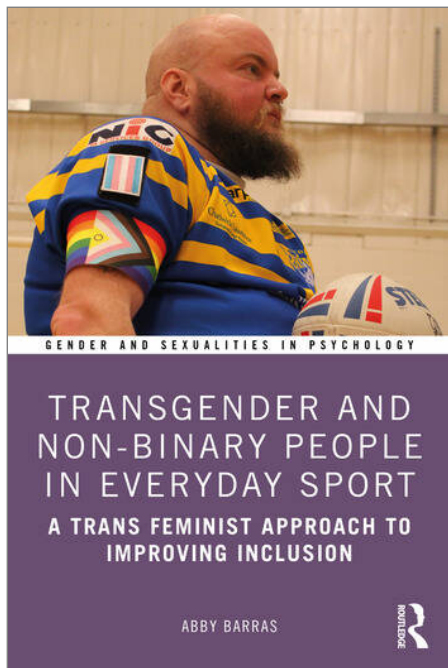


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Transgender and Non-Binary People in Everyday Sport

A Trans Feminist Approach to Improving Inclusion

Abby Barras

This formative work discusses transgender people's inclusion in everyday sport in the UK. It adopts a trans feminist approach to explore pivotal topics regarding the barriers to participation faced by transgender and non-binary people. The author uses a critical social science approach to explore the heteropatriarchal construction of sport in the modern industrialised west, and how this has formed the backdrop to the continuing discrimination towards many athletes, not just those who are transgender. This book is a crucial resource for researchers, academics, and students in the field of social science, sports organisations, policy makers activists and other related disciplines.

This is a highly insightful book that scrutinises the intricate interplay between gender and sport by exploring historical gender ideology and systemic barriers for trans and gender diverse people. With a trans-feminist lens, it amplifies the voices of a marginalised community, advocating for inclusive sporting environments. A compelling read for scholars and advocates alike, igniting conversations on equity in sports.

Dr Beth Jones (she/her), Senior Lecturer in Psychology at Nottingham Trent University

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Dr Sheree Bekker, Senior Lecturer at University of Bath

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