

# If you test positive for COVID-19 let us know.

## We'll look after you and our community.

### If you have symptoms

If you have a high temperature, a new continuous cough and/or a loss or change to your sense of smell or taste, follow these steps:

- 1 Self-isolate in your student home** - if you are out when your symptoms start, wear a face-covering, stay 2m away from others, avoid public transport if possible and head straight home.
- 2 Get tested** - refer yourself for a test at [www.gov.uk/get-coronavirus-test](http://www.gov.uk/get-coronavirus-test).
- 3 Call our helpdesk on 01273 642222** so we can find out where you have been on campus.
- 4 Tell your flatmates** - they will also need to self-isolate whilst you wait for your test result. If your result is positive, you and your flatmates will need to remain isolating in line with government guidelines. If you've been in close contact with anyone else you should let them know, so that they can take precautions too.
- 5 Tell the Residential Life team if you live in halls** - they can support you and your flatmates. You can email the team at [Resilife@brighton.ac.uk](mailto:Resilife@brighton.ac.uk).

### If your test is positive

Here's what to do:

- 1 Self-isolate for at least 10 days from when your symptoms started.** Anyone you live with must self-isolate for 14 days from when your symptoms started. You should self-isolate in your student home and not travel anywhere else.
- 2 Let us know through the My Brighton student web portal or app.** Doing this means we can make sure you're looked after and work with the local Health Protection Team to take care of the community. If you haven't already, also call our helpline on 01273 642222 so we can find out where you have been on campus.

