

# TOO DIVERSE?

## ETHNIC MINORITIES SHOULD NOT BE COMBINED INTO A SINGLE GROUP WHEN REPORTING SUICIDE RATES

There is **mixed** evidence in relation to increased or decreased suicide rates in ethnic minorities

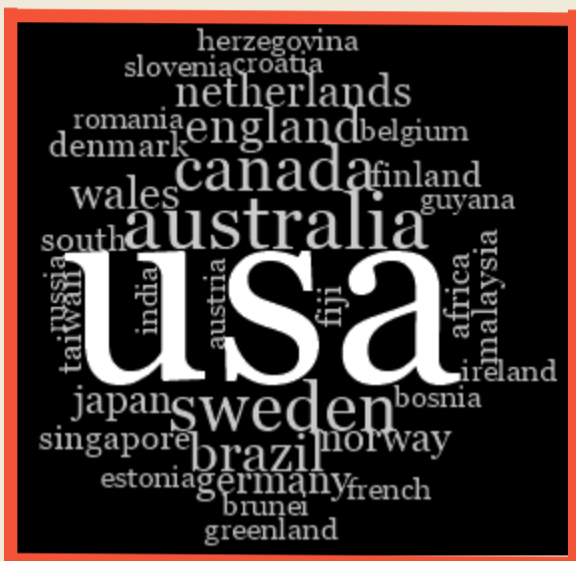
Most existing research doesn't distinguish between people of different ethnicities and instead include a single 'minority' group



We identified **128** studies from **31** countries reporting suicide rates in ethnic minorities

These studies included **6,026,103** suicide deaths in people from ethnic minorities

**87.5%** of studies were published in High Income Countries



**12.1**  
per 100,000

was the estimated pooled suicide rate of individuals from ethnic minority backgrounds

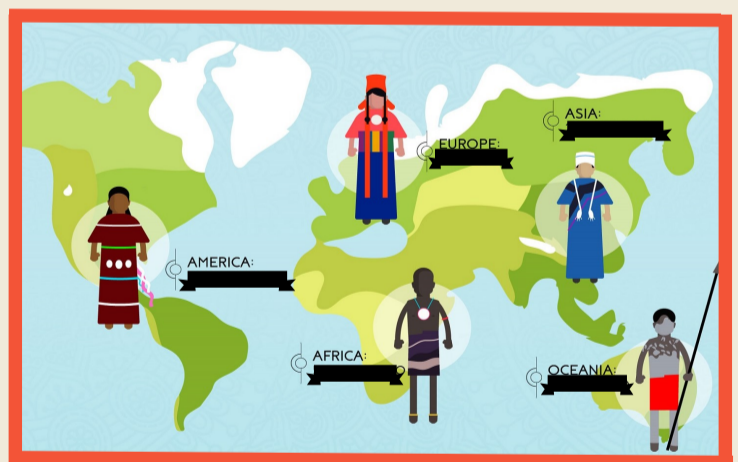
But these rates varied widely:

**1.2-139.7**  
per 100,000

Indigenous populations were at

**2.8**

higher risk of suicide compared to non-indigenous populations



Overall, based on the nature of the data available, we identified **no increased risk** of suicide in ethnic minorities, however there were a wide range of suicide rates

### Key Points

- We need to **stop** combining different ethnic minority groups into one (e.g. BAME, BIPOC, etc)
- We need to improve the reporting of research on ethnic minorities: country of birth does not equate to ethnicity status nor does colour of skin
- Second generation migrants are not migrants but their descendent status is important and distinct

