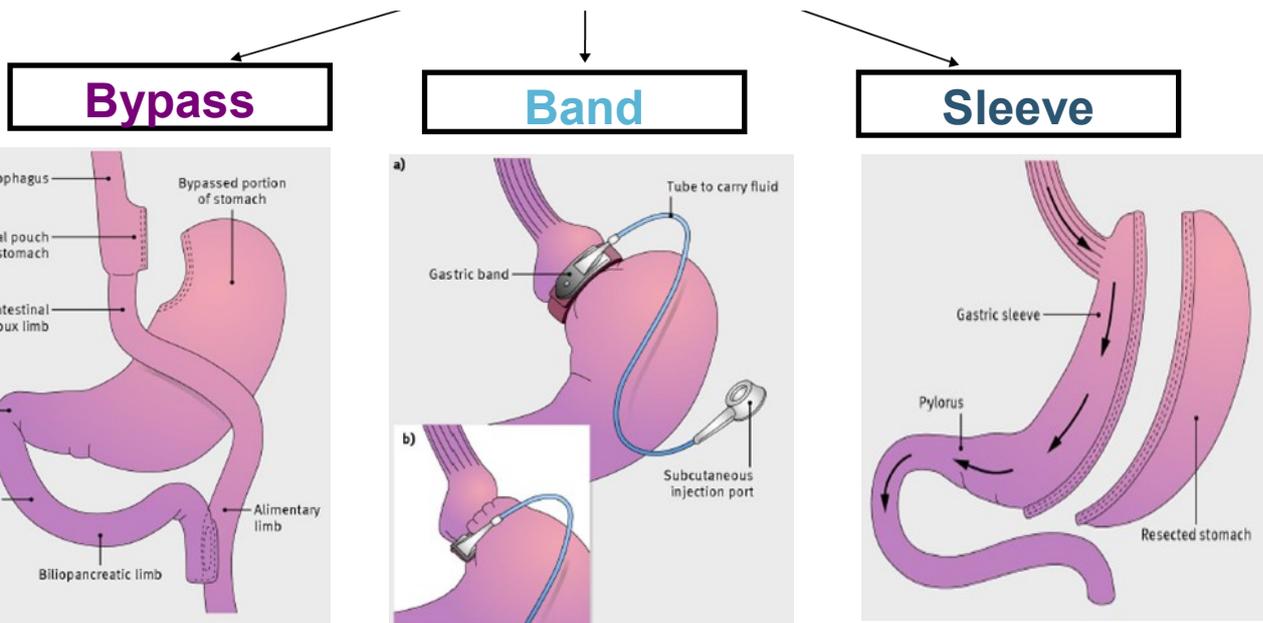


We are pleased to share with you the results of the **By-Band-Sleeve** study.

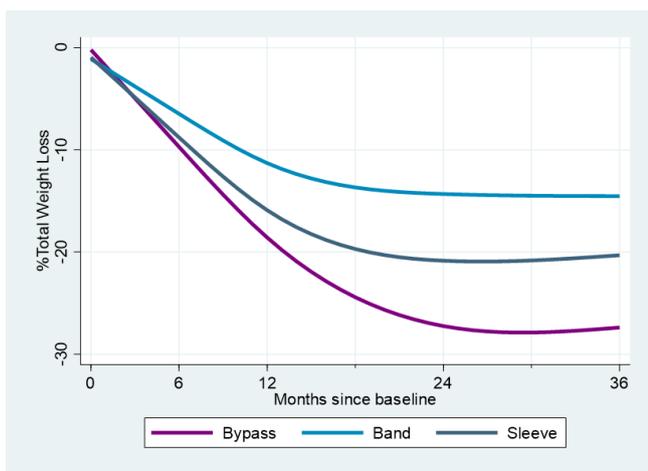
**Thank you** for your involvement—we could not have done it without you.

**By-Band-Sleeve** compared the most common weight loss surgical procedures:

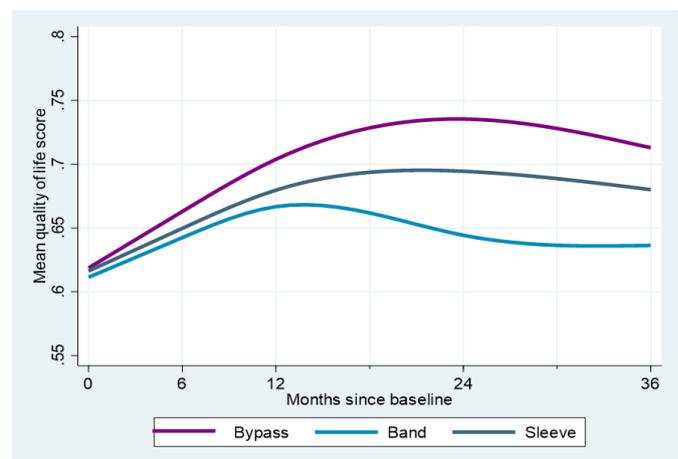


## The story so far.....

These are the main results for participants after 3 years of being in the study.



On average, **Bypass** shows the greatest total weight loss at 3 years.



**Bypass** shows better quality of life at 3 years, followed by **Sleeve** and then **Band**.

The safety results from the study were similar to those observed for people undergoing surgery in the NHS.

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## Making the language clearer - understanding the terms

**'% total weight loss'** - this means the average percentage weight lost over time, i.e. % total weight loss of 10% would mean you had lost 10% of your weight from the time you entered the study.

**'3 year follow up'** - The 3 years isn't counted from the date of your surgery. Instead, it starts from the time you became a part of the study.

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## What do the findings mean for you?

**Everyone's journey following surgery is unique.**

Our results are based on the experiences of more than 1300 patients, and your data is just one point that helps develop this summary for all.

This means that these results describe the group as a whole, and may not fit your own personal experience.

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## Is this the whole story?

**We need your help to understand if the differences shown at 3 years after being included in the study are still maintained in the long run.**

We understand that the 3 year results may just have taken you to the end of your 'honeymoon' period with your operation. From here, the work put in to maintain weight loss may increase for many people.

We need to understand your experiences so we know how to best inform patients of the future on which operation may be best for them.

Thank you if you've already given us permission to contact you. If you haven't yet then there's still time, please sign up at the link or scan the QR code (at the bottom of the page).

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## Interested in hearing more about the results?

Further results will be presented at two webinars, where you will have the opportunity to ask questions to the By-Band-Sleeve Team.

Join us online either on:

17 October 2023, 19:00

7 November 2023, 12:30

Sign up at the link below or scan the QR code

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<https://tinyurl.com/ByBandSleeve>

