

Diabetes and Feet workbook

Your name:

Date:

Your instructor:

Introduction

Welcome to this short session all about Diabetes and the Feet. You will be working in pairs or groups.

Today we aim to explore the areas which may put the feet at risk in a person with Diabetes. By the end of today you will be able to:

- Explain how diabetes affects the feet
- Be able to risk classify provided patient cases to the correct risk classification.
- Recognise some of the difficulties in risk classifying cases

Task 1 - **What common complications are associated with Diabetes and the foot?**

Task 2 - **What assessment results are required to identify risk status of the foot?**

Task 3 Allocating the correct risk classification to the cases provided and where they need to be referred to.

Case 1: Risk Status
Refer to:.....

Case 2: Risk Status
Refer to:.....

Case 3: Risk Status
Refer to:.....

Case 4: Risk Status
Refer to:.....

Case 5: Risk Status
Refer to:.....