Dr Alistair Monteyne

Research Group website: https://medicine.exeter.ac.uk/phss/research/nutritionalphysiology/

How day-to-day research training and support is provided: Initial training will be provided by the supervisory team (particularly Dr Monteyne), alongside training from experienced technical staff. Further day-to-day experimental support will be provided by our postdoctoral and senior PhD students. The main point of contact on a daily basis will be Dr Monteyne.

Supervision style: Directive support: B / Training structure: 7

How often PhD students see you in a timetabled group meeting: At least once a month

Other research groups that PhD students will have the opportunity to frequently interact with: The student will have the opportunity to interact with several other large research groups within the PHSS department, both in shared office spaces, analytical facilities, at social events, and with the early career researcher network at the university. The student will also have the opportunity to interact with Professor Thompson's, Gonzalez, and Betts research group at the Centre for Nutrition, Exercise and Metabolism (University of Bath), which also offers wider community for seminars, scientific discussion and collaboration.

How often you meet with your PhD students 1-1 formally outside of group meetings (i.e. meetings of >30 minutes): At least once per week

Meeting format: Mixture of virtual/in person

Expected working pattern (based on a full-time student): Full-time study will normally follow weekday working hours, typically 10:00–16:00. The students remaining time will be organised around research and training commitments, which can vary with human physiological research; thus some flexibility is required.Some laboratory procedures may require earlier starts or later finishes. These will be discussed, planned in advance, with working hours adjusted accordingly.Analysis of samples and datasets provides flexibility around human data collection. Part-time arrangements, caring responsibilities and reasonable adjustments will be discussed individually. on and ad hoc basis, with a supportive approach.

How the second supervisor supports the PhD project: A progress meeting between both supervisors will take place every 3 months. BTW is frequently in the laboratory or office, and is always approachable for help and advice.

Notice needed for feedback on work (based on a 5000 word report): 1-2 weeks

Communication: I am available via email every day, and in my office the majority of the time. I may contact you outside of working hours but I do not expect responses outside working hours. Meetings should be arranged in advance, where possible, but there is also plenty of opportunity for ad hoc discussion.