

Improving the health of perimenopausal women in Filwood.



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Training Hub

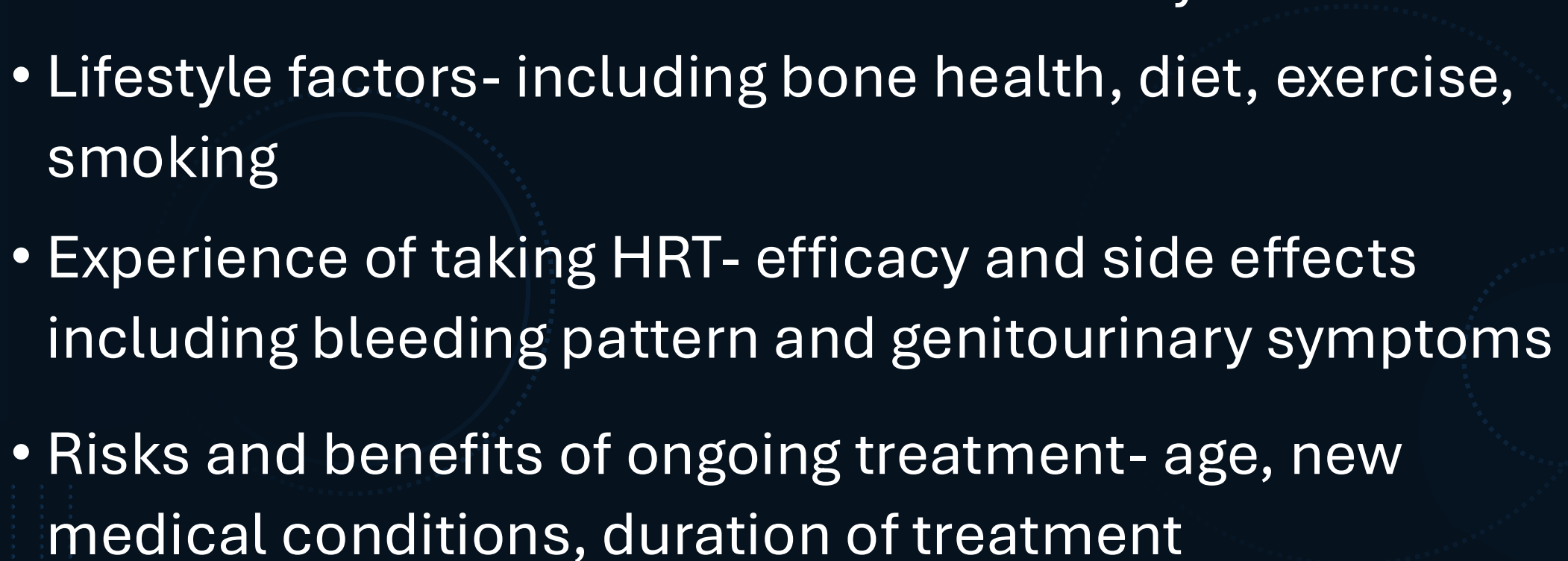
Highlights

- Community education
- The Empower Hart Project
- Group Consultation project
- GP Menopause Training Clinic
- Colleague Education
- HRT Review project





HRT Reviews- according to NICE

- 3 months after initiation and then annually
 - Lifestyle factors- including bone health, diet, exercise, smoking
 - Experience of taking HRT- efficacy and side effects including bleeding pattern and genitourinary symptoms
 - Risks and benefits of ongoing treatment- age, new medical conditions, duration of treatment
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HRT Review Project- protocol

Patient identified as needing a review

Patient sent text inviting them to book treatment room review OR complete accuryx questionnaire

Accuryx response returned to admin team for coding

Treatment room nurse completes HRT review template at F2F appointment

Pharmacy team review response/template, add a new diary date and send an 'HRT review done' text with links to further information OR arrange further appt as needed.

HRT Review Project- what do you need?

- Diary dates, accuryx and treatment room templates
- Administrator
- Treatment room team
- Pharmacy team
- Minimal colleague education

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