

Re: GPs at the Deep End, Bristol - research opportunities update

GPs at the Deep End Bristol Mailbox <deepend-gps-project@bristol.ac.uk>

Thu 21/12/2023 15:41

To:GPs at the Deep End Bristol Mailbox <deepend-gps-project@bristol.ac.uk>

Dear Deep End members,

This is the first of our monthly emails with updates on the latest research opportunities below:

- **Bristol Dementia Wellbeing Service - focus on GP surgeries**

The Dementia Wellbeing Service would like to support GP surgeries in becoming more dementia friendly.

They understand from listening to their service users that sometimes they encounter barriers when contacting their GP. They would like to encourage surgeries to become more accessible by ensuring their staff have some understanding of dementia, have adequate signage, use translators when needed and familiarise themselves with the specific needs of minority communities. By doing this they aim to improve the quality of care and support for people with dementia.

***If interested please contact Rehana Findlay (Bristol Dementia Wellbeing Service):
rehana.findlay@nhs.net***

- **Healthy minds/Healthy bodies**

This is phase 2 of a multi-phase study. Phase 1 investigated people's experiences of using Tier 2 WMS whilst experiencing mild-moderate mental health difficulties. This phase focuses on experiences of accessing weight management services in primary care, and experiences of NHS services where available. The overall aim of the study is to investigate how adults living with co-existing overweight / obesity and depression or similar mental health conditions access, engage with, and experience Tier 2 Weight Management Services (WMS).

For more information please see attached RISP or contact: Maria.Barnes@bristol.ac.uk for further details on how to get involved.

- **PACT**

PACT is a collaborative research network of enthusiastic primary care team members who want to participate in high impact projects and learn more about research. Established in 2019, PACT now has over 650 members across the United Kingdom and is continuing to grow.

For more information please visit: [What is PACT? — Primary care Academic Collaborative \(PACT\)](https://www.gppact.org) ([gppact.org](https://www.gppact.org)) or contact: gppact@gmail.com

- **GPs needed for a research study**

People who use drugs like heroin often only access healthcare as a 'last resort' and tend not to engage in preventative healthcare. They do however often attend pharmacies for opioid substitution therapy dispensing and needle exchange. The study will aim to understand the acceptability of, practicalities around and barriers to the introduction of a community pharmacy based health check for people who use drugs. This will help inform a future study. As part of this, Jenny Scott is keen to hear the views of General Practitioners, as current providers of NHS health checks.

***Wed 17 January 2:30-3:30pm online via MS Teams. Reimbursement for time £90 x 1 hour.
Interested volunteers can contact Jenny Scott: jenny.scott@bristol.ac.uk***

If you would like to find out about other active research projects please email the WE-ReACH team who support the delivery of research within primary care and non hospital settings: we.reach@nhr.ac.uk.

Finally, we hope you have a relaxing festive break and manage to get some down-time over the holidays.

Wishing you all the best for the coming new year.

Beth & Shoba