

LEADERSHIP PLACEMENTS

By Laura Mitchell and Andrej Balsainok

Starting your leadership journey:

- Everyone's idea of leadership is different as our approach to leadership comes from our values, personality and life experiences.
- It is key to understand yourself first.
- Start with personality and social styles tests. Reflect on these and talk the results through with your educator

What three words would you use to describe a good leader?

Andrej → teamwork, flexibility, independent learning
Laura → authenticity, inclusivity, creativity

SKILLS YOU WILL LEARN:

- Communication
- Networking
- Prioritisation
- Digital skills
- Reflection
- Data analysis
- Project management
- Understanding the NHS and its structure
- Knowing workforce and education issues
- Knowing the priorities of your local services
- Presenting
- Self-awareness
- Professionalism
- Evaluation
- Use of the PDSA cycle
- Action logging
- Organisation

...and so many more!

Our top tips:

1. Put on a podcast and go for a walk – this breaks up your screen time whilst still absorbing leadership info! (We listened to the Leadership Lounge – everyday leadership).
2. Make sure you switch off in the evening to have a break and make time for yourself.
3. Communicate! Talk to your peers and educators, don't be afraid to reach out. It may seem like you send a lot of emails but think how many conversations you have when you're in person.
4. Network as much as you can – with students on a similar placement and other professionals. You'll find everyone has a different approach, opinion and experience.
5. We hope you enjoy it and learn as much as we did!

FOLLOW US ON TWITTER:

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We're happy to answer any questions.