

Struggling with an itchy or painful vulva?

Finding that thrush treatment doesn't help?

It could be lichen sclerosus

The vulva is the external female genitals, including the lips (labia), clitoris, and entrance to the vagina. LS also affects the skin around the anus (bottom)

What are the symptoms?

- Itching
- Painful sex
- Pain, soreness, burning
- Irritation
- Pale, white, or ashy patches
- Feeling of dryness
- Change in sensation
- Pain when you pee or poo
- Disturbed stream when you pee

You don't need to have all of these symptoms to have LS, some people only have one or two



Lichen sclerosus is sometimes mistaken for thrush or menopause.

Vulval lichen sclerosus is a long-term condition, but it can be treated with steroid ointment prescribed by a doctor.

Lichen sclerosus is a skin condition that tends to affect the genital skin. It can affect anyone of any age and gender.



Visit our website to learn more about vulval lichen sclerosus



Lichen Sclerosis Guide

www.lichensclerosisguide.org.uk