I've never been to a mental health
ward before and this gave me
a great idea on how everything
works on the ward.
It was very helpful.

Too long and much
information.

The session was very engaging,
insightful and extremely detailed.
They were a variety of communication
methods which made the informa-
tion passed across better understood

the door was making
noise (draft)

What was the most important thing you learned from today?

The layout of the wards.

If you were given the opportunity would you have preferred to do this independently in your own time?

Not a chance, it was very good we all did this session ~~together~~ together.

Navigation of a word setting & different staff members

No. I may not have learnt as much.

Nucleo of the Ward

Listening to service users experience & their thoughts/feelings.

Doing it independently would be okay but the fact that the lecturer was there to answer questions was really helpful

How small things impact patients lives e.g just saying a 'good morning' and a hello.

No, It's more better the way we did it today. It's good to hear about other people input and ideas.

	Please score the following from:										
How much did you know about acute mental health wards before the session today?	1	2	3	4	5	6	7	8	9	10	
	Nothing At all									A lot	
How much do you feel you know after the session today?	1	2	3	4	5	6	7	8	9	10	
	Nothing At all									A lot	

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	Nothing At all									A lot	

Evaluation: Academic feedback

- When considering why you chose video for the course, how effective did you find it in terms of your approach of blended learning?

“There was no other way to deliver this project other than to use video. It was essential that key points were captured and delivered by the people most impacted by the care future students would be delivering”

Evaluation: Academic feedback

- On reflection, in making use of tailor-made video for the course, what worked well?

“We were able to dig deeper into the service user experience as we could focus on specific questions. If we had done an interview that was basically ‘what is it like being in hospital’ we wouldn’t have got the detail about the experience that was required”

Any questions?

Thank you

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