

Education for Peace through Sport Training Camp 2015

Results report

Tue 25th August 2015

Summary of the Education for Peace through Sport training camp

- Date: Friday 7th to Sun 10th August 2015
- Place: Seoul National University
- The host organization: Korean Sharing Movement, Department of Physical Education at SNU, SNU Peace Institute.
- Sponsor: Seoul Metropolitan City
- Participants: Primary school teachers, Undergraduate/Master students, Researchers, Peace activists (total 60 People)
- Groups of instructors:
 - (1) UK Coaches
 - Graham Spacey (Director of Football 4 Peace International)
 - Tim Cetinich (Football 4 Peace England Coach)
 - Laurence Curtis (Football 4 Peace England Coach)
 - Jessica Foster (Football 4 Peace England Coach)
 - Connie Lewin (Football 4 Peace England Coach)
 - Megan Nelson (Football 4 Peace England Coach)
 - Claire Rea (Football 4 Peace Northern-Ireland Coach)
 - Bronte Senior (Football 4 Peace England Coach)
 - Dominic Smith (Football 4 Peace England Coach)
 - Sammy Tinsley (Football 4 Peace England Coach)
 - (2) Korea coaches
 - Prof Na Young-Il (Department of Physical Education at SNU)
 - Prof Chan Soo Lee (SNU Peace Institute)
 - Prof Young Chul Jeong (Graduate school of education at Sogang University)
 - Reporter Bo Geun Kim (Head of Peace research centre at Hankyoreh Unification cultural foundation)
- Goals:
 - To introduce education for peace through sport to Korean coaches in order to be adopted in schools and community
 - To train top-level coaches in order to develop education for peace
- Output:

Awarding the Football 4 Peace Level 1 Coaching certificate to participants if they complete over 90% of the programme (except DMZ tour)

Background of Project

- In recent years, education for peace has begun gaining grounds in Korea. However, there is still a lack of lectures and exercises in terms of conflict resolution, reconciliation, and education for global citizenship. F4P was invited to Korea to share their good practice of delivering values-based coaching to promote ideas and knowledge about peace. The aim of F4P methodology is to encourage behavioural change among children by making them understand the value of peace through sports exercises.
- There is a wide range of education for peace through sport initiatives in the world, mainly located within the so-called sport for development and peace (SDP) sector. Football 4 Peace International (UK registered charity at the University of Brighton) is one such organisation, working with children and engaging them in diverse games and exercises designed to promote understanding of peace. F4P activities focus on five specific values (Inclusion, Responsibility, Equity, Respect and Trust).
- In order to teach children about peace through sport, the organisation needs qualified peace educators. With that in mind, F4P was invited to Korea by the Korean Sharing Movement to train local coaches who would then be able to deliver values-based coaching on their own. F4P carries out regular coach training camps in the UK,

involving primarily the University of Brighton students, but also some other students and coaches. The expected outcome of the project is the capability of Korean coaches to deliver values-based peace education and therefore expand education for peace in Korea and encourage them to share good practices with other international peace activities.

“Promote peace through football”: Football for Peace International

-Football for Peace International, F4P

- F4P started as a part of the World Sports Peace Project in 2001 through a partnership between the University of Brighton, Deutsche Sporthochschule and British Council to expand the perspective of peace and to prevent a conflict through football. The first project in 2001 aimed at bringing together Jewish and Arab communities in Israel.
- Currently, there are F4P programmes in England, Ireland, Northern Ireland, Israel, Jordan, Palestine, Gambia, Czech Republic, South Africa and South Korea. In particular, F4P began working with Korean Sharing Movement in 2013.
- Korean Sharing Movement signed written agreement with F4P to become certified as F4P Korea. University of Brighton is in charge of the secretariat.

-F4P aims are the following:

- 1) Developing values and active citizenship
- 2) Providing opportunities for social contact across community boundaries in the areas of regional conflict
- 3) Improving mutual understanding
- 4) Promoting peaceful coexistence
- 5) Developing football skills and technical knowledge.

-F4P promotes peace through its five core values:

- Equity and Inclusion: appreciation of one’s individuality and the value of others in a context of social diversity.
- Trust: Players that trust one another play well together. Learning to have faith in the capacities of others to carry out their roles and responsibilities dutifully and mutually, in ways that also contribute to the well-being of team-mates, is an essential ingredient of good sportsmanship.
- Respect: Respect, for oneself, respect for team mates and opponents, respect for coaches and parents, and respect for the laws of the game and those that administer them are essential features of F4P.
- Responsibility: With trust comes responsibility: understanding that individual behaviour in practice sessions and in games influences and has impact upon the performance and experience of others. Working with and for others are key aspects of F4P Projects. Success in sport, particularly team sport, relies upon mutual aid and self-sacrifice.

-F4P’s games and methods are based on above five values.

Programme

	7 th Aug			8 th Aug			9 th Aug	10 th Aug
	A	B	C	A	B	C		
08:30-09:00	Meeting/preparation (UK coaches and KSM) @301							

09:00-09:30	Registration -provide the F4P manual @301			On-Pitch Football Group A @ Main Stadium	On-Pitch Football Group B @ Main Stadium	On-Pitch Football Group C @Main Stadium	Welcome to Football Festival Ice Breaking (Group Work) @Gym	SNU to PAJU
09:30-10:00	Opening ceremony and F4P’s greeting and OT @301						Festival: On/Off-pitch (Group Work) @Gym	Imjin River Station
10:00-10:30	Korea and Education for peace (prof Lee) @301							
10:30-11:00								
11:00-11:30	F4P Philosophy / Objective / Value (Sammy, Claire and Laurence) @301			Off-Pitch Alternative Activities @ Main Stadium			Typhoon (Taepung) Observatory Platform	
11:30-12:00								
12:00-12:30	Lunch @ Dong-Won Restaurant			Lunch @ Dong-Won Restaurant				
12:30-13:00								
13:00-13:30	Set up group and Meeting @Gym			Sport and Education for Peace (Prof Na) @301	Football tournament: Goal score+Fair play point Taking a picture @Main Stadium	Enemy’s Grave		
13:30-14:00	Off-pitch Alternative Activities @Gym						Lunch @ Haemaruchon	
14:00-14:30								
14:30-15:00								
15:00-15:30	On-Pitch Football Group A @Gym	On-Pitch Football Group B @Gym	On-Pitch Football Group C @Gym	In charge of sport within conflict resolution (Graham and Claire) @301	Assessment on education for peace through Sport (Prof Chung) @301	Dorasan Sation (peaceway)		
15:30-16:00								
16:00-16:30	The role of F4P Coaches (Graham, Jessica) @301			Preparedness of coaching children and football festival (Group work) @gym	F4P Korea Completion Ceremony @301	Back to SNU		
16:30-17:00								
17:00-17:30								
17:30-18:00								
18:00-18:30	Social time (all the coaches and participants) @Mapo-restaurant			<Level 2 coach Mr Lee participate> F4P Leadership (Graham) @301			*DMZ Tour Guide Bo-Geun Kim Hankyoreh Unification cultural foundation	
18:30-19:00								
19:00-19:30								
19:30-20:00								

Lectures (please see appendix)

1 Peace in Korea

-Time and date: 10:00-11:00, Friday 7th August 2015

-Lecturer: Professor Chan-Soo Lee (SNU Peace Institute)

Major Contents:

- The synthesis of F4P programmes within Korea
- Concepts of peace and violence
- Unification movement in Korea
- Concepts of 'Football for peace' and 'Homo ludens (a study of the play element in culture)'
- The Future of Korea

2 F4P Philosophy/objective/Value

-Time and Date: 11:00-12:00 Friday 7th August 2015

-Lecturer: Graham Spacey, Laurence Curtis

Major contents:

- F4P Philosophy and Objective, shared values
- Philosophy: Sport can become a strong tool to change the world (if there are enough conditions met to do so)
- Objective: Create, strengthen and assist community networks and partnerships/Provide opportunities for social contact across community boundaries/ Promote mutual understanding and engender in participants a desire for and commitment to peaceful coexistence/
- Teaching F4P methodology in countries such as Israel, England, Northern Ireland, Korea, and Gambia.

3. Role of sport within conflict resolution

-time and date: 16:30-18:00 Friday 7th August 2015

-Lecturer: Graham Spacey, Claire Lea

Major contents:

- To explain the major function of sport in a troubled community
- Critical behaviour change and its approach method
- Jewish and Arab communities in Israel, how F4P programmes works in Israel.
- Importance of neutrality and non-political sport.
- Case study of Northern Ireland: announcement of Northern Ireland conflict, presented by Claire Rea who is a Northern Ireland coach.

4. The role of F4P coaches

-time and date: 09:00-13:00 Friday 8th August 2015

-Lecturer: Graham Spacey, Jessica Foster

Major contents:

- coaching manner and feature of programmes
- session structure and ability
- session structure: enjoyable & positive learning environment; clear focus on value(s); opportunity for teachable moments; full inclusion in activity.
- Role: to bring the values to life; to observe, identify, highlight and reflect good values and practice; to effectively use teachable moments, to maintain control and interest.
- Style of teaching: To explain different impacts by focusing on physical, cognitive, social and emotional aspects
- Explanation on teachable moments (Led by group discussion)

5. Sport and Peace

-time and date: 13:30-14:30 Sat 8th August 2015

-Lecturer: Prof Young-Il Na (Department of Physical education at SNU)

Major contents:

- the role of sport to promote peace
- Sport and War
- The role of sport in the Korean society
- Olympic and peace movement
- People's Coalition for Physical Education and Sport Peace Movement

6. Assessment on education for peace through sport.

-time and date: 15:00-16:30

-Lecturer: Prof Young Chul Jeong (Graduate school of education at Sogang University)

Major Contents:

- How to introduce the way of assessment with moving one's body: to lead a lecture naturally through two-way communication and questions.
- 'Where are you from': all the assessments start with self-reflection to understand our own position.
- Why X 5: introduce the way of assessment on concept or any matter with five times of questioning why. Then, the key point emerges.

Practical training

1. On pitch football

-Time and date: 15:00-16:30 Fri 7th August 2015 / 09:00-11:30 Sat 8th August 2015

-Lecturer: UK Coaches.

Major contents:

- Education for peace in practice with a ball and other equipment. Four sections of F4P session programme (warm-up, technical phase, game phase, cool down). How to introduce education for peace programmes in different communities and adapt them.
- End Zone Football
- Game rule: Play 4v4 games in a 50 x 40 yard area with 2 floating players who play for the opposing teams. Teams score a point by dribbling the ball into their opponents' end zone. Progression: change to a game with goals and finish with goals and goalkeepers.

2. Off-pitch







-Time and date: 11:30-15:00 Fri 7th August 2015 / 11:30-12:30 Sat 8th August 2015

-Lecturer: UK Coaches and Dan Gudgeon (Head coach at F4P Korea)

Major contents:

-Some games need to use some basic equipment, while others can be played without any tools and require only active participation in order to teach different values. Games can be played in the gym, on the pitch or outside and therefore need to be adapted accordingly and chosen so that they can be done safely.

-Six circuit game: build six teams and then they each play five matches in an hour.

Re ordering	Human Knot	Hoop Circle
		
Rocking Horse	Lift off	Radioactive Rods
		

Coaching Children and Football festival

1. Coaching Children

- Coaches were divided into three groups and each group was asked to come up with a training plan.

2. Coaching children

-Time and date: 10:00-12:00 Sun 9th August 2015

-Lecturer: Training Participants

* The UK coaches would give feedback on training to all the coaches.

-Major contents: A team of 3 coaches lead a four-part training session.

-Session 1: Warm-up and Off-pitch activities

-Session 2: On-pitch and leading the group exercises with specific instructions

-Session 3: On-pitch training (divide children into two groups)

-Session 4: Cool down: Group celebration and preparing the participants for the Football festival

3. Football festival

-Time and date: 13:00-15:00 Sun 10th August 2015

-Lecturer: Training participants

*All the training coaches are assigned their roles equally and coach their groups of children (there were six teams). After the game, they need to have a discussion time with participants and ask them how values and peace were reflected in the game. Additionally, their responsibilities ranged from being in charge of score and general festival assistance. The UK coaches give feedback on coaching session.

Major contents:

-There are two ways of counting the score: one is counting the actual score (goals), and the other is assigning the team with fair play points depending on how well the team brought the F4P values into play. The points are summed up and at the end of the festival; the team with the highest number of points is a winner.

-How the fair play points are given: After the end of each football match, each team has a group discussion to decide how many fair play points they would give to their opponents. Points are given on a scale from 1 to 5. When children decide how many fair play points they will give to the opponent, coaches need to ask for specific reasons in order to discuss various values more in-depth and see if children understand them. Moreover, children are asked to pick up the best example of player's behaviour according to the values.

DMZ Peace Tour

-Time and date: 08:00-17:30 Mon 10th August 2015

-Lecturer: Bo-Geun Kim (Head of Peace research centre at Hankyoreh Unification cultural foundation)



Major contents:

- To see the reality of the national division between North and South after education for peace first-hand.
- Enemy's grave (cemetery): Korean government takes care of the Chinese and North Korean deceased ones who died on the South Korean territory and manages the graves to console their spirit and bury them with dignity. While the Chinese bodies were repatriated to China in 2014, North Korean graves remain on the South Korean territory.
- Typhoon (Taepung) Observatory: This is the closest military observatory to the cease-fire line between the two Koreas. Opened in 1991 by the Korean Army's Typhoon Force, it lies on Suribong Peak (264m), the highest point of Surisan Mountain. It is just 800m away from the cease-fire line and 1.6km from a North Korean sentry post. In the aftermath of the Korean War, the military boundary line was initially set 2km to the south of the military demarcation line along the Imjingang River. But when North Korea relocated wired fences towards the current cease-fire line, South Korea also partially moved wired fences in 1978.
- Haemaruchon: this area is a restricted area for civilians, located near to DMZ. South Korean Government has rebuilt this area to protect the nature. There is a lot of lightning in summer. If we look at this area from the sky, it looks like the treble [G] clef.
- Dorasan Station: Dorasan Station sits just over the South Korean side of the border in one of the most dangerous and militarized regions on the planet. The Demilitarized Zone is separated into North and South Korean. The railway station (the most northern station in South Korea) is situated on the Gyeongui Line, which once connected North and South Korea and has now been restored.

Business evaluation

- Sport for peace education: The majority of participants evaluated education for peace through sport as a concept/tool that is very meaningful in current status of Korea due to the need to enhance education for peace in general. They expressed their belief that sport can become a useful equipment to change the way peace is taught in Korea since it attracts children in a fun and engaging way.
- Participants: there were various participants such as school teacher, peace educator, NGO activist, students and researchers.
- Weakness: the majority of participants pointed out that the training camp was too short as well as that the UK coaches put emphasis on same matters too much.
- Partnership: Korean Sharing Movement, Department of Physical Education at SNU and SNU Peace Institute formed a partnership to enhance and strengthen their focus on peace activities, PE and adoption of Education for peace through sport in practice.
- Considering it was the first time for F4P Korea to hosts a training camp, it went relatively well. The major concern was hot weather and therefore there's been a suggestion to move the next training camp to a different time.
- In order to expand education for peace through sport in Korea, F4P Korea plans to organise one training camp per year.

Appendix

	
<p><Korea and education for Peace> Prof Lee</p>	<p><F4P Philosophy/Aim/Value> Graham Spacey</p>



<F4P Philosophy/Aim/Value> Laurence Cruits



Set up group and meeting



<Off-pitch / Alternative activities>



<Off-pitch / Alternative activities>



<Off-pitch / Alternative activities>



<Off-pitch / Alternative activities>



<The role of F4P coaches> Jessica Foster



<On-pitch>



<On-pitch>



<On-pitch>



<On-pitch>



<Sport and Education for Peace> Prof Na



<The role of sport in conflict resolution> Claire Lea



One of the participants focused on the lecture



<Organising Festival> Tim Cetinich



<Coaching Practice>

	
<Coaching Practice>	Children
	
<Assessment> Prof Chung	Ceremony
	
The participants	<DMZ Tour> Reporter KIM

Appendix 2 Participant list

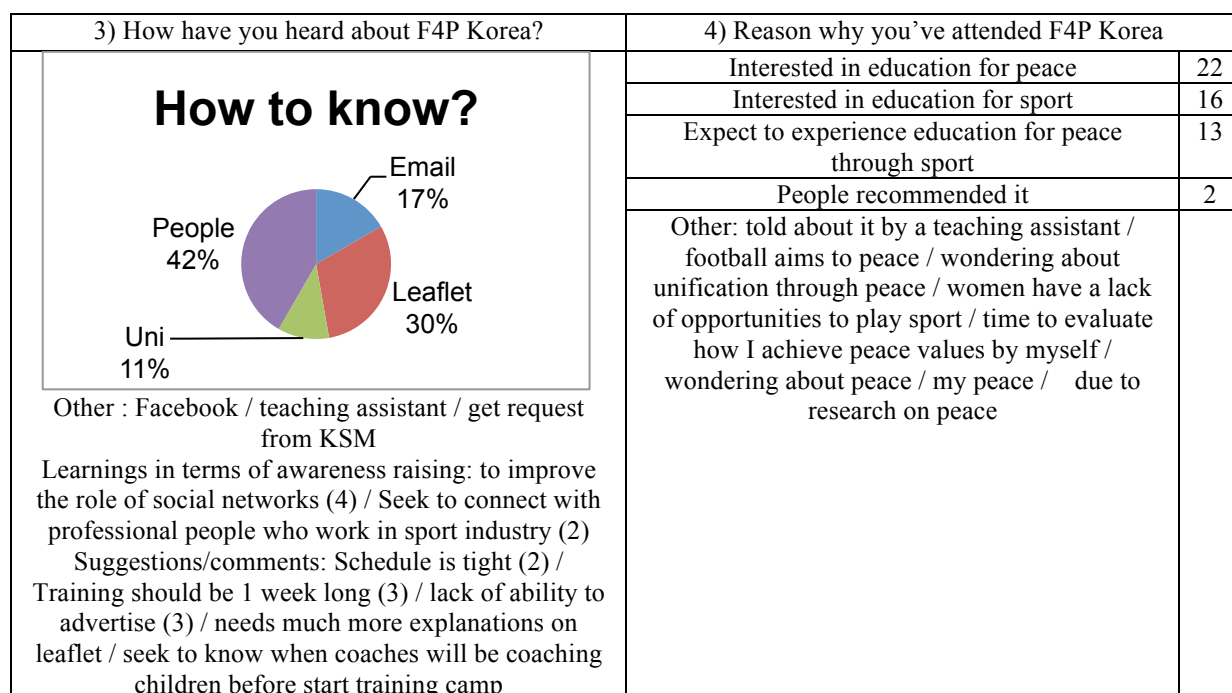
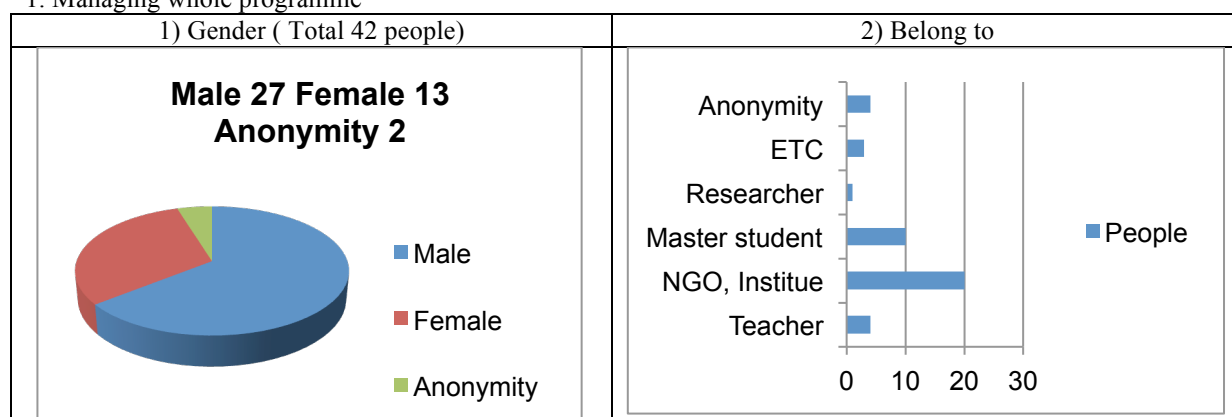
No	NAME	Occupation
1	Chae-Young Kang	Teacher at Songsan Middle school
2	Shin-Kyun Kang	General Manager at Seongnam YMCA
3	Wung-Jae Kong	OKEDONGMU Manager
4	Gyeoul Kim	KOICA
5	Kwon-Jung Kim	General manager at Pyeongtaek YMCA
6	Doo-Hyun Kim	Secretary General at Solidarity for Peace & Unification in Daegu
7	Bo-Geun Kim	Head of Peace research centre at Hankyoreh Unification cultural foundation
8	Seon-Bae Kim	National Health Insurance Service
9	Joo-Won Kim	UNESCO
10	Hyunk-Sook Kim	The Civil-Headquarters for Activation the South-North Economic Cooperation in Korea
11	Hee-Geon Kim	PE Student at SNU
12	Na-Eun Park	Daegu University/ Economic student
13	Beom-Seok Park	Seoul National University
14	Se-Hui Park	Student at Kyunghee University

15	Il-Soo Park	Coal Briquettes for Neighbors in Korea
16	Jeong-Suk Bae	Bucheon YMCA
17	Hyuck-Jun Son	Primary school teacher
18	Sang-Hoon Song	Taein U&D
19	Sa-Hwan Shin	YOUNG KOREAN ACADEMY
20	Kyu-Ho Sim	Progress on entering the University
21	Min-soo Yang	Nanzan University in Japan
22	Ju-Yeon Oh	University of North Korean Studies/ researching assistance
23	Sang-Jin Lee	Korea University/ Social Physical Education
24	Seng-Yup Lee	Zaona School
25	Eun-Hye Lee	Gangdong University/ Nursing
26	Jong-Hyun Lee	Medipeace
27	Joo-Bong Lee	KOREA YMCA
28	Jun-Ho Lee	Hankuk university of Foregin studies
29	Ji-Hye Lee	Unification education institute
30	Chang-Soo Lee	Alive Mini story Artist
31	Ho-Jin Lee	Parents volunteer organisation at Suwon
32	Perrier Jang	Restaurant manager
33	Hanwoori Jang	Coal Briquettes for Neighbors in Korea
34	Sang-Yung Jeon	Service for Peace
35	Ye-Jin Joo	Insoo Middle school teacher
36	Jeong-Suk Joo	Parents volunteer organisation at Suwon
37	Gil-Hyun Han	Korea University / Social Physical Education
38	Seung-Min Hyun	TOP SOCIAL MENTIONS
39	Myeong-Gym Hong	CITIZENS' COALITION FOR ECONOMIC JUSTICE KOREA REUNIFICATION SOCIETY
40	In-Pyo Hong	University student
41	Dae-Seock Chung	Master student at SNU
42	Hye-Jin Seo	Master student at SNU
43	Hye-Joo Kim	Master student at SNU
44	Myeong-Hui Seo	Korean Sharing Movement
45	Jong-Do Son	Korean Sharing Movement
46	Young-Jae Lee	Korean Sharing Movement
47	Geun-young Jang	Korean Sharing Movement
48	Ji-Heon Kang	Korean Sharing Movement
49	Yeh-jung Lee	Korean Sharing Movement
50	Doo-Ri Yang	Korean Sharing Movement

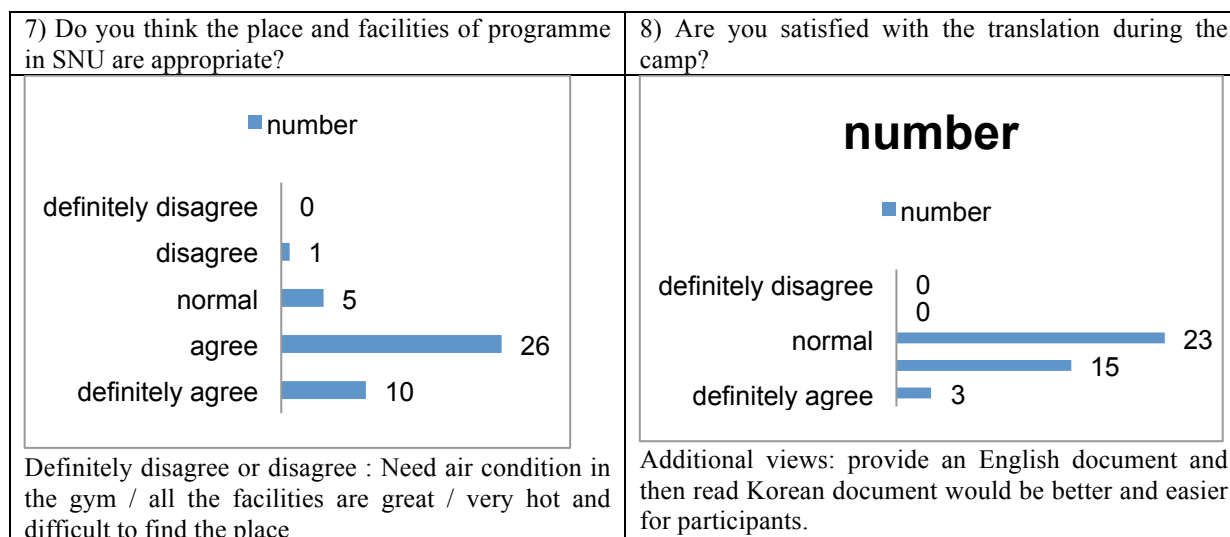
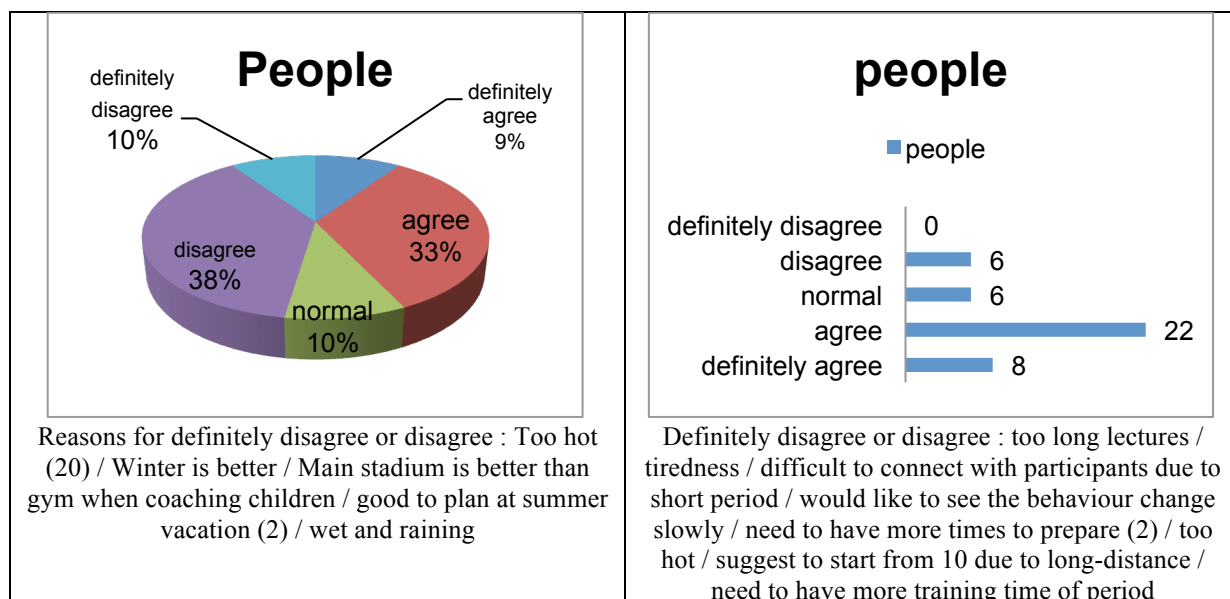
50 participants / 43 participants completed / Give a certification if participants complete 90 per cent of attendance.

Appendix 3

1. Managing whole programme



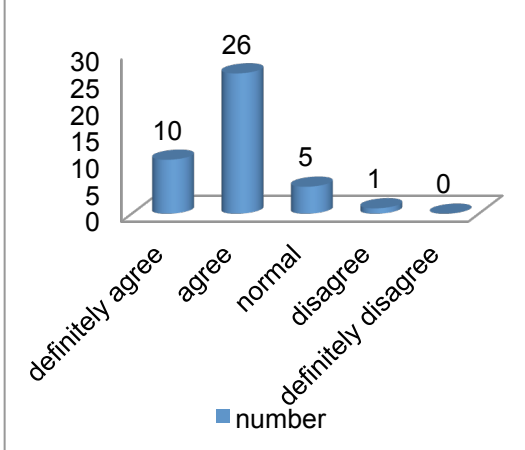
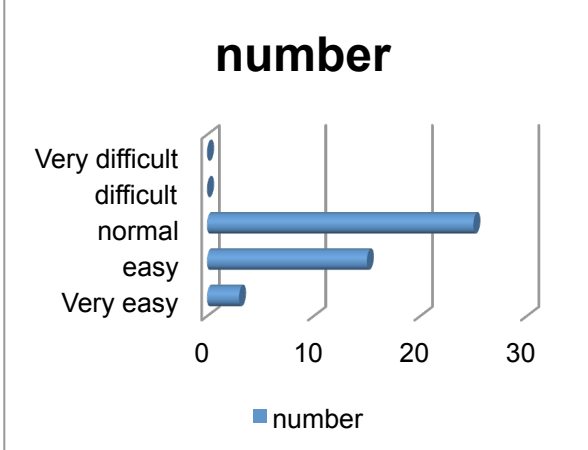
5) Do you think the schedule of the programme is appropriate?	6) Are you satisfied with the schedule of training camp?
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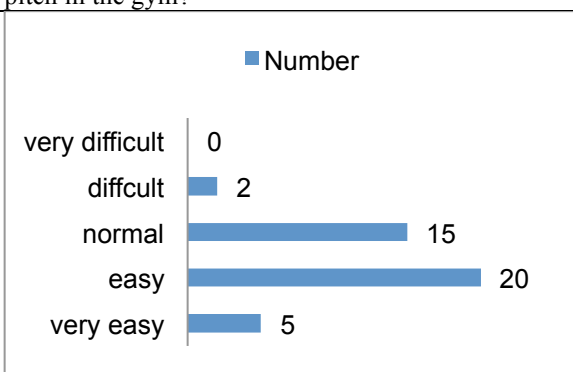


9) Can you suggest what else do we need to develop for future programmes?	
<p>It was difficult to focus on the programmes due to the mix of lectures and practice.</p> <p>Thanks to AMB for preparing emergency situation</p> <p>No rest time</p> <p>Want to know specific time schedule of warm up and end up</p> <p>Would like to communicate with UK coaches in order to know their thoughts more</p> <p>Need colder water!</p> <p>Thanks for providing a gym and cool place</p> <p>Need for more volunteers</p> <p>Would like to have more social time with the UK coaches</p> <p>Make more people aware about F4P Korea</p>	<p>Need for clearer translation of the UK Coaches, especially during assessment time.</p> <p>Need for a guidelines for assessment which should prepare the participants for training and assessment to know what's expected from them</p> <p>Need air condition and freezing water!</p> <p>Love Hi five game</p> <p>Nothing! Everything was perfect</p> <p>HOT HOT HOT!!!! I JUST WANNA PLAY FOOTBALL</p> <p>Need more delicious food</p> <p>Should be a public event in Korea</p> <p>The importance of teachable moment!</p> <p>Should make F4P module at the university</p>

A lack of preparedness before starting the programmes	Taking a picture at first/ should go to DMZ in the middle of training period I want to learn professional football Food please
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2. Contents of Programmes

10) Do you think the provided handbooks help you to understand the contents of lectures?	11) How is the level of difficulty of lectures in lecture room?
 <p>Definitely disagree or disagree: have low level of quality while having high level of training. Additional view: please share the PPT or PDF files in order to study about peace</p>	 <p>Specific views: it'd be good to learn all the contents before (share slides beforehand)</p>

12) How is the level of difficulty of On-pitch and Off-pitch in the gym?	13) Which one is more difficult for you to understand - lectures or activities in gym?								
 <p>Specific views: Difficult but good explanation</p>	<table border="1"> <tr> <td>Lecture room</td><td>7</td></tr> <tr> <td>Practice at gym</td><td>6</td></tr> <tr> <td>Nothing</td><td>29</td></tr> <tr> <td>Everything</td><td>0</td></tr> </table>	Lecture room	7	Practice at gym	6	Nothing	29	Everything	0
Lecture room	7								
Practice at gym	6								
Nothing	29								
Everything	0								

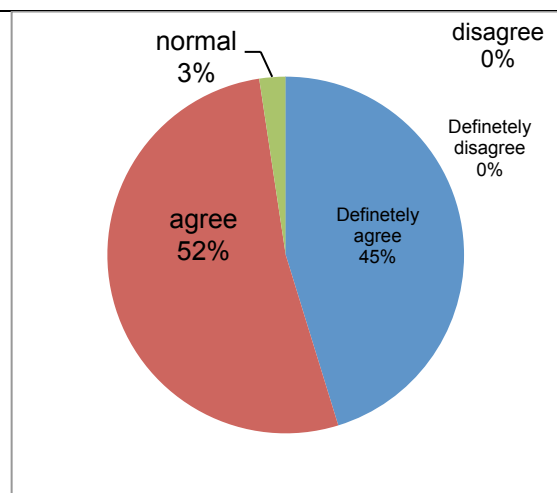
14) Can you suggest what else do we need to develop in relation to the programme?	
<p>Would prefer to increase the level of practice at gym After the practice, it is difficult to focus on lecture Need to organise the theory about the relationship between sport and peace. There is a need for more practice towards the assessment Would like to know more examples of adoption of F4P methodology in practice First day of education for peace was perfect but the</p>	<p>Want to know more about how I point out teachable moment. All the sessions should have more explanation in order to remember them. If there are souvenirs for training coaches, it would be perfect. Would like to get English handbooks. F4P lectures were perfect but we already knew the content of the rest of the lectures.</p>

second day was not that great.
 Would like to know more about F4P and how they use other sports such as Rugby.
 Would like to play football at children's festival.
 Need to have specific lines to improve the concentration.

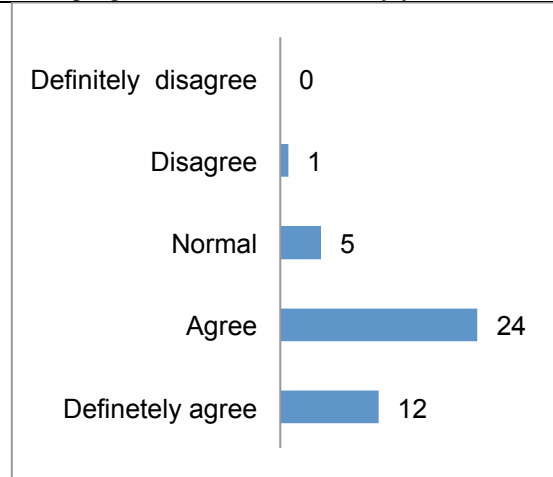
Need more time for On/Off-pitch rather than football festival
 More people need to attend the opening ceremony such as governmental representatives.
 Prefer to have longer training sessions.
 Would like to know more about the technical part.

3. Action Planning

15) Do you think F4P after school is a good peace education method?

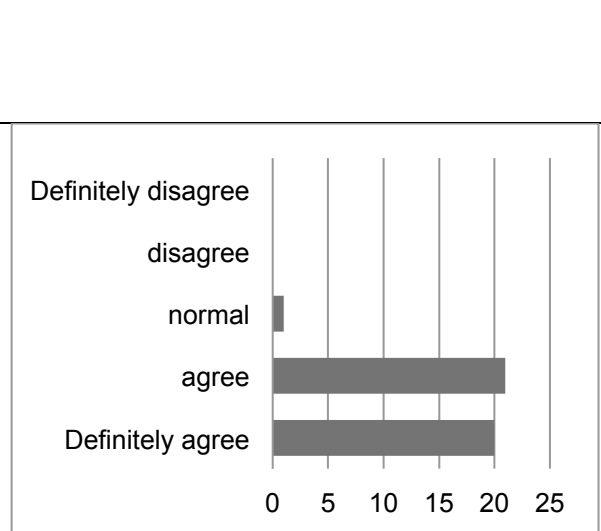


16) Would you be interested in joining us as a volunteer? Or would you be interested in adopting the same programme into other field by yourself?

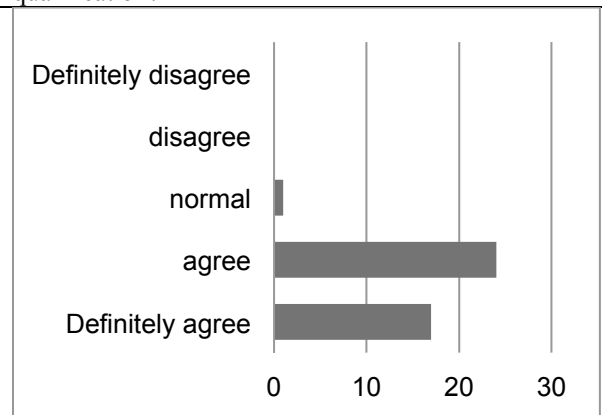


Definetely disagree or disagree: still not sure how to apply in practice.

17) Would you be interested in informing people about education for peace through sport?



18) The coaching qualification of Football 4 Peace International consists of three levels. If you complete this training, you will get Certified Level 1 Coaching qualification. Would you be interested in joining us on the training camp if there is chance to get the level 2 qualification?



4. General relying for programme

What was the most difficult aspect during the period?

How many star points would you be rating for the

(possible multiple choice)		overall programme?	
Unfamiliar contents of programmes	4	★	0
Dealing with children	6	★ ★	0
Communication with F4P coaches	11	★ ★ ★	2
A lack of physical strength	14	★ ★ ★ ★	22
Short time to learn and organise the programmes for children	17	★ ★ ★ ★ ★	18
A lack of ability to manage the camp	3		
Location of training camp	1		
Etc (weather and football)	4		

21) Any other comments	
<p>Thanks for giving us the opportunity to coach children</p> <p>Short period of F4P training camp (2)</p> <p>HOT! But well done guys</p> <p>Need to consider to give the level 1 qualification to all the participants</p> <p>Perfect!</p> <p>Invite more children to come to the festival</p> <p>Good time to communicate with various people</p> <p>Perfect</p> <p>Hot! It should be hosted in spring or autumn</p> <p>Need for sustainable participation of the first team of participants. Thanks to the UK Coaches</p> <p>Include more children who come from different backgrounds</p>	<p>Thanks to dedication from all the coaches</p> <p>Perfect</p> <p>Thanks to the UK Coaches</p> <p>Thanks for F4P International people</p> <p>Wish to expand F4P in Korea</p> <p>Meaningful time</p> <p>Please tell me if there is F4P Korea next year</p> <p>Everything is perfect.</p> <p>All the sessions were great</p> <p>Wish to have had more social time with coaches</p> <p>TEAM: Together Everyone Achieves More</p>