


**GPs at the Deep End, Bristol Bulletin Number 2 (April 2024) \*\*\*Next event 7th June - please save the date!\*\*\***

GPs at the Deep End Bristol Mailbox <deepend-gps-project@bristol.ac.uk>

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To:GPs at the Deep End Bristol Mailbox <deepend-gps-project@bristol.ac.uk>

 2 attachments (1,009 KB)

TIGER 54714 - RISP FINAL 28\_11\_2022 - V1.0.docx; Organisation Information Document NonCommercial v1-6 328120 V1.2 17.10.2023 sponsor signed.docx;

Dear Deep End members,

Welcome to the second of our monthly emails; we hope you had a good start to 2024.

We are delighted to share with you updates on Deep End Bristol activity along with information about the latest research opportunities and how to get involved.

**\*\*Friday 7<sup>th</sup> June 2024 GPs at the Deep End Bristol, face to face event - please save the date!\*\***

Our next GPs at the Deep End Bristol face to face event will be held on **7<sup>th</sup> June 2024, 9:00 - 13:30 at Wellspring Settlement to include lunch.**

We are delighted that this will be opened by Dr Jo Medhurst, CMO of the BNSSG ICB.

Please save the date and reserve your

ticket: <https://buytickets.at/centreforacademicprimarycareuniversityofbristol/1221816> or email us your expression of interest.

Tickets have previously been oversubscribed, so are offered on a first come first served basis.

We can reimburse three interested staff (who can be a GP, other interested healthcare professional or practice manager) for each invited practice.

Please share this information with your colleagues if you are unable to attend.

**Additional funding awarded**

We are very pleased to inform you that the network has been awarded additional funding from Bath, North Somerset and South Gloucester ICB and West of England CRN.

This will help support future opportunities and events.

**Social and Networking evening**

Clinicians and practice staff enjoyed a social and networking evening in March. This informal event was held at the Wellspring Settlement, a community venue in Barton Hill, following overwhelming positive feedback from previous face to face events. It gave everyone an opportunity to mingle with like minded clinical colleagues and enjoy a delicious meal provided by [Bristol Hospitality Network and Moveable Feast!](#)

**Health Inequality Fellowships**

We are excited to announce that 7 new Inequality Fellows have joined the Bristol Deep End Network. They are:

Bekki Stone - The Merrywood Practice

Paul Hanlon - Pioneer Medical Group

Amy Wells - Lawrence Hill Health Centre

Josh Nowak - Shirehampton Group Practice

Vicky Pitts - The Merrywood Practice

India Wheeler - Charlotte Keel Medical Practice  
Miriam Khan - Montpelier Health Centre

**Please find a link [here](#) to our website with details of past and current Health Inequalities Fellows.**

We look forward to updating you on their progress over the coming months.

Please view our new resources to help support greener practices: [Climate Action – GPs at the Deep End Bristol](#)

## **10<sup>th</sup> Helen Lester Memorial Lecture**

The 10<sup>th</sup> Helen Lester Memorial Lecture will be delivered by Caroline Mitchell, Professor of General Practice, Faculty of Medicine and Health Sciences, Keele University. This is a public lecture and all are welcome.

Professor Caroline Mitchell will share examples of research from UK primary care which charts a growing 'Deep End'-inspired research movement to tackle health and research inequities through disruption of traditional research hierarchies and methods. For more information and to reserve a ticket: [Join the guestlist – 10th Helen Lester Memorial Lecture – Wills Memorial Building, University of Bristol, Wed 3 Jul 2024 5:30 PM - 6:15 PM \(tickettailor.com\)](#)

## **Latest research opportunities**

### **TIGER trial - Trial of food allergy (IgE) tests for Eczema Relief**

What do you say if parents ask if their child should have an allergy test, to see if food is causing their eczema? The TIGER trial is recruiting children with eczema <2 years to answer this question. All participants get a good eczema care leaflet and those randomised into the intervention group are given dietary advice based on skin prick tests to cow's milk, hen's egg, wheat and soya. Eligibility checking, consent, randomisation and follow-up are all done by the research team. We just need you to give your families with eczema the opportunity to take part, and provide a room for us to meet with them.

***For more information please see RISP attached and email: [tiger-study@bristol.ac.uk](mailto:tiger-study@bristol.ac.uk). Visit: [TIGER – Trial of food allergy \(IgE\) tests for Eczema Relief \(bristol.ac.uk\)](#)***

### **Changing Futures: Improving mental health and wellbeing through trauma-informed support for people with multiple disadvantage**

The Applied Research Collaboration West has received funding from the National Institute for Health and Care Research Three Research Schools Mental Health Practice Evaluation Scheme to evaluate the work of Changing Futures. They will look at how Changing Futures can develop better support services for people who've experienced trauma and mental distress. They will:

Explore and compare how organisations can support people with multiple disadvantages through different trauma-informed approaches

Find out what gets in the way of providing trauma-informed care and develop strategies to overcome these issues

Involve practitioners, stakeholders and people with lived experience in their evaluation

See whether the changes that Changing Futures makes to services are effective

Share what they learn across different services and systems

They hope that the results will improve the recovery and wellbeing of people with multiple disadvantages by making services more trauma-informed. These services will focus on people, meet their needs and reduce health

inequalities. ***For more information please contact: Michelle Farr [m.farr@bristol.ac.uk](mailto:m.farr@bristol.ac.uk) and visit [Changing Futures: Improving mental health and wellbeing through trauma-informed support for people with multiple disadvantage](#)***

**Deprescribing in the context of limited life expectancy'**

The aim of the study is to explore patient, carer, GP and pharmacist views about using information on the benefits and harms of long-term medicines, to inform decisions about whether a patient with limited life expectancy should stop some or all their long-term medicines. Participating practices are being asked to search their records to identify potentially eligible patients and mailout invitation packs to a total of 40 patients. EMIS searches to identify potentially eligible patients and access to Docmail for invitation mailout will be provided. The project will also be inviting GPs and Clinical Pharmacists at participating sites to take part in an interview. GP and Clinical pharmacist interviews will be conducted May-June 2024. ***For more information please see OID attached and contact: [deborah.mccahon@bristol.ac.uk](mailto:deborah.mccahon@bristol.ac.uk)***

*With best wishes,*

*Beth & Shoba*