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# **ALTERNATIVE BRIGHTON**

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(all criticism and further contributions welcome)

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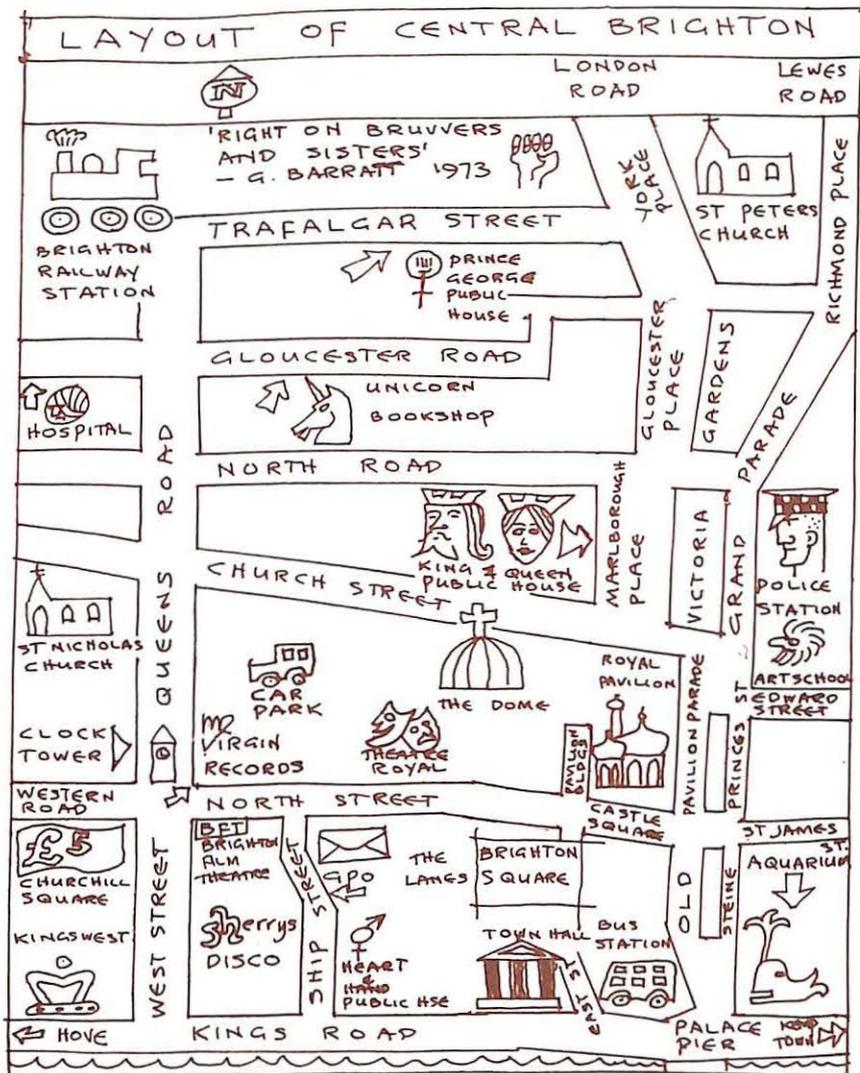
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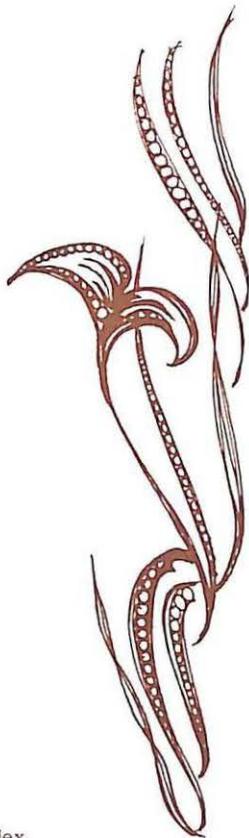


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## INTRODUCTION

Briefly, we've tried to compile a guide to living in Brighton free of the bourgeois tone and "straight" inhibitions that previous guides have suffered from. We haven't written about the convolutions and ramifications of the Marina Project (because it urgently needs a full-length study); We haven't covered the Brighton colleges because their own Union publications (e.g. the irregular but well meaning Brighton Student Guide at the University) provide information about campus life and affairs; nor have we included a history of Brighton and its better known antiquities, for these can be found elsewhere without difficulty. Other gaps are not deliberate. We couldn't find someone to contribute to the GAY chapter from a woman's point of view; and we didn't have space to include coverage of the alternative scene in Worthing, Lewes, Eastbourne and Seaford. We'd like to hear what you think of the book (and Brighton) so do write or come to see us.

June, 1973

F.C.J.& J.N.

nb. we have no advertisements on principle

## PARTICIPATION &amp; PLANNING

Vast changes to the physical structure of our towns are increasingly taking place. These changes have a far-reaching effect on society and yet are brought about by, and in the interests of, a small powerful and affluent minority. We indicate here the issues and consequences in Brighton, and the possible ways in which individuals and the community might organise to stop, change or redefine plans which will affect them.

**The Property Boom:** Land is a scarce resource and urban land with potential planning permission is even scarcer. Land in the Brighton area is thus worth a fortune. Because most of Brighton has been built on already, one way developers obtain land is to buy up housing, office accommodation etc, empty it, demolish and then rebuild at high densities going as high in the sky as the Council will allow. The town centre and seafront of Brighton are under heavy pressure for redevelopment. In our free enterprise economy the property developer is aided by favourable tax regulations, and a legal system which often works in his favour. The recent vast increases in house prices have been mirrored by even larger increases in commercial premises. The property developer is making a bomb.

**How property developers work:** Secrecy is the key to successful development. If other developers get to know what's afoot the prices will soar for a site, if the public get to know they could make troublesome objections. First select a site as near the town centre as possible, make sure that planning permission would be available, quietly buy up the site, bit by bit. Banks and mortgage firms will fall over themselves to give you the finance. Estate agents will be eager to help, you may even set up a couple to do the buying if there is any problem. When the site is assembled, which may take a few years, quietly empty it avoiding troublesome publicity. Cash payments and offers of alternative accommodation will usually do the trick. Demolish and go ahead with new buildings. If you have any trouble getting planning permission do a deal with the council. Give them something, say land for road widening or amenity space or offer to include a library or health clinic, anything which makes the council think it's getting something for nothing and they will readily grant planning permission. In any case if you look hard enough you'll probably find a couple of councillors who are doing something similar on the side themselves.

**Gentrification:** In Brighton as in other towns with houses of architectural merit, it is not just the big boys who are doing the speculating. On a smaller scale, but far more difficult to document or prevent is the process known as 'gentrification'. Especially popular in Brighton, with its fine Georgian, Regency & Victorian housing, this involves the renovation of each house by its owner or sometimes a small company, converting the building into flats or doing it up as a 'desirable residence with all mod cons'. Such houses are often in bad repair and can be bought up quite cheaply, the owners doing them up whilst living there and then moving and collecting a vast price. By this process the low paid and underprivileged are moved out to the suburban areas and council estates often becoming homeless in the process. The affluent commuter moves in. Whilst this is very attractive to the prospective house owner, it does erode the stock of low cost

## PARTICIPATION &amp; PLANNING

privately rented accommodation available to just that section of the population who are poor and relatively powerless and who have least chance of owning their own home. Areas designated as General Improvement Areas, Conservation Areas, etc, aid gentrification, both by the local authority 'tarting up' the area with benches, trees, etc, and by the safety from redevelopment it confers.

**The position of the local authority:** Brighton Council appears to welcome both property speculation and gentrification. They welcome the increased rates, the business, the employment, the prestige and the general affluence which is generated. They are less concerned with the young, the dispossessed, the old, the less fortunate sections of society. Words like 'community', 'environment', 'quality of life' are just words used by the political parties but they have little or no commitment to them in terms of action when it comes to fighting the great god 'money'. A local authority is supposedly run democratically by a council of elected members. In reality, the big boys of the ruling party and the chief officers pull the strings and every one else dances around to keep up the charade.

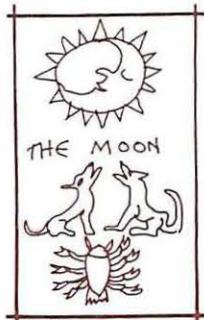
**The elected member:** Often he has a genuine political belief and sense of social responsibility, but it is of course a prestigious position and good for the ego. Although not paid, for a substantial minority at the head of the ruling party election means great influence and power and the ability to further their own and their classes'

interests. Always remember that all politicians want to be liked and they want to be re-elected. The minority party always make vast promises to gain popularity and power, don't necessarily expect their promises to be carried out. Press your councillor on every occasion - public meetings, by letter, etc., make him represent your interests. If you expose the flannel and weaknesses in his arguments in public he may make concessions. Public pressure is the weapon, use it well. Don't be put off by the "We must keep the rates down" attitude or by the use of so-called facts and figures.

**The council officer/planner:** the local authority officials make their career in day to day activity, running the authority and advising the council on how to make decisions. Some of those at the top of the tree tend to have



certain moral values and assumptions which run over into their work and which are often completely out of touch with the public interest. Handling a prestigious modern scheme helps an official's career, worrying about the preservation of the atmosphere of the particular area or the plight of a homeless family doesn't.



Senior officials are very influential, they draw up the plans, they work out the options upon which the council makes its decisions. They are the experts, the councilors the amateurs; if the experts say that your home has to come down it is difficult to prove otherwise.

Types of participation: the foregoing sets out the "system". Those who wish to participate in planning have two courses open to them. 1) to gain concessions from the existing system; 2) to make fundamental changes which involve changing or defeating the system. Many would feel the former to be pretty useless, but it should not be despised. Many things can be wrung from the council or from a developer which benefit the community without changing the system, e.g. playspaces, pedestrian crossings, landscaping, reducing the height of buildings. Such participation is often relatively successful, because it can mobilise the support of the young

vocal middle-classes whose arguments and finances are a considerable help. The second course of action involves a more committed and abrasive community group, which will, by and large, be seeking changes which involve some degree of redistribution not only of wealth but of power. Arguments as to whether one should be revolutionary, reformist, using only the alternative society, etc, are important, but there is not time to resolve them whilst influencing physical planning - use whatever means seem appropriate to achieve your aim - plans for urban motorways and office blocks don't wait. Remember force is the ultimate resource but it is best held as a mystery and in the background while other cards are played. Use a demonstration, alternative plans, consultations with the developers and/or council, use the legal system, use publicity and the media. As a voluntary community group your power is limited - use every means you can think of. Achieve your objective. A clear conscience about ideology or methods does not help people who have been made homeless.

Problems facing a community group; A reliance on voluntary help means people giving up their time and money. Obviously personality conflicts and ego trips will arise. The group lacks funds, premises, resources, information, in short, power - that has to be built up and maintained. So whatever you do avoid misuse of funds as it can ruin everything. Work out a policy towards the media; one person monopolising it can really upset others and grassroots support. Don't be amateurish and inefficient, you will be working with professionals in some capacity, and also an organised campaign makes life easier. Fight shy of hierarchies and bureaucracy they are great time wasters. But, accounts, minutes of meetings and a chairman are essential.

Ways of setting up (a few ideas, but don't be limited by them):

Trust and charity status are useful for long campaigns needing lots of money. Any campaign handling either the interests of many or large sums of money should draw up some form of articles of association/constitution or whatever, it is only fair to let people know what they are supporting and the way it will carry on its campaign. For those who feel that there is an issue that needs fighting:

- 1) define your area, your constituency. 2) publicise and hold a public meeting. Have a chairman but let him be elected. 3) define by general discussion your aims and the way you will fight. 4) set up some sort of working party, committee, etc., to carry out the aims. Usually best to have a relatively small workforce of those having time and/or skill to offer; don't have those who like serving on committees or those who wish to waste time picking over politics or points of order. 5) ensure that the general public and those at the meeting have adequate access to and control over their working party - they won't like being talked to, and asked to vote people into power to do what they like until the next meeting. 6) work on your organisation structure, your premises, access to phone, typewriter, stationery, etc. Fix a sound financial programme for the group. Debts or muddled finances may wreck a long term campaign. 7) never scorn skills and services offered - free photocopying, say, makes all the difference. 8) always be prepared to change your organisation if your supporters in general aren't happy with it.

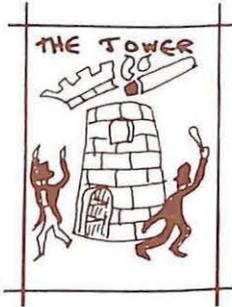
Campaign tactics: every campaign will suggest its own tactics, here are a few 1) the media - you will gain stature in the public's eyes if you have access to publicity, which confers a sort of abstract authority in the public's view of the group. When sending out news, do it in the form of press releases. Make it readable and punchy especially the first few lines. Send to all relevant media, but don't swamp them every day otherwise when the real crunch comes they won't listen to you. 2) Never neglect your grass roots - they are your constituents and also a source of ideas and energy. Use public meetings, newsheets, personal visits, entertainment, anything. Don't let your base support just drift away. 3) When you can use the law do so - it may be in preventing the demolition of an historic building by getting it 'listed' (i.e. have a preservation order put on it.) Or by using legal technicalities to slow things down. Put in your own planning application for the site, it doesn't matter if you don't own it, this slows the process down and allows your group to state formally what they would like to see happen to the site. Developers will never hesitate to use the law to get their scheme through, so if you can use it to stop them great! 4) Attack your enemy - be it company or council. Point out their anti-social aims and goals, show what the real disbenefits of the scheme would be. Attack them for secrecy, for misleading the public. If you put them on the defensive at the very least they will make concessions. If you don't have moral scruples look into the activities of individuals on the council or in companies, if there is dirt, expose it. They would never hesitate to do so to you and will always label you as 'misguided conservationists', hippies, cranky, communist or whatever phrase they can think of. Companies House in London is a mine of information on limited companies, while all councillors must declare their interests kept in a book at the local town hall.

Reference books will be useful for interesting information. (For help here try contacting the local group of Librarians for Social Change at 67 Vere Road.) 5) Alternatives, in the form of detailed arguments or plans are always useful, showing a group can be positive as well as negative, as well as showing the opposite side of the picture to the public. Show the real benefits and disbenefits of particular options. Be warned, alternative plans can drain resources and you can never hope to match the other side in terms of back-up info, etc. Use any or all of these or any more that come up, but don't be fooled, participation in planning under the existing scheme of things can only win limited victories, it may stop a plan, but it won't stop property speculation, motorway building or any other monolithic part of the existing economic system.

At present (June 1973), British Rail and the Peachey Property Corporation Ltd, are seeking to demolish the existing Brighton Station and to develop 25 acres of British Rail land to include luxury flats, a conference centre and a hotel and multi-storey car park. They do not seem at all keen on public discussion of the future of this vast site which has great implications for Brighton Town Centre. The 'golden acres' scheme seems to be going ahead: a dubious scheme for luxury flats which has already involved the payment of over a million pounds into Brighton Corporation bank account. The process of gentrification proceeds apace, while a rising student population, declining guest house accommodation and numerous old people living alone in large houses do not help the housing situation. The Brighton Urban Structure Plan moves slowly forward proposing such goodies as a northern bypass of motorway standards across the downs. The fight to get the old spa in Queens Park turned into a nursery school rather than a casino continues. Political promises about better nursery schools, housing, you name it, continue to be broken or shelved with usual public apathy. In short, life goes on in Brighton much as any planner or developer would like to see it.

Bibliography: After the Planners by Robert Goodman, (Penguin); The Recurrent Crisis of London: C.I.S. Anti-Report on Property Developers (try Unicorn); People & Planning by Herbert Gans (Penguin); Death & Life of Great American Cities by Jane Jacobs (Penguin) 1968 Skeffington Report on Public Participation & Planning (HMSO, try Ref. Library); Community Action magazine (try Unicorn).

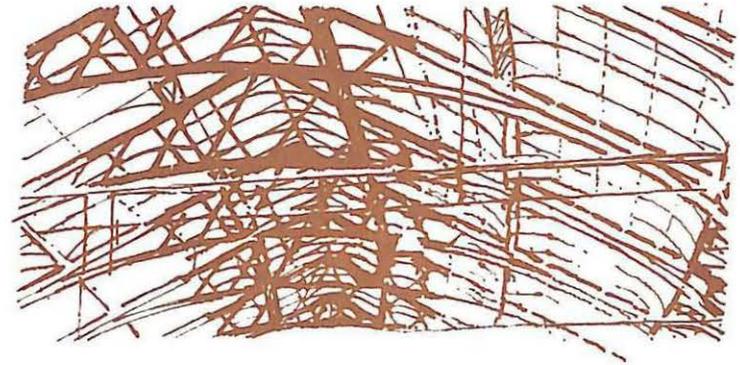
Useful addresses: Brighton Urban Structure Plan Team, 7 Middle Street; Borough Surveyor, Engineer & Planning Officer, 30 King Street; Brighton Society and the Preston Society, 10 Clermont Road; Brighton Environmental Committee, 45 Centurion Road (tel: 23017); Free Streets Association, 81 Hanover Terrace (tel: 681133); Save Brighton Station Group, 46 Park Crescent (tel: 67035); Brighton Furnished Tenants Association, 6 Crescent Road; Brighton Marina Watch



Committee, 10 Brading Rd; The Spa Campaign, 62 Bentham Rd; Community Action Workshop, 57 Toronto Terrace (tel: 682855) Andrew Bowden M.P. 11 Bristol Mansions, 19 Sussex Square; Rt. Hon. Julian Amery M.P. 112 Eaton Square, London S.W.1. Save Piccadilly Campaign, 9 Rupert Street, London W.1. for press lists and general info. All Change Transport Action Link, ICA, 12 Carlton House Terrace, London, S.W.1; R.I.B.A. 32 Portland Place, London W.1; Companies House, 55 City Road, London E.C.2; Dept of the Environment, Marsham Street, London S.W.1.

#### THE DISAPPEARING BEAUTIES OF BRIGHTON

One of the joys of Brighton is that it is a town in which it is a pleasure to walk about (but for how much longer?), a town with unexpected corners, alley-ways, streets, tiny roads, crescents, sudden squares, pubs & views of the sea. "The change from the dust and heat of the road to the cool and shady colonnades of the station-house was most refreshing; & the aspect of the whole terminus - the light wide-spreading sheds which receive the trains, the spacious colonnades around the station-house, & the numerous offices within this beautiful structure - was the general theme of admiration" (from the "Brighton Herald" on the day of opening, 21st May, 1841.)



From this historic gateway, now threatened with demolition by British Rail, start

your walk to admire some of the lesser known beauties of Brighton, not those covered by the conventional guide-books (Pavilion, Lanes, sea-front, etc.) but gems of architecture in less fashionable parts of a town that is still rich and diverse in character but threatened by the planners with transformation into a featureless desert. And it isn't just the look of Brighton which is in danger, a serious consequence of redevelopment is the effect upon the town's social fabric when much of what gives central Brighton its life and character is under threat of destruction. The tragedy is that we are beginning to accept large-scale redevelopment as a kind of manic answer to any problem, with the result that Brighton is a town beginning to lose pride in itself. Whole areas are being allowed to run down e.g. North Road, the Carlton Hill area, parts of Kemp Town, witness the acres of car-parks and derelict land in central Brighton. Unless monstrosities like Churchill Square and the new Edward Street are to be the shape of things to come something needs to be done to save Brighton - quickly.

But to return to our start, BRIGHTON STATION. It's still essentially that opened in 1841 and designed by David Mocatta, the architect to the original London & Brighton Co. (unfortunately little survives of his lesser stations on the Brighton line, although the fine viaducts here and on the Lewes branch are partly his work.) Turn into Terminus Road and follow the curve of the strange stepped glass station roof, one of the best of the arcade aisled type in the country. Look up across at the decorative tiles of Frank Harris's butcher's shop, signed and dated Carter's of Poole 1926; at TERMINUS STREET and RAILWAY STREET, bow-fronted cottages sloping up the hill; at the elegant Victorian brick bow-fronted houses in TERMINUS ROAD, nos. 12 onwards and especially nos. 20 - 23.

Walk up to the Belle Vue Tavern, it is possible to walk from here to Queen's Square using almost solely narrow passages, just as once it was possible to walk from Pool Valley to West Street avoiding wide roads.

Turn along Clifton Street Passage, cross Guildford Road and into GUILDFORD STREET, pretty brick cottages, a good example of the best in early Victorian house design, especially nos. 20, 26, 29, 36, 45 & 46. Turn left into CAMDEN TERRACE, only no. 9 with its old front-door, windows and original garden wall, has survived in its original state, the rest have been tarted up out of all recognition, all their natural charm gone.

Past the "Battle of Trafalgar" pub in Guildford Road, and into SURREY STREET, quite different in character from Guildford Street, but just as charming; cream stucco flat bowed cottages, dolls-house size; the "Railway Bell" (a pretty tiled sign above the front-door) and the "Evening Star" dolls-house sized pubs.

Walk into NORTH GARDENS - a patchwork of houses stitched closely together, almost every one different, interesting in itself, and yet together making such a satisfactory whole. Architects might well take note of North Gardens; modern houses on an estate, detached or terraced, never seem to make an interesting group as these do. There is something else unique to North Gardens, the size of the front cottage gardens. A jewel on the right "Regency Cottage", a terrace of dolls-houses with shallow bow fronts ("It is a place you fit into like a glove" as Ian Nairn has said of

Margate) no. 13, unexpectedly 3 storeys high, no. 8, the epitome of a cottage with brick garden path and one tree, no. 7a, the former "Rose & Crown", no. 7 a square white dolls-house, "Rose Mount", the most beautiful house in North Gdns., square of glowing red bricks, the old slate roof a collection of purples. Until the First W.W. the east side of North Gdns. (now threatened by redevelopment in Queen's Rd) was a busy row of shops, and just a few remain ("The Store Cupboard", nos. 48 and 49, good old shop fronts with well-proportioned windows above).

Turn down NORTH RD. into the downtown area of Brighton. In the 2nd half of the 19th Century it might well have been known as the street of foundries (Foundry St. is a reminder) and pubs (there were ten). It is one of the last narrow intimate streets of small shops; there were once many more, Edward St. Carlton Hill, London & Western Rds. before they were widened.

On your right at the top of North Rd is the PRESBYTERIAN CHURCH and burial ground - a delightful tree-filled quiet open space in the centre of the town. It is worth walking up to the 4th level of the multi-storey car-park to look at the view across to Brighton Station, the race course and the sea. Look at the small dormer windows of nos. 35-7, so typical of Brighton's shopping streets (there are also examples in GEORGE ST). Glance at the pretty red brick Regency cottages in GARDNER ST. at the Victorian houses in TICHBORNE ST, don't miss the bollard at the entrance to KENSINGTON GDNS, or the painted lettering round the bay of no. 19, "North Road Post Office", or the moulded lettering at no. 12, "Wholesale... Merchants". Look carefully at the beautifully-proportioned Victorian houses in NORTH PLACE, and at the interior of North Rd. Baths - due to be demolished as part of the Church St/Jubilee St. development, but why cannot they be incorporated?

On arriving at the bottom of North Rd. notice the charming row of Georgian houses in MARLBOROUGH PLACE, many such as these were demolished to make way for the monster "Telephone House". Between this and Cheltenham Place look above the shop-front of "Redhill Motorcycles" and you will see half-exposed the ornamented entrance to the foyer of the old "Coronation Cinema".

Turn into CHELTENHAM PLACE: pretty flat-fronted cottages at nos. 4, 7, 8, 12 and 14; no. 40 was Ashby & Co's malhousers; and then into GLOUCESTER RD: at the corner where the road turns sharply left is a derelict site where cottages were demolished in 1935 and yet the site remains unused to this day. Car-parks on derelict land are the open sores of this area; now that the Wilson Plan has been rejected and some form of traffic restraint in the way of parking restrictions

is to be introduced, is it not time to put these sites to better use? The government has just announced plans to build on 2,000 acres of the Green Belt. Would it not be better to build first on the many available acres of derelict land before desecrating the Green Belt?

Walk into ROBERT ST and you will find one of the most beautiful groups of Regency cottages in Brighton, which should be preserved as a group.

Turn into KENSINGTON GDNS, look above the shops on both sides to the beautiful little shop-fronts. For many years at the beginning of the last century it was the only built-up road north of North Rd. a Regency road pointing out into open country. How many of us appreciate the lack of traffic here!

Cross North Rd and walk up JUBILEE ST: notice the decorated frieze above "King, Thorne & Stace" and the charming mews filled with painted carts. A girl is "mucking out" a horse in one of the stables, the steamy smell of manure fills the air. How unexpected to find a stable in central Brighton - a stone's throw from the former Prince's Stables. The right-hand corner of Jubilee St & Church St is bare, nothing remains of the charming buildings which made up this corner

group (including the Old School, a fine example of Regency Gothic, a listed building demolished for road-widening which may not now take place). Opposite the entrance to the Corn Exchange in CHURCH ST stands a group of buildings (Attree & Kent the funeral directors, a pub "The Black Horse", two shops, another pub "The Waggon & Horses") - though not one is in itself a great work of architecture as a group they make up a fascinating whole. This group, with the houses in North Place and the North Rd Swimming Baths, should be incorporated into the new development proposed for this site, the new buildings could be stitched between them on this most important position just across the road from the Brighton Royal



Pavilion. Cross Grand Parade to St. James's St, turn left into Dorset Gdns, an interesting area of secluded green on your left, well-proportioned houses on your right. Cross EDWARD ST, now wide and windswept, once half this width, intimate, with interesting shop-fronts most human in scale, for many years the notorious demarcation line between the respectability of the sea-front and the CARLTON HILL area of closely-packed houses and alleyways dating from the early 19th century. This Montmartre of Brighton has been defaced more

completely than any other area in the town. Some streets (like Apollo Terrace, Ivory Place, or Carlton Row where Milner flats now stand) were undoubtedly grim and stark, but others such as Nelson St (replaced by Kingswood flats) were charming pebble-fronted town houses, which would have been treasured today. Modern facilities like prefabricated kitchens and bathrooms have recently been added to the backs of the houses on Albion Hill with no damage to environment or community: if these improvements had been available a few years ago perhaps much more of the Carlton Hill area could have been saved. Living conditions here might have been grim, but that is no criticism of the design of the houses. Absentee landlords allowed this area to fall into appalling decay; but similar houses in other parts of Brighton have been renovated and are now much sought after.

Policemen never walked in the Carlton Hill area alone. Planners hoped that by demolishing the so-called slum houses the social problems might also be removed. In fact the social problems were moved with the inhabitants to Whitehawk and Carlton Hill became a concrete desert. Destruction of the former street-pattern has wiped out both the history and the scale of Carlton Hill: it is sad that so many charming streets, alleyways, cottages, catcreeps, chapels, shops (and it was mainly the shops which gave the area its character) have gone. Just a few buildings remain to give an inkling of its face - MIGHELL ST, scene of a recent "squat", soon to be demolished (don't miss the Georgian farmhouse), the TARNER HOUSE in Tilbury Place, the old ST JOHN'S SCHOOL. Southover St., though wider, retains something of the spirit of small-scale domestic architecture so typical of Carlton Hill and its surroundings. It was a treeless urban area (as is Hanover) which has only been made to look ridiculous by the addition of small saplings in raised beds - a failure to recognise the true character of this village within an urban area and a mis-spending of General Improvement Area Grants which would have been better spent repairing and painting the exterior of the houses (or perhaps, in an area with no open spaces, blown on one glorious project: strengthening the roof of the reservoir at the top of Islingword Rd to create a park).

The present tragic reality of Carlton Hill is the revolting concrete Police Station, harsh red brick, high rise flats in Richmond Hill (which have probably failed to provide more units of accommodation than the low rise, high density dwellings which they replaced), car-parks and derelict land. Just one good modern building replaces much of the charm that has been swept away - CARLTON HILL INFANT SCHOOL, built on the site of Richmond Hill, an interesting roof-line and it also has scale, one of the rarest qualities in modern architecture.

Recent talk of conservation and public participation in Brighton has so far been little more than a farce. Unless those who care about the town are prepared to be much more efficient in finding out about what's going on, and then getting their voices heard, we shall certainly lose much of what still makes Brighton worth living in.

The accommodation situation in Brighton & Hove is really bad. Although there are large numbers of rented flats, it's rare to find one reasonably priced due to the activities of property speculators. During the university and college terms flats are let to groups of students at £10-15 per week (for 3-4 people) and then to holiday makers in the summer-again highly priced, which makes the situation for low-income families and others extremely difficult. There is a fairly quick turn-over in the furnished bed-sit variety, as tenants have virtually no rights (save security of tenure of a few months from the Rent Tribunals) and these can be found. For a single room £5-6 is average. As for unfurnished flats, these are like gold dust and just about as expensive, approx. £10 for a couple of rooms. As in most towns, the number of available flats is far too few for those who need them, so the landlords can afford to be choosy, and there aren't many landlords who will choose families with children, unmarried mothers, freaks, etc, when there's a "quiet, middle-aged, respectable couple or business person" applying. The furniture in most accommodation is of a low standard but don't forget you can supplement this by buying old furniture cheaply (see p 20).

How to find a flat, bed-sit, etc; 1) the best way is by personal recommendation through friends, however until you've been in Btn awhile this will be unlikely, so 2) the ARGUS carries a vacancies column but these are very soon filled after it comes out (about 11.30am). Anyway landlords who advertise generally keep a close eye on their accommodation and will only take 'respectable' people. Onto 3) doing the rounds of the estate agents and accommodation agencies (the latter cannot by law charge you a fee, so beware of dubious practices)- see Yellow Pages for addresses. A better way is 4) to look at the college and university notice boards-usually there are places going and quite often it is possible to move in after a very short time. When you go to see a landlord your appearance is crucial. He/she will gauge how you will treat the flat or house by whether you are clean and tidy. Long haired men will be discriminated against,



because it is untidy and uncombed. Levis are better left at home, and it has been noticed that for girls mini-skirts can be a tremendous help.

When you go to inspect a place remember to check:

- 1) that the rent is inclusive of rates, etc.
- 2) that you have power points in each room. Note that slot meters are more expensive than meters read quarterly. Paraffin heaters, though the cheapest form of heating, are often prohibited in the fire insurance. Try and find out if the hot water tanks have thermostats that work (it's going to be expensive otherwise).
- 3) whether you share facilities (eg toilet, bathroom, kitchen etc.) with others.
- 4) restrictions on visitors, loud music, parties, etc. Avoid contracts where possible, if you do sign one, read the small print carefully. A simple rent book is easier.
- 5) that blankets, cutlery, etc. are supplied.
- 6) that the flat is in reasonable condition (eg check for damp patches, rotten floor boards)
- 7) that you have no nosey neighbours. Some landlords ask a neighbour 'to keep an eye on the place'. Remember that a landlord whom you never see except when you want to is ideal. Landlords who live around the corner can be a bit annoying (although the editors get on fine with theirs) but they're better than absentee landlords for when pipes burst, etc.
- 8) check whether the rent has been registered by the Tribunal (see Rent Officer below). Landlords can be friendly, and it is best to keep on their good side; however if you fall foul of an unfriendly/unreasonable one, you will need to know what few legal rights you have as a tenant. Organisations such as the RENT TRIBUNAL should be used, although if you're in furnished accommodation the landlord will probably give you notice to quit. Phone THE LINE (p41) or BIT by BIT (p42) if you need advice/help urgently. Otherwise the BRIGHTON FURNISHED TENANTS ASSOCIATION will help you. They run advice centres at Off-the-Record (p42) on Wed and Fri evenings and at the Young Adults Centre (by the Clock Tower) on Sat mornings. The RENT OFFICER SERVICE is on the 1st floor, 22-23 Prince Albert St.

Squatting - although there are many council owned houses awaiting re-development or just lying idle, there are very few squats in Brighton as the Council is really heavy with squatters. There are many books available on your rights as a

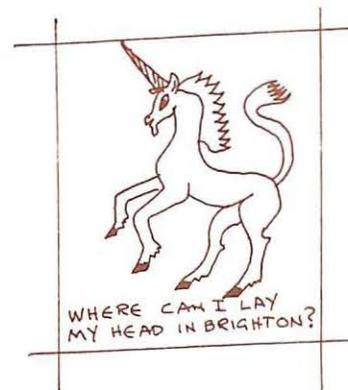


squatter, make sure they're up to date as the law has been changed recently.

Weekenders - many trendy people use Btn as a base, keeping a house for week-end use here but spending the week in London. When others are homeless this is a waste of resources - weekenders should either live here or piss off.

Dossers: many young (and not so young) people come to Btn in the summer months; and there is also a resident population of mainly older men who are in the town all year without somewhere to live. The Council at last seems to be opening its eyes to their needs, and hopefully the present inadequate accommodation (partic. the common lodging houses) will be expanded and improved in the coming years. BRIGHTON HOSTEL (105 Islington Rd) tries to help as many dossers as it can, though its resources are limited.

Crash-pads - if you have nowhere to go, go to OPEN, 8 Victoria Rd (tel:27878).



## SECONDHAND FURNITURE

'One unbelievably huge wardrobe, only £20. Ah yes, sir, definitely a fiver off if you shift the bugger yourself!'

Finding furniture for the flat is by no means difficult if you know where to look. New furniture is often poor in quality and high in price. By buying secondhand you can get good well-made items very cheaply, but a few things to watch for:

woodworm: check the legs and under-sides especially for small dark holes.

dry rot: similar, esp. the unvarnished sides (eg. underneath of tables). nb. for both woodworm and dry rot, avoid whitewashed or indeed any painted furniture - the chances are the paint will cover a multitude of sins.

fleas: any upholstery on chairs and bedding etc; difficult to spot, so check the surface of the fabric very carefully for specks of dirt that

jump ... (Boots' Household Insect Powder is recommended if you think you've got fleas already).

One way to avoid woodworm and dry rot is to buy steel shelving for your book shelves (its quite cheap: £4-8). If you aren't too keen on dull green or grey buy some paint! Likewise don't forget that a filing cabinet (wood or steel) serves perfectly well as a chest of drawers (about the same price too: £4-10). If you live in a flat several floors up, esp. if there are narrow stairs, don't forget to look for legs which unscrew, mirrors that detach, etc. Finally if you need a table for writing, etc. try finding some govt. surplus stock - they often have large padded tops with screw-on legs (£5-8). The best places to find second-hand furniture are the numerous antique/house clearing type shops, especially:



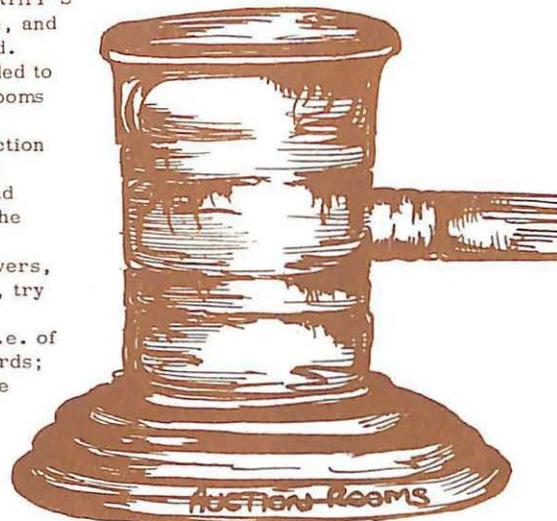
**KENSINGTON MARKET** - several shops, well worth a regular weekly visit. Roads up from **PRESTON CIRCUS** (Ditchling Rise, Clyde Rd, etc.) have a number of shops. There are numerous junk shops, on or just off, **ST. JAMES ST.** The **BLUE SHOP** (Prestonville Rd. nr. Seven Dials) is good for wardrobes, etc. **BURTENSHAW'S** (37 North Rd) good for govt. surplus tables and filing cabinets.

**SHEPCOTE RUBBISH DUMP** (by Race Course, off Wilson Ave), scavengers' paradise, but be sure to ask the bloke on the gate first.

In **KEMP TOWN**, try **McCARTHY'S** warehouse in College Place, and there's a shop in Bristol Rd. which has been recommended to us. Also try the auction rooms in Bond St. (**MEADS**, tel. 67191/2) which have an auction every Thurs. (with viewing every Wed). Be careful and don't get carried away in the bidding. Good for beds, mattresses, chests of drawers, etc. If you have transport, try the auction at **HEATHFIELD MARKET** (about 20 miles n.e. of Btn) on Tues., 11 am onwards; unsold furniture can, we're told, be taken away free a few days later.

When buying any second-hand furniture remember the price is flexible, so haggle (esp in smaller shops) and make sure whether transport is included. Most shops will arrange transport for about 50p. (for small items a taxi may be cheaper). **GOOD HUNTING!**

If you prefer to build your own furniture, all shapes and sizes of wood can be obtained from **WOODCRAFTS** (23 North Rd) and opposite, **GUNN'S D.I.Y.**



(84-88) North Rd). Or buy unvarnished furniture from BRIGHTON WHITEWOOD CENTRE (91-93 North Rd). Latex foam for cushions, seats, etc. from STOCKMAN'S (17 North Rd) or from PETER BENSON (10 Bond St) who also do plastics, vinyl, etc. and are recommended. For secondhand electrical goods (fridges, cookers, fires, etc.) SEYMOUR (ELECTRONICS) (Prestonville Rd. nr Seven Dials) and HOME ELECTRONICS (26 Bristol. Rd. Kemp Town) and also some of the smaller junk shops (see above under furniture). For unusual lighting equipment, assuming you have the cash, look in PLEYDELL'S LANTERNS (St. George's Rd, Kemp Town). HABITAT (Churchill Sq.) are far too expensive, but do reduce the items they've used for displays.

### NO HOUSEHOLD SHOULD BE WITHOUT ONE.

**CLARKE'S**  
NEWLY DESIGNED  
"PYRAMID"  
NURSERY LAMP FOOD WARMER.  
With New Registered Pannikin.

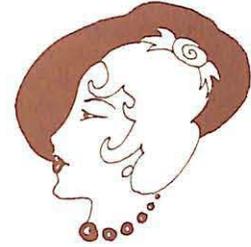


**CLARKE'S**  
ADJUSTABLE BED-TRAY  
(Protected by Two Patents),  
With Book Rest, &c.,  
For use with  
CLARKE'S "PYRAMID"  
NURSERY LAMP FOOD WARMER.



For Reading, Clarke's Double Wick  
"Fairy" Lights are best. They will  
burn in the "Pyramid" Lamp.

Man Ray, the Surrealist photographer, admitted in a recent interview that "this is the century in which things have already happened twice". Indeed, he suggested that the image of the arts, like that of fashion, is one wandering about constantly, on the same social body, like lice in search of a place to live: a place that isn't being scratched. Unfortunately fashion finds itself in a similar predicament: the frock, the "Oxford Bags" and the "zoot suit" have all found themselves several times in an "armpit" or in a "crotch" which they had already visited. Brighton offers its own solution: you may be not only what you eat but what you wear (see next section CROSS DRESSING). The appropriate record is entitled "Loosen Up". The time has come for individuality and the aesthetic is "fun". As Colley Cibber (1671-1757) knew, one might as well be out of the world as to be out of fashion. The three ranks in the fashion hierarchy are the "sheep" and the "leaders" (both of them playing the game) and the "real shepherds" who even when they hardly try cannot help but be fashionable. We are left with a curious paradox: fashions are ephemeral, but fashion is enduring.



Mass-production techniques almost necessitate vulgarisation. Brighton has an abundance of shops for "Mr. & Mrs. Average". Those who are wary of display and who wish to preserve their inconspicuous appearance might look at any of these: TOGS, MATES, PLUS ONE, TASTE, etc. for men; CHEZ MONIQUE, TOPAZ, RENEE SHAW, SOLITAIRE, etc. for women; or any of the chain stores like C & A, RICHARD SHOPS, PETER ROBINSON, ETAM, DOROTHY PERKINS, MARKS & SPENCER etc.

However, within a 5-minute walk of the central nucleus of Churchill Sq can be found a great variety of basic items, underwear, sale bargains and so on. The military minded should try the several Army Surplus stores (or BRIGHTON BARGAIN STORES in St. George's Rd). There are many "seconds" of famous brand names in knitwear and other articles, plus friendly faces behind the counter. The customer with the "fuller figure" could try the SLACK SHACK (George St, Hove end Brighton Sq.). VOKIN'S and HANNINGTON'S in North St. both offer similar attractions, incl. utility goods like buttons, stockings (tights

to us kiddies), materials and dress making patterns. There are opportunities for the more fetishistically minded too. NORMA'S (Trafalgar St) have an unusual selection of lingerie (would you believe green, orange and purple satin bras among other theatrical extravaganzas?). PETER ROSE (Little Preston St) will seduce you with their "naughty nineties undies". But what about the "trendies"? and those fashion ideas consumed voraciously from the pages of "Honey" and "19"? Don't panic folks, Brighton looks after both its male and female groovers. On the male scene, SQUIRE'S (40 Western Road) maintains a good standard in men's gear: well-cut trousers, neatly designed shirts and shetlands (for these last see also SHETLAND VILLAGE and CITY CLUB, both in Western Rd, Hove, if you can stand the sales staff). For stylish suits, jackets and good velvet gear try MICHAEL BARRIE (163 Western Rd), more expensive but worth it. Two popular guys' shops are BUMBLE & BUMBLE (13 Duke St) good selection of their own cut trousers in velvets, denims and checks, and the GOG SHOP (Western Rd), always the best around in belts, scarves and bag trousers, as well as Brighton's most beautiful sales staff (!). SERGEANT PEPPER'S (11 Western Rd, Hove) has medium-priced suits and terrific value trousers. Opposite, if you're feeling "denim", there's the Jean Shop, known to its friends as ROCK BOTTOM. For a smart piece of tailoring try GORDON'S (30 Trafalgar St), the theme is "73 - Slim & Flaired" (for the not-so-straighties AUSTIN REED in Churchill Sq). MILLIONS OF SHIRTS at 31 Duke St prides itself on having the best shirts and the widest range in B'ton.

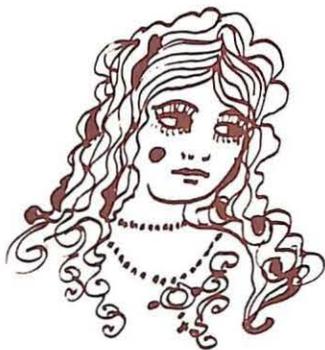
Ladies - plenty for the fashion-conscious to discover. Apart from SNOB (66 Western Rd) there's many an original design to be seen in MAGG'S BOUTIQUE (126 Western Rd, Hove) higher prices but better designs, from Ossie Clarke to Jean Varon, it's worth a peep if you're loaded. Snob's reasonable stock encompasses well-known names (Jeff Banks, Coopers, Early Bird, Caring etc) but be vigilant for broken zips! CHELSEA GIRL (186 Western Rd) is still one of the better of the "play safe" cheap shops, with zappy T-shirts, tights and blouses. For well-cut Unisex trousers look in at the PANT HOUSE (Waterloo St) or JIGSAW (16 Duke St) where under the name "Inega" Messrs. Webster & Robinson have provided a great variety of denim designs (halter neck button-through shirts, dungarees, bag jeans and battle jackets). Around the spiral staircase is a feast of trendy things around the five pound mark, and they give a 10% student discount. In the winter, their velvets & Afghan coats are pretty good. BUS STOP, opposite, not open at time of writing, will have Lee Bender dresses and suits in many subtle colours.

No fashion scene would be complete without MISS SELFRIDGE (Churchill Sq).

Their stock is wide in range and large, but hardly for the imaginative "individual" dresser! Best bet is a sandwich downstairs in the "Bistro" or a quick hairdo by Michael in "Hair Works" (but one can't beat Alan at SALON 22, East St, for a really good hairdo, 10% student discount, Brighton's most attractive salon and hairdresser). It is pleasant to be able to escape from the mass-production world of Miss Selfridge to the more intimate atmospheres of the second-hand clothes shops. MARY'S (St. George's Rd) is full of items of indeterminately bizarre vintage, be warned however, it is dangerous to get into conversation with the charming lady herself unless you have all day to spare! CHARADE (61 St. James's St) Brighton's first indoor market, is the most popular, with some glimpses of Garbo, Claudette Colbert, Bette Davis, Coco Chanel, etc. among all the extravagant paraphernalia of those unique days of display and self-expression. Everything is "frou frou & femininity"! For under £2: dresses with low waistlines, suits with fitted jackets & cowl necklines. For a little more: the most daring evening dresses, with skirts swirling at the back & drapes cascading from the shoulders. Why not vamp it up in true Mae West style? The various stalls owned by Lucinda, Lena, Ella, Liz, Sally & John show a variety of goodies ranging from Chinoiserie to buttons, crepe printed blouses, leather bags & old pictures. Lovely scarves for 75p. For those who like their "oldies" smelling of newness, invention and imagination, take a look around "Articles". Michael & Gayle Reeve have adapted their old fabrics to modern design, with tremendous results: quilted tops, reminiscent of Botticelli & the Renaissance, butterfly wrap-around blouses, Arab design dresses & old necklaces galore. For around the four pound mark everyone has the chance to preserve their individuality (with the prices for old clothes soaring in London, Charade offers a notable opportunity). Remember also to visit the old clothes stalls in the Saturday market in Upper Gardner St. It is pleasing to be able to round off with the FROCK SHOP (Middle St). Simon & Dinah Nicholson, both collectors of the "Deco" period (don't forget their superb shop in



Duke St) have done much to put Brighton on the leading fashion circuit. Tapestry coats, shirts with ruching, swagger jackets and patchwork tiered dresses all tempt the customer who believes that personality is more important than common "chic". Nicholson's designs have indeed gone against the current in order to arrive at something intensely individual, his fabrics range from sumptuous appliqué to paisley and polka dot extravaganza - you can take on the image of a flamenco dancer or coffee bar pedal-pusher for example. Dresses at about 9 pounds, suits (with provocative circular flounces) eleven. Have a browse around their £3 old clothes rail too. Brighton isn't poor in possibilities for those who care about what they wear. Finally, a note from someone in Gay Lib:



#### CROSS-DRESSING

or,

Boy, I like your purple toenails!

Cross-dressing is of many kinds, including the traditional drag act, drag as used by comedians, gay drag, true transvestition (the object being to pass as a member of the opposite sex) and radical drag, the creation of Gay Lib and the Radical Effeminists. But in the Age of Unisex, the Age of Bowie, cross-dressing is assuming new forms... For example, partial crossing, the emboldened manifestation of a new and largely

bi-sexual consciousness. Reality is polymorphous, sexuality androgynous: boys with painted nails, lightning make-up, glitter, bracelets, blouses. Cross-dressing is psychological dressing. It's fun. You are the clothes you wear. It is liberation too, a flouting of the First Commandment: Boy, don't play with your sister's eyeliner! It's telling parents that you reject the illusion they cherish, that you're creating your own reality, an unending succession of new self-images (and they are all you).

#### Hints for boys:

Dresses - best, cheapest and cheekiest are to be had at jumble sales.

Make-up- (not recommended for M.C.P's\*) stationery glitter, fix with eye-lash glue; nail-varnish and eyeliner, Milner's from BOOTS; eyeshadow, Boots no.7 and 17. Bell-sleeve teeshirts from "Rag Freak" of SQUIRE'S (40 Western Rd). Wigs - from BUCK (Gents' hairdressers, Preston St.) Boots - paint old pair silver, gold or colour and gold etc. flecked.

\*Male chauvinist pigs



Alternative Food - we think that this is (a) good cheap grub (b) organic/whole/macrobiotic/mystic food (which we'll call "whole foods"), though the most alternative food is the stuff you cook yourself. The "dirty kitchens in Brighton restaurants" scandal early this year underlines that you know little about what is going inside you when you eat out, so our restaurant list is short and excludes cafes. Try cooking for yourself, it's easier than you think! Some books: Innes, The Pauper's Cookbook (Penguin 40p); Horley, Good food on a budget (Penguin 75p); Falk, The beginner's cookery book (Penguin 40p); Whitehorn, Cooking in a bedsitter (Penguin 30p); Kordel, Cook right - live longer (Sphere 50p) practical guide to whole foods and cookbooks; Jones, The grub bag (Vintage 90p) whole food cookbook; Brown, The Tassajara Bread book (Shambala £1) mystic cooking for the Whole Man; Abehsera, Zen Macrobiotic Cooking (Aubyn £1.50); Rossi & Biber, The Everyday Macrobiotic Cookery Book (Tandem 25p); Survival Scrapbook 2: Food (Unicorn £1.25) no recipes but lots of info. and useful bibliography. Several bookshops stock these.

Buying Food - INFINITY FOODS (25 North Rd.) is the alt. food centre of Brighton, stocking grains, beans, and things hard or impossible to obtain elsewhere, also delicious home-made peanut butter and a limited supply of organically-grown vegetables. Not one of those shops cashing in on the lucrative health-food boom, it's run communally with a standard 25% profit on all foods to cover overheads and living expenses, prices kept down by bulk-buying, etc. There is a national co-operative THE NATURAL FOODS UNION attempting to reduce prices, improve quality and wean farmers to organic cultivation methods. Infinity hope to expand (e.g. start a bakery) but need - and deserve - larger premises, more money and support.

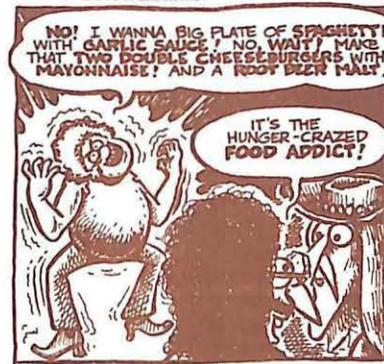
Food Cooperatives - good way to cut food costs. A B'ton coop founded 1970 grew too quickly and collapsed, offshoots still survive but most are of optimum size and don't need new members. There's an active UNIVERSITY CO-OP staffed by student volunteers selling standard non-perishable food (cheap brands), some dairy products, bacon, etc. and contraceptives, in York house on campus, 12.30 - 1.30 p.m. and 6-7 p.m., 1-2 Sun (correct May 73). Why not start your own food co-op? 15-20 people is a good number. Buy fresh veg. in bulk from BRIGHTON MUNICIPAL MARKET (Circus St); go early, say 7 a.m., try to find a reliable merchant you can deal with regularly. If you've a car, look out for sacks of potatoes, apples etc. offered in season by local farmers. You will need a card to trade at the local CASH AND CARRY-type wholesale warehouses (addresses in Yellow Pages) because by the rules of the Grocers' Fed. these firms may deal only with organisations catering for large numbers (clubs, canteens, hotels, etc).

When you apply try to appear as official as poss. (headed notepaper if you write) and don't give up if initially refused a card. Once you're in, shop selectively for what you need and watch their prices since sometimes supermarkets may be cheaper

Growing Food - for yourself or a co-op, why not? For allotment plots at about £1 a year rent write to the PARKS DEPARTMENT (Moulsecoomb Place, Lewes Rd), if they're not used they tend to be built on by the Corporation! And there's cheap food in the sea off the end of the pier, esp, in summer when mackerel can be caught easily and in large quantities.

Consumer groups - look after the interests of the food-buying public within the regular food distribution system. BRIGHTON HOVE & DISTRICT CONSUMER GROUP meet at 8 p.m. 3rd Wed. of each month at Brighton Social Service Centre (17 Ditchling Rise) if interested attend or ring 62818. the EVENING ARGUS has a weekly column with info. on local food prices, bargains, V.A.T. advice & complaints, etc. There is also a weekly Consumer Guide of limited interest in the GAZETTE.

Shopping - the two main food-shopping areas in B'ton are St. James's St and Sydney St. also George St in Hove. Prices vary, it pays to shop around. Food shopping can be done all at once at the OPEN MARKET (by Ditchling Rd. opp. the Level; closed Mon p.m. and Wed). Among fishmongers we recommend FRED GUNN (102 St. James's St) often sold out by p.m., closed Mon; WATTS (93 St. James's St) and JOHN ROLF (34 Sydney St) closed Wed & Sat p.m. Fruit & Veg.: REED (top of St. James's St), cheap & friendly, bargains if buying in bulk or a regular; WARD (98 St. James's St); avoid RUCKMAN'S MARKET in St. James's St; and there is a good fruit/veg. shop in Sydney St. Meat: MATTHEWS (101 St. James's St); H.J. SAVERY (106 St. James's St) pork butchers & cooked meats, superb pork pies & sausage rolls; BAKERS (7 Sydney St) gd for kidneys, liver & bacon, meat auctions from 4 p.m. Sat; FRANK SHARE (15 Sydney St) cheap joints of beef & lamb (but watch the



quality) gd offal, sometimes oxtail; SUSSEX FARM (42 Lewes Rd) good quality meat, cheap; JOHN BULLOCK (Kiosk, Churchill Sq) specialists in game, try their venison. Brighton's more noteworthy supermarkets are SAINSBURY (Churchill Sq, London Rd & St. James's St), cheap, gd quality but limited range; WAITROSE (131 Western Rd) large, recommended, free carrier bags, car park at rear, open to 8 on Fr; MARKS & SPENCER (Western Rd & London Rd) high quality, more expensive, limited range; TESCO (large new one in Churchill Sq, also London Rd, Gardner St, Dyke Rd, St. James's St, Blatchington Rd, Hove) cheap but not outstanding quality; FINE FARE (London Rd) large, wide range, frequent free samples.

Delicatessens: COUNTRY STYLE (18 Ship St) fresh herbs, imported foods; J.G. EDLIN (8 Duke St) sandwiches & other good things; ASIAN FOOD CENTRE (Waterloo St) Indo/Pak foodstuffs; WEBB'S STORE (22 St. George's Rd) a wide range but expensive; HENRI (2 Sydney St) bratwurst & gd sausage rolls; KOSHER DELICATESSEN (8 Hove Manor, Hove St); BUTCHART & FAGAN (34 Prestonville Rd, by 7 Dials); also deli counters at WAITROSE (Western Rd) best, FINE FARE (London Rd) & TESCO (Churchill Sq) & see under "Late Opening" below.

Bakers: TURNHILL'S BAKERY & PATISSERIE (66 St. George's Rd) best in Kemp Town, sells out early on Sat; URBACH'S (Waterloo St) bakery at 47, Jewish specialities, baked on the premises, fresh bread at 8 am, patisserie at 43, highly recommended; bread is also baked on the premises at the STEAM BAKERY (2 Trafalgar St), COLEMAN'S CONTINENTAL PATISSERIE (129 Queen's Rd) & HOMEBAKE (7 Beaconsfield Rd); gd bread and cakes at ZETLAND (32 East St & 62 Western Rd, Hove) & branches of FORFARS. Whole food shops: other than INFINITY (see remarks above), HEALTHWAY (branches in St. George's Rd, North St, New England Rd, Western & Church Rds, Hove) gd bread, the previous day's leftovers sold cheap; HOLLAND & BARRETT (12 Churchill Sq); MULBERRY (Regent Arcade); expensive; HERB & HEALTH (113 Dyke Rd & 106 Trafalgar St), etc.

Miscellaneous: BOLTON EGG SHOP (17 Gardner St) sells only eggs, damaged ones at reduced prices; COFFEE MILL (18 Gardner St) coffee roasting on premises, many different coffees and teas, highly recommended; IMPORTERS (138a Western Rd, & 35 George St, Hove) a gd range of coffees & teas.

Late & Sunday Opening - a selection by area, hours of closing shown (W - weekday, S - Sunday).

Kemptown: BROWN'S (31 Bristol Gardens) W 6.30, S 1) groceries, some fresh veg; FRUIT FARE & RAYBARTS (both St. James's St, W, S 6) fresh fruit & veg;

JOLYON (Old Steine/St. James's St) W 6.30, S 6), limited range of groceries & bread which sells out early on Sun; Lewes Rd: DAVES GENERAL STORES (Ewart St & Islingword Rd W 7, S 6). Seven Dials area: CLIFTON STORES (69 Clifton Rd, W 8, S 7.30) groceries & fresh veg., milk, very useful; ALF'S GENERAL STORES (66 Buckingham Rd, W 7, S 1) groceries, milk & fresh veg; ANTHONY'S ENGLISH & CONTINENTAL DELICATESSEN (56 Queen's Rd, W, S 6, late opening Thu, Fri & Sat) Greek & Middle Eastern specialities, recommended; 29 GUILDFORD RD (W 6.30, S 1) fresh meat & veg., recommended; MEPHAM (6 Guildford Rd, W 7 S 1). London Rd/Ditchling Rd: WAVY LINE (corner Clyde Rd/Warleigh Rd, W 8, S 6). Montpelier Rd area: TAUB'S DELICATESSEN (21 Preston St, W, S 6) groceries, cooked meats; CHAIT'S KOSHER DELICATESSEN (46 Waterloo St, S 4) imported foods from Israel, speciality smoked salmon, recommended; URBACH'S (43/47 Waterloo St, S 4) Jewish patisserie & bakery; SANDYS (55 Waterloo St, W 8, S 7) groceries, bread; WESTERN STORES (21 Western St, W, S 9.30); QUALITY STORES (47 Sillwood St, W, S 8.30); MONTPELIER GENERAL STORES (13 Montpelier Place, W, S 9) groceries; MITCHEL'S (corner Western Rd/Brunswick Place, W 7.15, S 6) groceries, milk. Milk machines give notoriously poor value for money, but are useful: 19 Chatham Place; 66 Preston Rd; 22 St. George's Rd; 32 Egremont Place; 34 St. James's St; 47 Waterloo St; 290 Ditchling Rd; 191 Elm Grove; 137 Lewes Rd; Davigdor Rd, Hove (by Unigate); Hove & Brighton B.R. Stations; N.C.P. in Whitecross St.

Eating Out - a selection of Brighton & Hove restaurants.

Remember take-away food carries no V.A.T. Most Chinese & Indian restaurants do a take-away service also.

Whole food: OPEN (7 Victoria Rd) also at the University Crypt, alternative, gd whole foods, recommended; THE GARDEN (22 Trafalgar St) friendly, cheap alternative/vegetarian rest.; CERES (23 Market St) & DEMETER (38-9 Preston St) both lunchtime healthfood rest. favoured by middle-aged ladies, food good, fairly expensive; SLIM'S (Churchill Sq) new, good fruit pies; THREE ROOMS CAFE (14 Blatchington Rd, Hove) 3-course lunches around 40p, pleasant, recommended. Trendy: BROWN'S (4 Duke St) gd value, spaghetti bol. with garlic bread, salad, 2nd helpings, 50p, wine 70p bottle; LEADBELLY (7 New Rd) American-style hamburger rest. open to 1 a.m. Fri & Sat. reasonable, several coffees for 10p, try the fudge brownies, intrusively loud rock music; BISTRO VINO (128 Western Rd), medium price, poor service. CAN-CAN (38 Waterloo St.) opens very late, shut on Sundays; THE COTTAGE (41 Middle St, up an

alley) open till 2 a.m. every day, full of freaks, recently improved, large portions; THE MEETING HOUSE (19-20 Meeting House Lane) expensive, clean, a trendy fishtank, food fair; LORELEI COFFEE LOUNGE (Union St) tasteful clean coffee-bar, toujours gai, excellent coffee, also open Sun 10-6; PROMPT CORNER (36 Montpelier Rd) gd atmosphere, food moderate, 7.30-1 a.m. but shut Mon & Tues.

Chinese: I like Chinese food but haven't found a rest. in Brighton doing other than standard Anglo-Chinese fare. Most do a cheap "business lunch".

NANKING (21 Market St) and the slightly better CHOY'S (2 Little East St) give the best value Chinese, the others don't give better value for higher prices; CROWN OF JADE (56 Ship St) reputed to have best-kept kitchen, plush; LOTUS HOUSE (37 West St) best in B'ton but too expensive.

Indian: MADRAS (18 Prince Albert St) best value in B'ton, fine food & modest prices, highly recommended (but avoid coffee); KOH-I-NOOR (17 Preston St) good Tandoori chicken; RAJ MAHAL (11 Duke St) open to midnight & popular with students, as are GOLDEN BENGAL (61 Old Steine) recommended, & CURRY MAHAL (171 Portland Rd, Hove), friendly, reasonable prices.

Italian: DOLCE VITO (106a Western Rd) good, med. prices (£4 for 2 with wine) cl. Tue; ROMANO (106 Western Rd) gd, cheap, recommended; IL PARMIGLIANO (15 Madeira Place) nice, about £4 for two; AL FORNO (36 East St) rather over-rated pizzeria, gd atmosphere, expensive wine, poor coffee; PIZZALAND (77-9 North St) a touch of the wimpys, open 9 a.m.-11.30 p.m. every day, 2 slices pizza, jacket potato, coleslaw 35p, not bad; LA CASA DEGLI SPAGHETTI (101 Western Rd) recommended, gd food & low prices, gd atmosphere, Espresso-bar d'cor.

French: mostly pricey, try LE BISTRO (9 Bristol Rd) v.gd. expensive; LA VIE (1a East St) recommended, open late; THE TUREEN (31 Upper North St) recommended but closes early (9.30), cl. Sun & Mon; VOGUE RESTAURANT FRAN-CAIS (57 Holland Rd, Hove) best buy, fine food modestly priced, cl. 9.45, also Sun evening & Mon; SA LAMANDER (74 St. James's St) excellent about £5 for 2 with wine, venison recommended, look out for their special menus for festival days (advance booking); L'ESCALIER (20 Victoria Rd) fish specialities & grills, £5 for 2 with wine, closed Sundays; FRENCH CONNECTION (Little East St) camp.

Also ENGLISH'S OYSTER BAR (29-31 East St) not as expensive as it looks, have the meal of the day & it'll be about £4, recommended; ANN SPIELSINGER (67c Preston St) not very good value, but B'ton's only Kosher rest.; KOLBEH (29 Sillwood St) evenings only, med. price Persian, discount for groups of students



negotiable, speciality shish-kebab. We feel unable to recommend any of Brighton's Greek restaurants (or one Egyptian) as giving value for money.

Take-away Food - the original (still the best value) is the English chipper, of which there are too many to list, though the best is BARDSLEY'S FISH RESTAURANT (28 Upper North St).

American: UNCLE SAM'S HAMBURGER BAR (Montpelier St) good cheap hamburgers with garnishes and crisp chips; KENTUCKY FRIED CHICKEN (34 London Rd & 107 Blatchington Rd, Hove) fine if you like their standardised spiciness

fried chicken recipe; better size portions (?) and service at London Rd. Chinese: PEACH BLOSSOM (College Place) give generous portions chicken & meat, esp. just before closing time; NEW HONG KONG (49 Preston St) open until 12, 1 a.m. on Sat; SINGAPORE KITCHEN (Blatchington Rd, Hove) & BAMBOO HOUSE (133 Portland Rd, Hove) recommended.

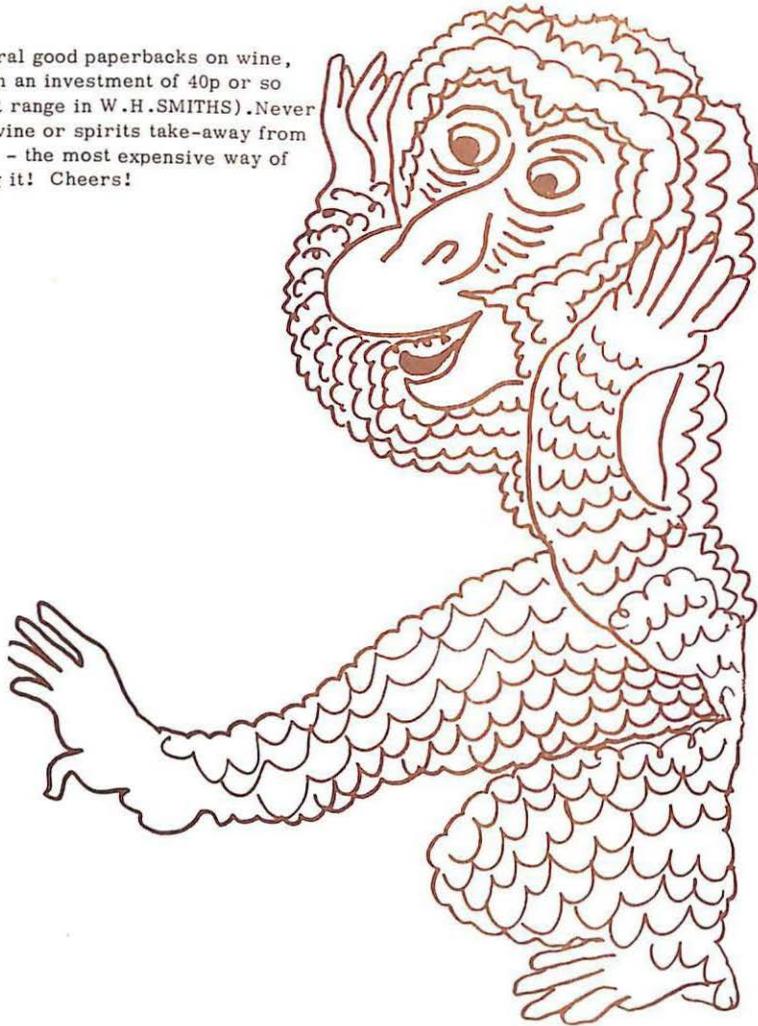
Indian: CURRY CENTRE (15 Blatchington Rd, Hove) gd value & ingredients, wide variety, Bhindi curry, raitas recomm., but not samoosas; MOGHUL KITCHEN (36 Waterloo St) open late, regular cook excellent, ingredients less so, best samoosas in Brighton. Also: THE LEFT-HANDED WHELK (George St) sea-food rest/take-away.

#### BUYING DRINK

In restaurants - remember, mark-up is 50% - 200% on wine, so drink carafe/house-wine; and save pennies, drink good wine at home. If unsure ask: good restaurant=helpful restaurant. Take-home booze - bulk beer/cider for parties from WATNEYS BREWERY (Phoenix Place, opp. St. Peters), paper cups from WOOLWORTHS or a cash n' carry. Wine - 'plonk' wine (+ cheap spirits), buy supermarkets' own brands; AUGUSTUS BARNETT (Palmeira Square); WINE GROWERS ASSOCIATION (135 Western Rd); for good wine: Wine Growers Assoc; PETER DOMINIC (London Rd, New Rd, Churchill Sq, Palmeira Sq), all good value, partic. in 'bin-ends'. Ask for advice, but first decide your price range, taste (i.e. dry/sweet), + accompanying food.

Hints - serve white wine & rose chilled (not in icebox) red wine at room temp. Also uncork red wine approx 1 hr. before drinking to improve flavour. Again - ask advice: wine merchants are usually enthusiasts and enjoy helping you.

Several good paperbacks on wine, worth an investment of 40p or so (best range in W.H.SMITHS). Never buy wine or spirits take-away from pubs - the most expensive way of doing it! Cheers!



Apart from dealing or selling your body there are a number of ways of making money by casual or summer work. For example:

BABY-SITTING: advertise yourself in the papers as "reliable".

BARMAN/MAID: av. £1.50 a night plus tips (if any). Waitressing is a better bet, the "trendy" cafes and restaurants have a rapid turnover.

BEACHCOMBING: can be surprisingly lucrative. Just stand along the waterline & see what the tide brings in. Competition from old gents can be fierce though.

BOB-A-JOB: feasible if you can (a) borrow requisite scout/guide uniform (b) disguise your age (c) fool people that it's Bob-A-Job Week.

BOTTLES: collect & return discarded bottles, along the seafront, weekends best.

BUSKING: try along the seafront or round Churchill Sq in the summer, the police probably won't pester you too much unless you provoke them.

CHAMBERMAID: scan the Kemptown shop notice-boards for possibilities.

COACHING: look for "coaching wanted" ads at Brighton Tech, Uni, etc.

CONS: would you risk having your book busted? (but Brighton is full of suckers).

CRAFTS: if you make candles, clothing, jewellery, furniture etc. WRAGGLE TAGGLE (27 George St) or ANANDA (111 Gloucester Rd) will help you sell them sale or return at a fair price for about 10% commission (boutiques will rip off you and the customer).

Wraggle Taggle might help with workspace/facilities, they've got a small workshop with room for about four scenes to be going at once.

DECK CHAIRS: hard to get into, pays £20.50 a week, applicants given a trial run, contact Brighton Corporation BEACH CHAIRS OFFICE (26936).

DISCOS, plenty already, but with a premises, gd collection of records & high-power stereo, right personnel, you could cut in on the summer market.

DIVORCES: getting paid to act as co-respondent in a divorce case is rare these days, but occasionally happens. Likewise taking money to marry a foreign person so they can stay in Britain on your passport (commoner in London). We advise you to look into the full legal/practical implications of these before trying them.

ESCORT AGENCIES: for personable girls. Advantages: gd money, excellent wining & dining. Disadvantages: heavy scenes! The agencies are usually straight but prostitutes have been known to work clandestinely as "escorts" so any girl is likely to be tarred with the same brush (& most men would try a pass anyhow).

EXTRAS: lot of film-shooting in B'ton, "crowds" sometimes needed. GLYNDEBOURNE OPERA occasionally takes extras (summer season) but it's preferable to have some acting or musical experience (phone Ringmer 812321).

GARDENING: try Brighton Corporation PARKS DEPT. (62271).

GO GO DANCING: for both sexes. You need your own costume, gd money if you can ward off the lechers. Try SHERRY'S (West St) and the IN PLACE (on seafront).

HARVESTING: fruit-picking/harvesting jobs in nearby farm areas.

JUNK: buy as "junk" (clear out old houses, for example), sell as "antiques" if poss., fur coats, carpets & furniture worth looking for. Local rag merchants will buy rags by the bagful. (see FOR COLLECTORS and FOR THE HOME).

LANGUAGE TEACHING: if you have any sort of academic background & speak clear, accentless English find a job (mid-June to late Aug. sometimes Easter) with a Summer school of English teaching continental teenagers conversational English. Pay: about £13-16 for mornings only (lots of excursions too). Many fringe benefits. Or advertise private English coaching (noticeboards & newspapers) stress your academic qualifications & charge 75p an hour to undercut the Lang. Schools.

PAINTING: sell house to house, or do "lightning sketches" of holidaymakers on seafront if your sales chat is good enough. If you're really good illustrate your cheques & every so often someone will keep rather than cash one.

PSYCHOLOGY EXPERIMENT GUINEA-PIGS: often needed, reasonable money, try Uni. & Poly' noticeboards.

SELLING "ALTERNATIVE BRIGHTON": a 33 $\frac{1}{3}$ % commission offered to street-sellers, come & buy your copies from UNICORN BOOKSHOP (50 Gloucester Rd).

USHERING: in cinemas & theatres, for students at the GARDNER CENTRE too.

VAN: if you've got one advertise your own Removals service in the local press.

WINDOW-CLEANERS: there aren't many in B'ton (esp. outer suburbs), you need a ladder, bucket & sponge, try door to door. Two people can do a house in about  $\frac{1}{2}$  hour, pays about 40p.

If you want something useful & helpful to do (without money) there are a number of local good causes needing help, contact via STUDENT COMMUNITY ACTION (Palmer House, University); BRIGHTON HOSTEL (see page 19); FREE SCHOOL (see page 69); BANK HOLIDAY PROJECT (see page 43); OPEN (page 42) THE CIRCUS (50 Sillwood St); or the VOLUNTARY SERVICE BUREAU (17 Ditchling Rise).

### SOCIAL SECURITY

The CLAIMANTS UNION exists to fight for the rights of Claimants set out in the Social Security, National Insurance and related Acts, and to fight for improvements in these rights. Anyone claiming unemployment benefit, National Assistance, supplementary benefits, or any other means tested benefit may join

for £1 a year; ex-claimants may join for £1 a year and non-members who are non claimants may also join for £1 a year, but may not vote at meetings. The Union works by collective action. Every time a claimant goes into the office or to a tribunal, or is visited at home about his claim, he is accompanied by another member, and a record is taken of what is said. The Union will give advice to anyone, but normally expect people to come to a meeting and join before a Union member will represent them. If a case is extremely urgent they will represent you before this, but if you don't go to the next meeting without a good reason, they won't continue to represent you. The Claimants Union meets at 8 pm on Monday at OPEN, 7 Victoria Rd. (tel: 27878). The first hour of the meeting is for people's problems; and the second hour is for the discussion of general policy and organisation. If you can't get your problem sorted out in the first hour, then you may see a representative of the Union afterwards. As a measure of their success, the Union won 120 out of 140 tribunals in 1972.

### TRANSPORT, PRIVATE

24-hour Garages (for petrol) - Aquarium (Marine Parade); CAFFYN'S (Lewes Rd near Vogue cinema); ENDEAVOUR (90 Preston Rd) also for repairs & parts; Victoria Terrace (on sea-front near King Alfred, Hove); Hollingdean Rd (near Vogue cinema); London Rd (north of Preston Circus); Patcham (on A23); HIGHCROFT (Dyke Rd). JET petrol stations are the cheapest, but none of them offer a 24-hour service, and they don't have free offers, stamps, etc.

Repairs & Parts - TATE'S GARAGE (Old Shoreham Rd, Portslade) are reliable, & cheap for petrol too; for Ford cars engine repairs ENDEAVOUR (90 Preston Rd); for Vauxhall repairs TATE'S (by SPEEDY SPARES on Old Shoreham Rd); for Volkswagen PRESTWICH LTD (Victoria Rd, Portslade) or ask Mike at ATLINGWORTH STREET GARAGE (Kemp Town); for B.M.C. WADHAM STRINGER (Ship St); or CAFFYN'S (Lewes Rd); for non-engine repairs (e.g. exhaust, suspension, brakes, steering, etc.) FIRESTONE (Lewes Rd by Vogue cinema) who do free estimates and comply with them later; for chassis & body repairs try the current ads in the "Argus"; for Mini-tuning (surprisingly) MINI-TUNE (Edward St); & for any non-body repairs investigate small garages like E.CHAPO (3 Marine Terrace Mews, Kemp Town) or STREAMLINE GARAGE near 7 Dials. The best people for tyres are PRESTON TYRE ASSOCIATES (at Edburton Avenue &



364 Kingsway, Hove) specialists in RQ radials supplied on short notice; for general spare parts **SPEEDY SPARES** (23-5 Old Shoreham Rd, Portslade) who sell at considerably below trade prices; also **MOTOR ACCESSORIES** (Trafalgar St, & London Rd near Preston Circus), & **HALFORD'S** (Western Rd) for motor accessories; for re-con. engines **LAMBOURNE & RIDLEY** (Highcroft Villas); for re-con. gearboxes & engines, if you can wait a week or so, look into "Exchange & Mart", London firms often supply & deliver at a low price; for radiators, supply or repair, **ECLIPSE** (74 Preston Rd) for 2nd-hand parts or car disposal, M.C.S. (Lancing).

**AA** - Current address is 10 Churchill Square (24933); 24 hr breakdown service 25881.

**R.A.C.** - for enquiries and 24 hr breakdown service ring 509253 (161 Preston Rd).

There is a Motor Club at the University, also a Motorcycle Club at the Polytechnic (both c/o societies' pigeon holes).

**Car-hire** - **HERTZ** (Cannon Place, 24884); **GODFREY DAVIS** (Cannon Place 29332); **FORDRIVE** (Pool Valley, 28102); **BRIGHTON VAN HIRE** (37/38 Lewes Rd 680215).

**Parking** - the cheapest are the N.C.P. parks on derelict sites, unless you can find a meter with some time to run (they take 1p pieces) or free parking (side streets, round the Level, lots of free parking in Hove, etc.).

Cars are expensive, dangerous & in many ways unpleasant. For too long they've called the tune in deliberations about planning & development in Central Brighton - perhaps the shelving of the Wilson Plan is the beginning of a movement to get cars out of the town centre (which is for people)? In the meantime, why not try a bicycle.....?

**Trains** - there is a gd service to London (Victoria), the best trains being the hourly (quarter to the hour dep. from Brighton) non-stop ones, journey lasting 55 mins. Otherwise it takes longer. Last trains leave Brighton 23.12 (weekdays) 23.38 (Sat) 22.38 (Sun). Last trains to Brighton leave Victoria 23.59 (Monday to Saturday) with service resuming at 03.20, 23.00 (Sun) with service resuming 04.20. Single to Victoria (2nd Class) costs £1.20 day return £1.60, half-day ticket (start journey after 13.00, not Sun) £1.25 return.

The coast line, revamped recently as "Coastway", provides a reasonable service between Portsmouth (west) and Hastings (east). It is necessary to change at Brighton. On weekdays the last trains from Brighton to Hove, Worthing & West Worthing depart at 00.05 and 01.09, and at 23.08 and 00.07 on Sundays. The last train from Brighton to Falmer (University) & Lewes leaves at 23.34, with an extra train at 00.45 on Fri & Sat. The last train from Falmer to Brighton departs 23.27 (Info. correct June 1973, but if in doubt phone the Passenger Enquiry service at Brighton Station (25476).).

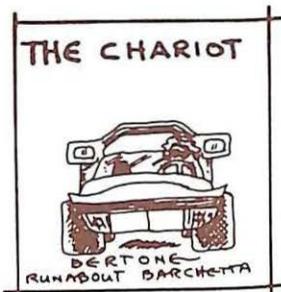
**Buses** - a cheaper way of getting to London (if you don't mind a 2-2½ hour journey) is by Southdown coach, single fare 85p, ordinary return £1.60, day return 95p (the last coach leaves Victoria at 21.40). Enquiries to 5 Steine St (66600). The local bus service is operated jointly by 3 companies; it's satisfactory so long as you don't expect punctuality, services in central Brighton are very frequent (though they tend to fade out after 11 p.m.). A journey across Brighton is a hill-and-valley business, & some of the buses are old ladies near to retirement, so expect a rough bumpy journey quite unlike one in a sedate London doubledecker.

**Taxis** - black & cream easily found in town centre even late at night, or along Western Rd, Hove, round Preston Circus, etc. or ring **STREAMLINE** (27282) or **RADIO CABS** (25549) for a reliable 24-hour service. There are ranks at Brighton and Hove Stations, Hove Town Hall, etc. It is not essential to tip a taxi-driver; bearing that in mind, a shared taxi late at night isn't a gross luxury.

**Hitching** ; it's best to ask the advice of a seasoned local hitchhiker. Hitching is legal in Britain but tedious until you know what you're doing. Try not to look like a jailbreaker or potential mugger - hitching with a pretty girl can be advantageous too, since there's a strong sexual element in driving for many M.C.P.'s. Hitch to London along the London Rd. past Preston Park (but not on

the fast bits, hills, bends, etc.) though hitching back is harder. Hitch to the University from the end of the Level or from by the Vogue cinema, but if you want to hitch back from just north of the Falmer bus-stop (a) don't get in the way of the buses, (b) don't jump the queue as the College of Education girls are very fond of doing. Be amiable too: remember the driver's doing you a favour.

Travel - students can obtain cheap trains & flights to many parts of Europe & elsewhere (normally an International Students Identity Card has to be shown), information from NATIONAL UNION OF STUDENTS TRAVEL SERVICE (686598), S.U.S.T.O. (683444) or STUDENT TRAVEL (SOUTHERN COUNTIES) 5 Ditchling Rd (65070).



#### YOUR RIGHTS

##### If you are stopped by the police:

- 1) they have no right to search you, unless they have reasonable grounds (nb. long hair and mode of attire do not constitute 'reasonable grounds').
- 2) you may remain silent; you do not have to answer any questions other than giving your name and address.
- 3) whatever happens, don't resist arrest even if you are innocent.

##### If you are arrested:

- 1) you are not obliged to go to the police station unless you are arrested. However you may be detained for the purpose of being searched (eg for possession of drugs) and this may include being taken to a police station without being arrested. It is better to cooperate in some ways.
- 2) under Judges' Rules you are permitted to make a telephone call - to a relative, friend, solicitor, or THE LINE (see p41). Insist on making the call.
- 3) the police must give you a receipt for everything taken from you, inc. wallet (and contents), clothing and any packages you may be carrying when arrested.
- 4) you do not have to give a statement, nor do you have to sign any statement you may make. If you give a statement, you should write it yourself, not merely sign what the officer writes for you. Try to keep as calm as you can, don't panic.

#### YOUR RIGHTS

- 5) you must be allowed to engage and see a solicitor immediately and privately, unless this is likely to interfere with the course of justice.
- 6) refuse to go on an identity parade even if innocent.
- 7) on drug offences, you are normally allowed bail at police stations when they are satisfied of your address and identity. If bail is refused you may ask for it to be granted at court.
- 8) the police must bring you to court or release you within 48 hours of arrest, unless the time ends on a weekend or holiday, and they must bring you before a judge on the first day in which court is in session.
- 9) if you don't have the money for a solicitor, then you may ask at court for legal aid to be granted. As this may cause the case to be adjourned you should ask for legal aid forms at the police station.



For help phone Bit by Bit (see aid section p 42) or at night THE LINE on 64243 which operates every night from 6pm to 9am and all weekend. The service is staffed by volunteers with basic training in the ins and outs of troubles with police, courts, landlords, etc. and can advise your best course of action in an emergency; they will also follow up cases which need further help. If you or your friends are arrested, a call to the LINE will get you basic advice and will contact family, parents, and where necessary a solicitor for you. They will also act as a referral service for other problems like head and dope freakouts. They hope to move somewhere where they can set up a full-time neighbourhood law centre, so any support or money is badly needed.

Remember that, in spite of propaganda to the contrary, (most) police are human. Some are "pigs" but many are prepared to be friendly. This is not New York (yet). Remember your rights but don't set out to cause trouble or unnecessary bad feeling: he might have had a hard day in the panda...

## AID/INFORMATION/HELP

## BIT by BIT Info/help service (Open)

7 Victoria Rd (tel:27878)

Set up summer 1971 as an offshoot of BIT in London. Unlike other info services locally, they will handle any enquiry. Open 10am-10pm (emergencies only after 10pm please). If you've got problems about drugs (inc. overdoses), police hassles, housing (evictions, high rents, etc) medical (VD, abortions, any kind of phobia etc) the law in general & so forth, BIT by BIT will either help you directly, or, more often, put you in touch with the right body or person. Free info sheets are produced occasionally.

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OFF THE RECORD, 6 Marlborough Place  
tel: 63080. Mon-Fri: 8pm-10pm.

Also dating from 1971, free confidential advisory service deals with personal problems, such as husband & wife quarrels, rifts between parents and their children, and also anything from sexual hang-ups to accommodation difficulties.

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## CITIZEN'S ADVICE BUREAUX

17 Ditchling Rise (tel:61664) but moving soon (check Argus); also 7 Town Hall (Tisbury Rd entrance) Hove (tel:734811). Mon-Thurs: 10-12.30, 2.15-4pm; Fri, 11-4pm. You must have an appointment, so phone first. They deal mainly with short-term enquiries, mainly with a legal basis, inc. housing, family (marriage, divorce) jobs, social security & 'dole', travel, (visas, passports), education, traffic offences, tax problems, insurance, consumer complaints,

## EMERGENCY PHONE NUMBERS

Police, fire, ambulance	999
Electricity (SEEBOARD)	66733
Gas (SEGAS)	66633
Water (Btn. Water Board)	66766
Corp. Info Office	29801
(after hours)	26450
Corp. Social Services	29801
(after hours)	64155
BIT by BIT (after 10pm real emergency only)	27878
Sussex Civil Liberties Council (for legal advice)	65706
The Line 6pm-9am & weekends	64243

general enquiries about National Health Service. They don't usually handle long term cases. They handle legal aid by referral to solicitors & they keep stocks of legal forms.

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AGE CONCERN, Old Peoples Welfare, 57 Ditchling Rd (683275)  
THE CIRCUS, social centre, 50 Sillwood St. (off Little Preston St)  
COUNCIL INFORMATION BUREAUX  
120 Royal York Buildings, Old Steine (tel:29801)  
Also West St. office & Brooker Hall  
19 New Church Rd Hove (775400)  
LOST CHILDREN'S BUREAU, King's Rd. Arches on the beach (daily 11am-7pm)

MARRIAGE GUIDANCE COUNCIL,  
46 Grand Parade, (appt. only tel. 681919).

PEOPLE NOT PSYCHIATRY, every Wed. 8pm at OPEN, 7 Victoria Rd.  
SAMARITANS, 102 Clarendon Rd Hove (10am-10pm or 733333-24hr)  
STUDENT ACTION COMMUNITY, Falmer House, Sussex University.  
NITELINE, student self help group, term time only, Lancaster House, Univ. 11pm-7am every night. Two rooms: personal advice/chat and coffee/social.

BANK HOLIDAY PROJECT, operates at Easter, Whitsun and August, providing a 24hr centre for people to meet and sleep, and an information center. Primarily for young visitors to the town. Volunteers wanted - via OPEN or SCA at the University.

nb. Specialist groups are listed in the appropriate section.

## LIBRARIES

BRIGHTON PUBLIC LIBRARIES, Church St. (tel. 63005-8) 'Books are for people' like a number of other 'progressive' public library systems, our local library often gives the impression of being more interested in computerised retrieval systems than in actually helping people. The staff try their best, but they're understaffed, in service training is lacking, & the book stock is badly organised. Lending - reasonable non-fiction & standard range of fiction; Enq. desk staff friendly & helpful. Reference - large badly organised stock manned by staff, who, with some notable exceptions, haven't had the training. Don't take no for an answer. Children - in some ways the best part of the service. Music - across the road, good stock of bks, scores, records, mainly classical + jazz, blues

folk, etc. Worth joining the record lending service (see p92). Above is the Reading Room, with a wide range of newspapers. There are 8 branches with reasonable stocks of fiction, non-fiction & childrens books. The eastern part of Btn is badly served & it's to be hoped that a branch will eventually be built in the Queens Park area. A new central library has been promised for years.

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HOVE PUBLIC LIBRARIES, Church Rd. (70472) smaller than Btn; useful lending, well organised music, efficient reference (if you want a quick answer to an enq. phone Hove ref. rather than Btn) & there's even a Picture lend lib. A branch in Hangleton.

SUSSEX UNIVERSITY LIBRARY, Falmer Officially only for students & staff of the univ. Best library in the area for most academic subjects. Get a uni student to show you round - once you know your way through the entrance maze you should be okay. self-service photocopier (3p a copy)

COLLEGE OF EDUCATION LIBRARY, Falmer. Wide selection of periodicals. Also typewriters in basement room for use by students, + self-service photocopier.

#### POLYTECHNIC LIBRARIES

Lewes Rd building: poorly stocked scientific & technological library. Useful range of scientific journals

Grand Parade: art library. Useful selection of periodicals. Had a file of the Whole Earth Catalogue (until someone pinched them).

For the 'light reading' which the public libraries don't generally provide, try the commercial lending libraries, e.g. THE LIBRARY (70b Beaconsfield Rd).

TECHNICAL COLLEGE LIBRARY, Lewes Rd. Small library, well organised, but nothing much for outsiders.

UNDERGROUND PRESS SYNDICATE (EUROPE) LIBRARY. Files of Br., US & European u/g papers, supplemented by the private collection of Alt.Btn editor John Noyce, who also helps to organise a national radical library group, Librarians for Social Change.

#### PUBLIC HOUSE BOOKSHOP, 21 Little

Preston St. Houses collections of material on anarchism and women's liberation for anyone to see.



#### BOOKSHOPS

##### General: New Books

SUSSEX UNIVERSITY BOOKSHOP (on Campus) for academic books, slow ordering service and spying cameras; BREDON'S (10 East St.) large stock, good for paperbacks, with some European, but prim frosty atmosphere; JOHN BEAL (55 East St) bad cramped lay-out, carries the popular titles, as do W.H. SMITH (69 Churchill Square), an above-average of that breed, if you don't mind the teenagers in suits they employ to gawp at customers; ROBINSON'S BOOKSHOP (50-52 Meeting

#### BOOKSHOPS

House Lane) specialises in scientific and technical, excellent rooms of children's books, and bargain "remainders"; S.P.C.K. (1a Batholomews) good for philosophical and religious; the newer QUADRANT (16 Imperial Arcade) has full - and reduced - price books; BRIGHTON BOOKS (12 Market St) friendly, stock intelligently chosen and arranged, comfy poufs (!) to sit on, and quick ordering service; COMBRIDGE'S (56 Church Rd) isn't worth a visit to Hove; nearby J.H. TAYLOR (30 Church Rd) is an example of the many local stationers/newsagents also carrying a small range of books; PRACTICAL BOOKS (14a Western Rd, Hove) specialise in occult & English language books; E.L. BACON (46 High St) is Rottingdean's bookshop.

##### Secondhand

Three stars for the original QUADRANT (12a Queens Rd) superb range of paper and hardbacks catering especially for students; BRUNSWICK EXCHANGE (41 Brunswick St. East, Hove) buy, sell and exchange books. Of the "dark and musty" shops, many also selling old maps, prints, postcards, sheet music & bric-a-brac HOLLEYMAN & TREACHER (21a Duke St) and GEORGE SEXTON (53 Ship St) are the largest, followed by K.J. BREDON (70 East St), THE THEATRE BOOKSHOP (26 New Rd), B. HUTCHINSON (42 Trafalgar St), ROWAN-ROBINSON (36 Montpelier Rd), and in Hove, K.LANE (52 Blatchington Rd) and the OXFAM BOOKSHOP (58 Church Rd). STUDIO 4 (4 Little Western St) has old paperbacks and many junk/antique shops have a few books at 2-15p each, likewise local charity gift shops (see FOR COLLECTORS). Most 2nd-hand booksellers will buy books (at 5-33% face value) if what you have is worth selling. University people: there are 2nd hand bookshops on campus on regular (?) days in term-time, European Studies C.R. (Arts) and MAPS C.R. (Science) which will sell your books at your price (for a %).

##### Specialist

BIBLE BOOKSHOP (8 Queens Rd) new religious books; BERNADETTE'S CATHOLIC REPOSITORY (29 Bristol Rd); AUTOBOOKS (Golden Lane); BRIGHTON WORKERS' BOOKSHOP (37 Gloucester Rd), Maoist (CPBML). Many political or religious groups have bookstalls on different days in term-time on the university campus (J.C.R. stairs or New Refectory stairs); likewise occasional bookstalls at the Lewes Rd building of the Polytechnic; TWO WAY BOOKS (54 Gardner St) have more stimulating material as well as 2nd-hand paperback novels, and even grubbier vendors can be found in the side-streets in the centre of Brighton. BIOSCOPE (27 Trafalgar St) specialise in film and theatre, incl. old posters and publicity stills (& some film posters can be got to order). Brighton has two 'head' bookshops. UNICORN (50 Gloucester Rd) stock the major alternative papers & a

## BOOKSHOPS

varied selection of paperbacks, occult, poetry, etc. and in their mere six years have become part of the mythology of the Brighton scene. THE PUBLIC HOUSE (21 Little Preston St) carries a similar range of publications, and provide cheap coffee. Finally, many specialist shops in Brighton also have a few appropriate books, e.g. MITSUKIKU (18 Brighton Square) on things Japanese.

Newsagents

Foreign newspapers & magazines can be obtained from several shops (inc. the W.H. SMITH kiosk on Brighton Station). DAVIS'S (corner Sussex Sq/Eastern Rd) are open till early evening every day (inc. Sundays) and carry some basic foodstuffs also.

## MEDIA

## ALTERNATIVE/UNDERGROUND/LEFT/RADICAL/FREAK/HIPPY/ETC, LOCAL PAPERS

The late lamented MOLE was the first 'alternative' paper in Brighton, lasting for nearly two years (1969-70). In summer 1971 Bill Butler of Unicorn started ATTILA which came out regularly under several editors until autumn 1971, producing 40 issues in all in the first series (a few are in the Reference Library, Open has a set, as does Alt.Btn. Editor, John Noyce). About the same time the local anarchists were producing a series of papers starting with FLEABITE (5 issues), BIG FLAME (1 issue) and GUTTER PRESS (8 issues). Also in the late sixties/seventies, two current events/entertainment type papers flourished, WHAT'S ON WHERE and MATCHBOX. The local literary scene saw a succession of short-lived, mostly campus based magazines (DIS, BRUSH, 1985, etc.) There was also the strange HEAD AND FREAK MAG.

In June 1973 the following papers were coming out, more or less regularly:

ATTILA, second series, monthly, 10p. c/o OPEN 7 Victoria Rd (27878).

Well duplicated, with good graphics, but variable content. Nevertheless the main forum of expression for Brighton's alternative community. (presently inactive again) BRIGHTON VOICE, monthly, 45p 21 Clermont Terrace (504263). At present has printing problems, but has the potential to be the best paper contents-wise in Btn. Arose out of the local Labour Party

The three 'straight' papers are: EVENING ARGUS, daily, 1st ed. at 11.30 am (Mon-Sat) Nat. & Sussex 'news'. 3p GAZETTE, weekly, on Sat. local news and views. 3p ADVERTISER, weekly free all adverts + padding. All three published by the Southern Publishing Co., Argus House, North St, & Robert St. (66799)

VOICE, but politically broader based.

A WOMAN'S PLACE? monthly 3p. 18b Brunswick Terrace, Hove. Produced by the local women's lib group for street sales (not, at present, through the bookshops). See p. 70 for contents.

APHRODITE, irregular, 3p, c/o Rik, 3a Princes Terrace. Nicely produced poetry paper. A bit aimless but in time will improve.

DATR, highly irregular, 10p, John Noyce, 67 Vere Rd. Poetry with international contributors.

## ALTERNATIVE PUBLISHERS

UNICORN BOOKSHOP publishes a whole range of well printed books, notably Leaves of Grass, the Survival Scrapbook series, and of course, Alternative Brighton (50 Gloucester Rd. tel:682307). GUTTER PRESS PUBLICATIONS is the Brighton Anarchists' series of pamphlets (21 Clermont Terrace). SMOOTHIE PUBLICATIONS produce various books and pamphlets, notably the Directory of Alternative Periodicals (67 Vere Rd). Richard Moseley (2 Gloucester Rd) is starting his own publishing soon, provisionally entitled HUMAN TORCH, as is Will Eighteen of ATTILA PUBLICATIONS (c/o Open). For these and other alternative pubns. try UNICORN or PUBLIC HOUSE bookshops, who will also have any free sheets or small pamphlets as they appear.

## ALTERNATIVE PRINTING

As we go to press plans are being formalised for a Community Printing workshop. Existing printers may well merge/link with this workshop. Depending on pressure of work, UNICORN will print and/or make plates for smaller publishers/groups. There is also an offset-litho and duplicator at the PUBLIC HOUSE. Several groups have their own duplicators, notably ATTILA and SMOOTHIE. For those studying at one of the educational establishments, the Student Unions have duplicators, typewriters and electronic stencil cutters. There are also typewriters in the basement of the COLLEGE OF EDUCATION LIBRARY (very useful!). If you have to use a commercial printer, FOTODIRECT (32 Preston Rd) are reasonable, though watch the print quality on small runs. Also the COPY SHOP (38 Ship St. by G.P.O.) If in doubt/just starting, Mike at UNICORN has a wealth of knowledge on duplicating and printing techniques, cheapest paper, etc.

## ALTERNATIVE TELEVISION

Well not quite, but the closed circuit units at both the POLYTECHNIC and the UNIVERSITY afford scope for experimentation, but only if you're a student on the appropriate campus. The equipment is largely wasted.

## ALTERNATIVE RADIO

Several clandestine radio stations broadcast locally, usually at weekends. As this activity is illegal, names, wavelengths, etc. all change rapidly. Have a listen on medium wave on Sunday mornings - surprising what you pick up sometimes! Community Radio in Britain by Nigel Turner (Whole Earth Tools, 40p, try Unicorn) is worth reading.

There is also BBC RADIO BRIGHTON (202 metres medium, and 95.8 VHF) which provides a local service for the area between Seaford and Worthing. The programmes tend to be variable (the pop request shows are the worst - ugh!) but the news roundups in the morning (Coastwise) and lunchtime (Newscast) are good for local events. The weekly programme is printed in the GAZETTE and details are inc. each day in the ARGUS.

## MEDICINE

If you are likely to want to consult a doctor, we advise you to register with one if you plan to stay in Btn. for any reasonable length of time. A list of doctors is in the telephone 'Yellow Pages' under 'Physicians & Surgeons'. Foreigners are treated free for illnesses originating in this country. The principle hospital and casualty dept. is the ROYAL SUSSEX COUNTY HOSPITAL, Eastern Rd. For others consult the yellow pages. Chemists: prescriptions cost 20p under the N.H.S. Exemption for pregnant mothers, people under 15 or on social security. Full details of late & Sunday openings in a list kept at the Post Office (also inc. doctors & dentists). The principal late chemists are: WESTON'S, 6-7 Coombe Terrace, Lewes Rd, open 9am-10pm every day, inc. Sundays & Public Holidays; PARRIS & GREENING, 105 Church Rd., Hove, open till 9.30pm Mon-Fri. & 9pm Sat & Sun.

The HEALTH DEPT, Royal York Buildings, Old Steine (tel: 29801) run the CANCER PREVENTION CLINIC (ring 29801 ext. 584 for application) and the SMOKING ADVISORY CLINIC, for those who want to give up smoking, which is at the Welfare Clinic, Morley St. on Thurs. evening 6.30-8pm (tel.29801 ext.551).

Alternative medicine: This section is for those people who are disenchanted with the drug-orientated approach of orthodox medicine. All the following forms of medicine have as their aim the health and well-being of the total organism - rather than simply the elimination of a particular disease or symptom at any cost. The best way to ensure health is to eat good food, rather than the energy

## MEDICINE

sapping plastic food that is mostly around today, and to take good exercise, breathe good air and sleep well. If you need help, though, Btn has a fair selection of practitioners whose methods of healing adopt a positive view of a healthy whole, rather than the negative view of a diseased part. In some cases we have given the address of a Guild or Association as the doctors were afraid of appearing to advertise. For the best treatment you should go to those they recommend. The one unfortunate aspect of these systems of medicine is that you have to pay for them as they operate privately, the NHS being still a little unenlightened on these matters.

Acupuncture: 'a solid foundation upon which acupuncture is based is that the mind & body must always be treated as a whole, without regard for prevailing symptoms or named disease.. In an illness there is a disruption or inhibition of the correct flow of vital energy. Whatever method is used to heal the patient we can see that its success depends on the restoration of this vital force' (Drs. Worsley & Stemp).

Diagnosis by means of 12 pulses on the wrists as well as sound, smell, colour, emotions, seasons, moon's phases, etc. Achieves greater accuracy than even the most sophisticated modern technical aids. Treatment mainly with long, hair thin needles inserted in acupuncture points to stimulate the flow of vital energy. Relatively painless. Contact the GUILD OF ACUPUNCTURISTS (Sec. Mr.G.Foulkes, 25 Ewellhurst Rd, Barkingside, Ilford, Essex) for recommended Brighton practitioner.

Chiropractic is an art & science of healing based on the accepted scientific fact that irritation of a nerve causes disturbed function in the part supplied by the affected nerve. Treatment is by physical adjustment, partic. specific manipulation of the spine to

restore normal function and health. Contact: Dr. Anthony H. Harris, D.C., M.B.C.A., 1 Palmeira Square, Hove.

Herbalism: 'herbal medicine is man's rightful medicine: the powers of herbs cannot be denied...Man can never excel Nature in medicine manufacture, for she makes the best ones. There is a herb or several herbs to cure or relieve every ailment of man & animal, bird & insect' (Juliette de Bairacli Levy). Contact: Mrs. Warren Davis, M.N.I.M.H. Northfield Farm, Eastergate, Chichester, or SOCIETY OF HERBALISTS, 21 Bruton St, Berkeley Square, London. Homeopathy: 'Sickness is not a local affair, but involves the whole man - his psychological as well as his physical make up. A man is not sick because he has this or that local disease. The local disease is there because the man is sick' (D.M.Gibson, F.R.C.F.F.Hom.) Diagnosis is very painstaking inc. the observation of posture, manner, complexion, expression, hair,

## MEDICINE

speech, clothes, odour, as well as a detailed series of questions. Treatment by applying substances of animal, vegetable or mineral origin in great dilution on the principle of 'like cures like' i.e. those substances that cause symptoms of an illness in a strong dose, are used, in dilution, to cure that illness. Contact: Dr. Heidkamp, H.D.M.P.H.A., 11 Denmark Villas, Hove.

Nature Cure: 'is a means whereby the whole being is re-created on the basis of the underlying life principle's power to take care of itself... This is no easy task for the practitioner or patient, and those who persist in the illogical notion that years of wrongdoing can be compensated for by a bottle of medicine... are not advised to enter Nature Cure realms' (A.G.Sparkes).

## HAVING A BABY IN BRIGHTON

Many mothers feel unhappy about having their babies in modern hospitals. The atmosphere is not conducive to what should be a rich spiritual experience. - being concerned more with hygiene & efficiency. Hospitals tend to the idea that birth is a painful necessity best helped along with drugs & soporifics, rather than the glorious & natural experience it truly should be. One can easily feel powerless in hospital and accept treatment one might later regret. If you are interested in natural methods of childbirth, there are alternatives. It is important in the months before your baby is due to gain as much knowledge as possible, to know what you want and to be prepared to work hard to get it. It is possible in Brighton to have your first baby at home with the services of a midwife. For info. on relaxation classes, breastfeeding and many other things contact the NATIONAL CHILDBIRTH TRUST, 9 Queensborough Terrace, Bayswater, London W2 3TB (tel: 01-229 9319/9310). Also the MOTHERCRAFT CENTRE, Dyke Rd., Brighton.

Treatment: natural methods such as water & light treatment, diet, exercise, osteopathic manipulation & mental readjustment. Contact: Mr. A.G.Sparkes, Hurlingham Court, Wilbury Rd., Hove (tel: 737357).

Osteopathy: teaches that certain diseases are due to abnormalities in or near joints, muscles & ligaments & that the treatment is the correction of these abnormalities by manipulation.

List in Yellow Pages.

Psychiatric help: contact OPEN, 7 Victoria Rd. See also NITELINE (p 43).

**WARNING:** as we go to press there are increasing signs of the local drug squad at work. New members have been drafted in from outside. YOU HAVE BEEN WARNED.

In a seaside resort such as Brighton with a large floating summer freak population there are many dealers coming in, some good, mostly bad, out to turn you on to a variety of suspect substances often in the form of speed substitutes, which are mostly just heavy pain-killers with enough of a buzz to stop you crashing out, although when mixed with alcohol the effects can change rapidly. Much of Brighton's dealing for those with no contacts takes place in the KING & QUEEN pub, but if you score there you've a good chance of being near one of the plain clothes fuzz who go there for that very purpose. The local Drug Squad seem to be very keen to bust you and their methods are becoming more and more insidious. If you get busted, don't expect a sympathetic reaction from the Magistrates either because it won't happen. In any doubt/trouble or emergency phone THE LINE (64243). The local Drugs Clinic is at Herbert Hone Clinic, 11 Buckingham Rd, (nr. Upper Gloucester Rd). Apparently this clinic operates by G.P. referral only.

HEROIN ("H", "horse", "scag", "smack", etc)

One of the all time nasties. It can be taken by skin-popping (subcutaneous injection), sniffing or intravenously. Has to be dissolved in a little warm water before injecting. The tolerance to heroin is extremely high: the more you take, the greater the amount you need next time. Withdrawal is unpleasant: nausea, vomiting, severe abdominal cramps, etc... but not impossible. It has been observed that some individuals become dependent on the hypodermic syringe itself - hence the term 'needle-freaks'. The old myth of 'one shot addiction' has now been disproved - it depends on the psychological state of the user and the frequency of use. The greatest cause of heroin addiction is a

basic inability to come to terms with life, so the best thing is to steer clear of it - it may be O.K. used with terminal cancer patients, but that's about all.

COCAINE ("coke", "snow")

Another nasty. A white crystalline powder used medically as an anaesthetic and a stimulant. Usually taken by sniffing it in small quantities so that it is absorbed through the mucous membranes of the nose. One side effect is that



it rots the lining of the nose, especially between the nostrils. It can be FATAL.  
OPIUM

This is the basis of all opiate drugs. The major constituent is morphine. Opium is usually smoked though can be eaten. Pure opium appears to do little physical damage, but most black market opium is adulterated in some way. Opium is addictive, and side effects include hepatitis, tetanus, skin infections. Should not be taken during pregnancy. Opium costs about £18 an ounce on the black market.  
BARBITURATES ("Sleepers")

Usually in crystalline form, being odourless, white or yellow capsules/powders with a slight bitter taste. They are widely prescribed for depression. Effects vary with the situation and the individual; the user may become happy, euphoric, etc. or may become hostile, suspicious, aggressive, etc. Emotional depression and self-pity are not infrequent. An overdose is characterised by coma, weak rapid pulse, cold sweaty skin, low blood pressure and may result in death due to failure of respiratory organs, heart, or kidneys. It should be noted that a combination of alcohol and barbiturate may produce toxic or fatal reactions.  
AMPHETAMINES ("speed", "pep pills" etc)

Available in a wide variety of tablets and capsules, costing from 10p to 25p on the black market, amphetamine causes similar body reaction as adrenalin - action, power, arrogance, etc. and can lead to suspicion, paranoia, aggression, consequently making the user unpopular in the community. The effects of speed include, as the name suggests, an improvement in concentration, athletic performance, initiative, energy, etc. However other effects can also occur such as irritation, restlessness, insomnia, paranoia, panic, etc. Frequent use will produce a high tolerance to the drug, and addiction is possible. Frequent use will also lead to a physical and mental degeneration in the user. Speed substitutes are common, e.g. Ritalin, Filon. **DON'T USE AS ANTIDOTE TO BARBITURATES, IT KILLS**  
LYSERGIC ACID DIETHYLAMIDE (LSD, "acid")

A common and powerful hallucinogen taken in tablet or liquid form. Only about 100 millionths of a gram are required for a trip, and that makes about 200,000 doses to the ounce. Consequently it is difficult to measure and so the potency of two tabs may be widely different in strength. About 50p is average for a tab. Although not addictive, psychological dependence may be induced in the insecure or previously unbalanced. A 'trip' lasts for about 8-12 hours, and may return the next day. There are several degrees of reaction to the trip, varying from a "freak-out" to a psychedelic peak or mystical experience, with numerous stages

between. The mode of action of LSD is not really understood but it is believed to act as a trigger for some mechanism in the brain to release information from the subconscious, which can then be consciously interpreted. The main danger is from bad trips, which may range from a mildly negative or ambivalent experience to an episode of intense terror and nightmarish panic. While an experienced guide can often help, his presence is no guarantee that a bad trip won't occur. On the good side, a trip can be an ecstatic experience. Although the hallucinogens can produce some fascinating insights into the working of the mind, it's still helpful to remember that the ultimate trip is life itself, and it's a bit sad that we should need acid at all. Look within.

(n.b. LSD may be adulterated with strychnine and other poisons. Beware!)

MESCALINE

You are unlikely to get pure mescaline, more likely to be LSD. Effects are more physical and less mind-blowing.

PSILOCYBIN - similar to mescaline.

STP - a fairly uncommon hallucinogen, much stronger than acid. Can be a killer.

CANNABIS ("pot", "hash", "dope", "marijuana" etc.)

Comes from the plant Cannabis sativa, the active principal appearing to be tetrahydrocannabinol (THC). It comes in 3 forms: dried plant (grass), resin extract (hash or shit), liquid extract (tincture). ('shit'). Usually smoked in cigarettes called joints, jays, etc. and the butt is called a roach. The smoke is inhaled deep into the lungs. Cannabis can be used in tea and in



food (in the latter the effect tends to be more pronounced and harder to control). The resin is a solid varying in colour and consistency. Pakistani is black and waxy on the outside; Afghan is similar but brown on the outside. Nepalese is hard and dark: it has a matt look and is dry enough to burn as incense. Lebanese is red or yellow (sandy coloured), powdery or soft; Moroccan is yellow-beige, and Turkish is similar but darker. Good hash costs about £10-14 an ounce. For more details of cannabis see the booklist.

MANDRAX ("mandies")

A downer. Gives appearance of drunkenness, stupor, etc. Used as sleeping tablet. Large doses can kill. Also dangerous with alcohol.

Bibliography - should all be in Brighton Public Library, or try Unicorn Bookshop. Interim report of the Canadian Govt.'s Commission of Enquiry: The Non Medical Use of Drugs (the best official guide).

Drugs of Hallucination by Sidney Cohen

Leaves of Grass (Unicorn), 2nd ed. 1973

Out of your Mind, by Peter Newmark

The Wootton Report (HMSO)

and many other books. Try Unicorn for advice, they stock most of the good drugs books. Also Public House have a useful range.

#### OVERDOSES - TREATMENT - OVERDOSES - TREATMENT

Cannabis - an overdose usually requires no treatment whatsoever as the usual consequence is sleep. If you have to stay awake and relatively mentally coherent take caffeine (about 200-300mg) as this is a mild stimulant - PRO-PLUS tablets are best, take 4 to start with, then a further 2 half an hour later. Works wonders (on no account, though, should liquid extract of cannabis be mainlined - it can kill!)

LSD (acid) - don't panic. Above all be kind, gentle, smile a lot and be understanding. Divert the person with pleasant music or a change in atmosphere (even turning on or off a light can be effective). Always best to talk a person down, but as a last resort, tranquillisers may be used (e.g. LIBRIUM). Also vitamins B3 and C (fresh oranges, etc.) are reputed to help. There is no set way to bring a person down off a bum trip - each case has to be played 'by ear' using lots of intuition. Sometimes it can help to get the person to face the intense negative reaction he's experiencing as it may reveal basic insecurities etc. Remember that it's only the result of a chemical, and thus entirely confined to the head, the effect wearing off eventually.

STP - practically nothing you can do about a freakout on STP..DO NOT give tranquillisers, as this can often potentiate the effect. Sit tight and hope.

Barbiturates - DO NOT MOVE UNCONSCIOUS PEOPLE, lay face down & call ambulance FAST. If pulse is slow & irregular, time is running short. If person is still conscious, induce vomiting by any available means (e.g. two fingers down the back of throat). Try to keep the person AWAKE at all costs. NEVER use amphetamines as an antidote, as the complex reaction that sets in can kill.

Heroin - get the person to hospital as quickly as possible. Remember, getting busted is better than being dead. If you call an ambulance, tell them to bring NALINE, as this can help to reverse an overdose.

THE LAW THE LAW THE LAW THE LAW THE LAW THE LAW THE LAW

#### Misuse of Drugs Act, 1971:

Class A : inc. cannabinal and its derivatives, cocaine, heroin, LSD, mescaline, morphine, opium, pethidine, STP. Also injectable amphetamines. A magistrates court can fine (up to £400 fine) and/or imprison for 12 months. For any other offence, up to 14 years and/or a fine.

Class B : inc. cannabis resin, cannabis and amphetamine. Maximum for possession is 5 years imprisonment and/or a fine. You cannot be sent to prison by a magistrate for a first offence. For any other offence, 14 years and/or fine. Passing a joint to a friend counts as supplying; same maximum penalty as for giving someone a fix of heroin, i.e. 14 years.

Class C : only important one here is methaqualone (mandrax). For possession, 2 years, for other offences 5 years. You can be fined instead of or as well as imprisoned.

Barbiturates are not yet controlled under the Misuse of Drugs Act. The most you can get under the Pharmacy & Poisons Act, 1933, is a £50 fine.

#### SEXUAL MATTERS

##### Contraception

FAMILY PLANNING ASSOCIATION (F.P.A.) clinic (18-19 Western Rd, Hove) (734258) will help married or single girls, charging £3.80 per yr plus cost of supplies (unless you come from Hove, East or West Sussex). Daytime appointments easier to make than evening ones. Domiciliary service for those unable or unwilling to attend clinic (usually initiated by welfare or health visitor). FOCUS, informal centre for contraceptive & sex education esp. for teenagers, coffee, records, films, run by a doctor's wife, Sat. mornings 10-12 at Wiston's, 138, Dyke Rd (509726).

Methods ("Never leave it to the man, my dear, not unless he promises to have the baby.....").

PILL. Taken daily to prevent egg cell production ("ovulation"). Contains oestrogen and progestogen. Easy to use, but may have some side effects. Needs prescription from family doctor or F.P.A.

CAP (+ spermicidal cream or jelly). Rubber cap fitting over womb entrance

## SEXUAL MATTERS

keeps out sperm, doesn't interfere with enjoyment, but has to be fitted before intercourse (and initially by doctor).

COIL or LOOP (Intra-Uterine Devices - I.U.D.). Small flexible coil or loop inserted into uterus prevents fertilised egg cells being implanted. Must be inserted and checked annually by doctor. Causes temporary discomfort. Not advised before a woman has had a pregnancy. Clinic at New Sussex Hosp. Tues afternoon & Wed. evening.

CONTRACEPTIVE CHEMICAL BARRIERS (foam, creams, jellies, pastes, soluble jellies & pessaries). Sprayed or inserted into vagina. Buy without prescription from F.P.A. or the chemist. Supplementary protection only.. Can be messy. STERILISATION ("Vasectomy" for men, "Hysterectomy" for women)

The operation is less drastic for men; but still final. Seek your family doctor's advice.

FRENCH LETTER ("sheath" or "condom" or "rubber"). Thin covering of rubber which fits over the penis preventing sperm from reaching the womb. Easy to use, but may slip off, or lessen enjoyment. From most chemists, barbers, some gents' toilets & by mail order or from the F.P.A.

RHYTHM METHOD ("safe period"). Time of ovulation calculated by period dates and temperature charts (available from chemists or F.P.A.). Problems for women with irregular periods! The Pope approves. We don't.

WITHDRAWAL. Man withdraws penis before ejaculating. Unreliable & frustrating!

DOUCHE ("washing out"). Dangerous and unreliable, not at all a good idea.

P.S. Gentlemen, if you flush your "rubbers" down the toilet please don't knot them first, it causes great difficulties for the people in the sewage dept.

#### If you think you might be pregnant...

check up quickly. Your period must be 14 days overdue for the test to work - and if it is you could be 6 weeks pregnant already. The length of pregnancy is counted from the last day of your period. Take him a urine sample and your own doctor will do a pregnancy test for you for free. WISTON'S NURSING HOME (138 Dyke Rd) also provide a free test. If you're one of their patients you could go to the F.P.A. (address as above, appointment necessary) who'll tell you within 15 mins. but charge £1 (non-members £2). A similarly quick service (for £1.75) is offered by MICHAEL ALAN LABORATORIES (5 Coombe Terrace, Lewes Rd, tel. 65354/66081) open till 10pm every day. Advertised services are usually more expensive and less reliable than they make out. Avoid do-it-yourself. If you find out that you are pregnant and decide to have an abortion...

#### Obtaining an abortion

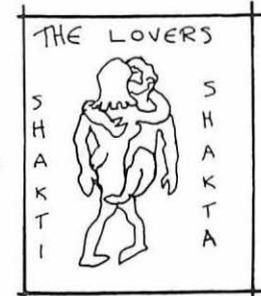
The Abortion Act 1967 requires 2 doctors to sign a form (green Certificate A) recommending an abortion on the grounds that it would be physically or emotionally harmful for you to go through with the pregnancy. If you can find 2 N.H.S. doctors you can have an abortion free of charge at the hospital (N.H.S. will pay). Otherwise private doctors will probably recommend you to WISTON'S NURSING HOME (138 Dyke Rd, tel. 509726) or you can apply there direct. They currently charge £51.

Methods vary according to the stage of pregnancy. The KARMAN CANNULA method is used for pregnancies of anything up to 12 weeks. The device is like a vacuum cleaner. It is inserted into the womb and the foetus is removed by suction. Only a local anaesthetic is used and though an overnight stay is legally required you are alright a few hours after the operation. You will have menstrual-like bleeding for a day to a week afterwards. For this, as for your first real period which begins 3-6 weeks later, you can use either internal or external sanitary towels. The DILATATION & CURETTAGE (D & C) method is used for pregnancies of between 12 and 15 weeks. This involves an instrument called a speculum being inserted into the vagina. The canal is dilated and the doctor then uses a surgical instrument with a spoon-like tip (curette) to scrape loose the embryo & placenta, which are removed with an ovum forceps. The whole operation takes about 10-15 minutes. Again, 24 hours rest is legally required although longer recuperation is advised. From 4 months pregnancy onwards the procedures are more complex. If it is early enough a mini-Caesarian Section (opening of the abdomen) is performed and the foetus removed. At an even later stage of pregnancy the usual method involves the artificial inducing of labour.

It is difficult to tell exactly when you become fertile again so start using contraception immediately. Abortions are not a substitute for contraception.

Under no circumstances have a "back-street abortion". It could very likely kill you.

Once you have decided that a pregnancy is unwanted there is nothing shameful in asking for a legal abortion. There were 373 in Brighton in 1971, 208 of these performed on single women & four on girls under 16. Nationally there were 126,777 legal abortions in that year.



V.D.

In British law only syphilis, gonorrhoea and the rarely-seen chancroid are known as "venereal diseases", but there are about a dozen diseases spread by sexual contact.

GONORRHEA ("clap", "a dose") is caused by the germ gonococcus. 20-60% chance of catching it from a single fuck with an infected person. After measles, the 2nd commonest infectious disease in Britain (1,000 people a week are likely to catch it). Men: you'll notice (after 2-5 day or longer incubation period) a burning feeling when you piss, later a yellowy discharge oozing out. If you've caught it in the arse you probably won't notice any symptoms. Untreated, it may cause illness, even sterility. Women: since it usually develops painlessly round the womb entrance 80% of you wouldn't realise that you'd caught it (though some may have a discharge, upset periods, swollen glands round the vagina, or pain while pissing). Later you'll be very ill, with abdominal pains on one or both sides, vomiting, low fever, etc. Treatment is then urgent or you may become sterile. Because it's so hard for women to spot, a check after each casual fuck would be ideal, but certainly one "gynaecological check-up" every year for gonorrhoea and cervical cancer. If you're pregnant tests are essential: an infected mother can give her baby eye-disease.

SYPHILIS ("pox" "badblood") is caused by the tiny organism treponema pallidum and spread by fucking or forms of sex involving the mouth or arse (but rarely caught from toilet seats! V.D. bugs need body heat to survive) or inherited. Pregnant women should get checked at least 3 times, infected babies can be born diseased or dead. Incubation period 9-90 days, most likely 3 weeks. First symptom an ulcer or sore ("chancre"), sometimes several, usually round the sex organs, mouth or anus (in the anus or vagina easily missed),  $\frac{1}{4}$ - $\frac{1}{2}$ " diameter, moist or crusted, with regular edges, infectious but not painful, itchy or tender. It clears up within 1-5 weeks, and the 2nd stage begins (though perhaps not for up to 6 months) with more vague symptoms, any of: headache, illness, loss of weight, or hair, or appetite, sore throat, aches, fever; but normally also coppery-red rashes (infectious but not itchy) which are often symmetrically arranged on the skin and turn brown before fading. Without treatment these symptoms go after 2-8 weeks, but any may recur. This is a stalemate: the disease has been warded off, not got rid of, and there's a 30-40% chance that someone left untreated will eventually suffer the dreadful, often fatal, 3rd stage. TESTS: various. The doctor will look at your sex organs, perhaps give you a general "physical check" or take your temperature or a blood sample. Men will have fluid taken from a syphilis sore or from the prick (a small cotton swab

or probe put into the end of it  $\frac{1}{4}$ "- $\frac{1}{2}$ ", briefly uncomfortable but very necessary). There are similar tests for women, and for the arse or mouth (if you could be infected there), these are not painful. TREATMENT: for gonorrhoea or syphilis penicillin injections (1-3 in the backside) or a course of pills, usually tetracycline. After treatment for syphilis you could have a slight "reaction", certainly you shouldn't fuck for a month or so. And there should always be follow-up tests to check if it's gone.

Other sexual infections: URETHRITIS, inflammation of the urethra (burning when you piss, and discharge, esp. first thing in the morning) is very common among men, and its (milder) symptoms confused with those of gonorrhoea; the mystery variety (very common) is called N.S.U. Swab test & treatment by tetracycline pills. It may recur. CYSTITIS, a bladder infection extremely common in women and sometimes very hard to get rid of. Club for sufferers: U and I Club, 8 Hopping Lane, London N.1. TRICHOMONIASIS ("T.V."), infestation of the vagina causing discharge and irritation. Often goes with gonorrhoea. Rare in men, but if you've got it have your boyfriend tested too. Treatment by pills. MONILIASIS ("vaginal thrush"), common fungus causing a creamy-white discharge & itching, often just as you're trying to sleep. Treated with "paints" or pessaries for inserting. Rare in men. Other itches are CRABS, pin-head size lice infecting pubic hair, and SCABIES ("the itch"), a tiny mite that burrows under your skin. You can get things to treat these from your

chemist, without prescription. There are various other rare or minor nasties which may attack your sex organs. When in doubt, go to see your G.P. or the local "special clinic". Even if it's only paranoia they won't mind, "it's better safe than sorry". According to the M.O.H. Report for 1971 the Brighton clinic treats about 1,600 patients a year for "sexually transmitted diseases" (670 for gonorrhoea or syphilis). The figures are rising, by 31% in 1971-2. FINAL NOTE: PRECAUTIONS.

Washing yourself with soap & water & pissing immediately after you've fucked help to cut down the risk of infection. Women: if a boyfriend says he's got

Ring the ROYAL SUSSEX COUNTY HOSPITAL (66611), ask for ext. 39 & make an appointment. Men & women attend on different days, men Mon 3.30-7pm, Wed 9.30 am to 1 pm, Thurs 2-5pm, women on Tue 3.30-6.30 pm, Thurs 10am-1pm, but check by phone first. The "special clinic" is an anonymous pre-fab tucked away behind other hospital buildings, just off Paston Place. Treatment is free, certainly if you caught it in the British Isles or say that you did (some clinics have been known to charge foreigners for infections caught abroad.)

something, go & have a check yourself. Maybe he didn't catch it from you, but he could have infected you since. Men: wearing a sheath is not much protection against V.D. (just as it's not 100% sure to stop a girl becoming pregnant). And always tell a girl if you think you might have infected her, she may not otherwise find out before it's disastrously late.

#### Finding sex - a male view.

For me Brighton will always be a place of fading autumn romance: the leisureliness, the ageing architectural charm of the town, and its never-quite-committed students and summer foreigners, all make for brief loves & long fallow winters. Love is a delightful surprise wherever you may find it, but sex can be found in more predictable places.

Remember that there are different "scenes" for different categories, & that if you don't fit clearly into a known category you'll find it that much harder. This is a special problem in UNIVERSITY circles, where superficialities of appearance & manner are very highly valued, particularly when they concur with an accepted fashion (e.g. around Xmas 1971 75% of University 1st year students had (a) a Rod Stewart L.P. (b) a cut-out picture or poster of Rod Stewart displayed on the wall). "Individuals" (even more so genuine eccentrics) find themselves comparatively unappreciated among the notorious "liberated", "freaky" Sussex students. Really only the fatuousness of campus life deserves notoriety. The Beautiful People have effectively disappeared from

Sussex: the fairly friendly, relaxed discos of the late 60s have degenerated into the conventional ego-display scene of booze/sex/violence.

Durex vending-machines have at last appeared on campus, and more virginities are lost early in the First Year than used to happen back in the 60s, but the fucking (like the drug-taking) often seems frenzied & motiveless. The cliches are that older students prey on First Year girls, First Year boys date COLLEGE OF EDUCATION girls (who are all husband-hunting) & College of Education boys masturbate. The vast numbers of male Engineers at the POLYTECHNIC just drink, or go to CLUB 66 disco (see p.95) to pull school-girls. The present writer finds a basis of truth in all these tales. It is not difficult for a man to



find sex in the commercial discos (p.94) if he is prepared to wear the right clothes & "not expect too much" when he does pick up a girl. The non-commercial CONCORDE (over the Aquarium, Mon evenings, 25p if you don't have an I.F.L. card) run by the International Friendship League, is a dreadful disco but attracts the pick of Brighton's young foreign visitors (why?). The best single event in Brighton (from a male point of view) is the annual (March) FIELD DAY DANCE at the University, when the campus Don Juans are provided with an embarrassment of riches from the Sussex Colleges of Education (at midnight, however, most of the young ladies are whisked away by coach). Among the pubs (see also p 96) the KING & QUEEN is Brighton's best-known meat market, with a current bias towards the glossy & vacuous. Also well known as pick-up spots are the NORFOLK, the ROYAL OAK (students), DR. BRIGHTON'S (look around the seats near the loo door), the ABINGER (142 Kings Rd) & POSADA (10 Ship St) steak-houses, the TEMPLE BAR ("pseuds in suits"), CHAIN PIER BAR (Madeira Drive, can be interesting) & the BASKETMAKERS. Aspiring trendies hang about all day in the MEETING HOUSE coffee-bar, and in BROWN'S (4 Duke St), while the coffee-bars along Western Rd (ZAMBEZI, CORDOBA, etc) are very popular with smooth-dressing Middle-Easterners & their girls. For the desperate, there are a number of options. PROSTITUTES (currently £3.50 to £6 for a "short time") can be found through the notice-boards of sleazy tobacconists (try Western Rd & branch streets down to the sea, Queen's Rd & St. James's St), by advice from sympathetic taxi-drivers (but be careful that he is sympathetic) or by hanging about late-night at the Clock Tower (warning it is a favourite rendezvous for couples), Brighton Station, Sillwood St area, etc. It isn't worthwhile trying the occasional "massage" ad in the local papers because most of them are straight (but some girls offer "relief massage" for an extra fee, a practice not approved by the Massage Parlours & seldom worth the money anyway). Again ESCORT AGENCIES are almost always straight, though sometimes a girl working for one will try to make that bit extra by offering additional services forbidden by her employers. This is an unnecessarily expensive way of getting a fuck! There was an attempt this year to set up a matchmaking service for students (THE UNCOMPUTER AGENCY) but it seems to have gone into decline, as has Brighton's only sex-shop, VIE-EN-ROSE (Western Rd) recently renamed WITH LOVE & turned into a nightie bazaar. (See also "GAY" pp 71-74)

P.S. We couldn't find a girl willing to write about sex in Brighton, hetero or homo or anything else. Any volunteers for the 2nd Edition?

Alternative Beginnings

Brighton is neither a quiet provincial backwater nor a solid Tory stronghold, but a politically alive town. There is also a strange myth that Brighton is merely a holiday resort. It is not because it has never made up its mind whether to be a sedate residential town or a money-spinning tourist centre. In point of fact the town's hotels contribute only about 10% of the rate income. More than 50% of local workers are engaged in light industry, transport, etc. A further large chunk are employed in the steadily growing sphere of head offices, often removed from London. Only 10% of insured workers are employed in hotels & catering - & many of these are not locals but drift down to the coast for the season. Brighton was at one time a small fishing village. After being put on the map by the Regency Follies it began to grow, and the railway, arriving in the 1840s, created a substantial local working class.

Hotels and other public buildings started to go up, all requiring large numbers of building workers. Many of these immigrants were Chartists & they brought their radical traditions with them. In Napoleonic times troops at Newhaven mutinied and seized foodships and stores, distributing the provisions as they marched to Brighton. Most were later executed or transported. 30 years later the agricultural workers of Sussex staged a "revolt" and many were put on trial in Lewes. In 1828, 16 years before the Rochdale pioneers, workmen formed a Co-operative store in West St, Brighton, which survived for some years. In 1885, Brighton's first worker councillor was elected, as an "independent labour" candidate. This was a dairyman known as "Milky Edwards". In 1893 he was joined by an engineer, Will Evans. The local Trades Council was formed out of a meeting of 14 local T.U. branches called to support the strike of workers on the "Metropole Hotel" project (1890).

Alternative Struggles

The growth of a local working class movement was therefore inevitable & provided the first stirrings of opposition to "the system". In those days (as now, come to that) it was only organised labour which could wage a fight for an alternative set of values. Local history is rich in examples of direct confrontations with bourgeois society. The first priority, in the first years of this century, was to recruit to Trade Unionism. Massive campaigns were launched, with leaflets, demonstrations on The Level (Brighton's traditional gathering ground for workers), local strikes, etc. Mammoth meetings, with five separate platforms, were common, and speakers included all the top names of the day - Tom Mann, James

Connolly (author of the "Red Flag") & so on. When people were starving (prior to 1st W.W. food rationing) local workers presented an ultimatum to the authorities: Provide food, or we will seize the sheep on the downs and provide for ourselves. Authority caved in. Another example of direct action was in 1919, when local trade-unionists and returned ex-servicemen banded together as "The Vigilantes". They seized scores of empty properties and installed homeless workers. This episode was repeated in 1945/6 when "The Vigilantes" were revived. Thus Brighton can be said to have founded the squatting technique. For many years the great anarchist Peter Kropotkin was in exile in Brighton, and had very close links with the Trades Council. Before he returned to Russia in 1917 he presented them with a presidential chair, and a table which had belonged to Cobden; these are now in the Labour History Museum at Reigate.

The Current Political Scene

The political composition of the 1974 district council will be 31 Tories & 28 Labour. There are several highly marginal wards, and Tory control of Brighton is by no means guaranteed.

Brighton has 2 Parliamentary seats (Hove one, last held by Tory Martin Maddan). The Kemp Town constituency is very marginal, having first been won for Labour in 1964, with a majority of 7. Two years later the majority was pushed up to some hundreds but in 1970, with the general collapse of Labour support, the Tories won it back. At the moment of writing, municipal election results in the Kemp Town wards indicate a likely return to Labour.

Even the Pavilion seat is not totally safe for the Tories. Present incumbent Julian Amery won it by only 5,000 in 1970 against token opposition (Labour organisation is weak in Pavilion and nearly all available helpers were sent to Kemp Town). The local Tory party is dominated by small businessmen, particularly estate agents, hoteliers etc. For many years it had a large majority in the council chamber. It will be a completely new experience for the Tory councillors to face a strong opposition. Most of them tend to be mediocre, the real decisions being taken by four or five leading Tories. They tend to be influenced by two powerful pressure groups, the local Chamber of Commerce, & the Hoteliers Association. The Labour group has its idiots too, and opportunists as well as incompetents, but the majority are sincere and often able; anyway, Tory policies in many different matters are generally so bad that even a labour council seems like the Millennium. Apart from the LABOUR PARTY there is the Brighton COMMUNIST PARTY (contact Miss M. Chaplin, 83 Edburton Ave.) with about 100 members, many old, though

recent activity of young members has included work with trade-unionists and tenants, public meetings, etc. Brighton's first Communist councillor was in 1969 when a Labour councillor switched parties. The INTERNATIONAL SOCIALISTS (I.S.) have 2 (?) local groups, a habit of expelling people arbitrarily, and the usual Trotskyist problems about internal conflicts. Current battle is between student members (80%) and your actual workers (20%) who have been recruited. The SOCIALIST PARTY OF GREAT BRITAIN ("S.P.G.B.") has a local branch kept alive by (literally) a handful of members, and cuts no ice. The Trotskyist breakaway INTERNATIONAL MARXIST GROUP ("I.M.G.") has a university following but is of little importance in the town. The MILITANT CIRCLE works almost entirely within the local Labour party, Young Socialists & trade unions, & could be even more effective if it forgot its' Trotskyist origins. Maoists: several different groups in Brighton, in deadly rivalry, C.P.B.M.L. (a bookshop in Gloucester Rd), C.P.E. etc. The CO-OPERATIVE PARTY (contact Miss M. Davis, Co-Op Party Office, 85, London Rd.) seems to exist mainly to provide cash for ambitious Labour candidates willing to wear a "CO-OP" label. BRIGHTON ANARCHISTS c/o 53 Hendon St. (there is also a LIBERTARIAN GROUP at the University). BRIGHTON COMMITTEE AGAINST FASCISM at 13 Buckingham Place. There are also numerous fringe groups, such as the fossilised remains of C.N.D. & the PEACE COMMITTEE, & more active groups such as the BRITISH-SOVIET FRIENDSHIP SOCIETY, the "LABOUR MONTHLY" DISCUSSION GROUP (c/o Mr E. Trory, 57 Tivoli Crescent), the LABOUR HISTORY SOCIETY (c/o Mrs E. Yeo, 57 Toronto Terrace), the local supporters' group of "UNION VOICE", etc. (see also list on pp.65).

The LIBERALS appear to be staging one of their regular revivals but have yet to win a seat on the town council. The old guard are pretty repellent, but the younger elements are likeable people currently enthused by "community politics", the new magic formula they have pinched from the left. The extreme Right is surprisingly furtive: the National Front (apart from having a few candidates in the municipals) seems to operate mostly through SUSSEX FORUM, a nominal debating society formed as a sequel to the notorious RACIAL PRESERVATION SOCIETY. They've even managed to rope in a few gullible Tories who haven't noticed that only National Front literature is on sale at "Forum" meetings.

The FRIDAY CLUB, a unique local institution which appears to be dying, was for long the object of deep suspicion by those who like their friendships to be based on political apartheid. For many years local politicians & pressmen have gathered each Friday evening for what seems to be the exchange of scandal, half-pint boozing, dirty stories, political gossip & the planting of false info. in the enemy camp. Once debate was keen, the circle is dwindling now, ruined by lack

of a suitable pub, the growing "responsibility" of Labour politicians on the verge of power, the decline in the quality of replacement journalists, and the disappearance of the stray Liberals & Tories who used to come along.

#### Trade Unions

There are 80 to 90 trade union branches in the Brighton area, most of them affiliated to the local TRADES COUNCIL (which acts as a local equivalent to the T.U.C.). They have a combined membership of about 20,000. Apart from industrial matters proper to the individual unions, through the Trades Council the movement takes an interest in a wide range of political and community issues, e.g. nominating worker representatives to various public bodies like Social Security Tribunals, or taking up questions direct with the local councils, M.P.s, or with government depts. The frequent liaising with the town's Labour councillors is a practical rather than formal link, since the affiliated unions include "non-political" unions. Sometimes the T. Council has adopted municipal policies at odds with local Labour policy & it is very strong on preserving political independence. The T. Council also organises the annual May Day demonstrations & other demonstrations & rallies as the situation demands; & publishes a monthly journal THE ORGANISER, which is distributed mainly through union branches & shop stewards' committees. Originally conceived as an information bulletin, it has developed into a much broader working class publication with a circ. of around 1,500. It likes to receive items on local misdeeds & abuses (as well as straightforward T.U. topics) & is a useful source of inside info. about labour movement happenings.

#### How to get in touch

KEMP TOWN LABOUR PARTY, contact address & meetings at 179 Lewes Rd (62592). Brighton YOUNG SOCIALISTS ditto. PAVILION LABOUR PARTY, c/o Mrs. P. Poulter, 20 Overhill Drive. Leader of local Labour councillors is Cllr. Dennis Hobden, 3 Queen's Park Terrace. Trades Council, c/o Denis Hill, 65 Stanford Rd; meetings at the BRIGHTON LABOUR CLUB, 16 Lewes Rd. This (also at 164 Elm Grove) is not a Labour Party Club, but is open to members of (a) the Lab. Party (b) a trade union (c) the Co-op. Though now it tends to be an apolitical club with various entertainments & social facilities thrown in, on meetings nights Socialists and trade-unionists are actually to be found in the lounge bar. HOVE LABOUR PARTY, 40 Cowper St, Hove. Contact unions through local branches, or through T. Council: A.U.E.W. 5a New Rd (29691); T.G.W.U. 20 Church Rd, Hove (71737); N.U.G.M.W., N.U.G.M.W. Office, Labour Club, (16 Lewes Rd 62279); N.A.L.G.O., Queensbury Ho., Queens Rd (29445). TRADE UNION/PENSIONERS

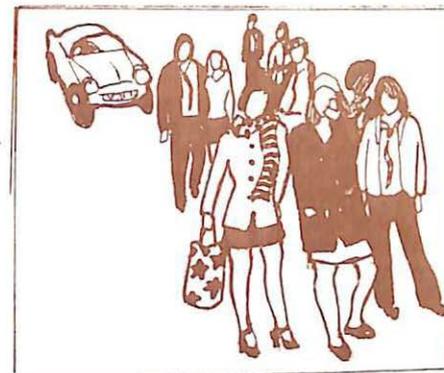
JOINT CAMPAIGN, c/o Mr. J. Strickland, 144 Hangleton Valley Drive, Hove. The "Prince George", Trafalgar St, is used for meetings by the Communist Party as well as various local Trotskyist groups, and the Friends Centre by many fringe or ad hoc groups.

#### Some Local Media (see also pp.46-47)

Both the "Evening Argus" and the "Brighton & Hove Gazette" are published by Southern Publishing Co. which is a subsidiary of Westminster Press Ltd. Although reactionary, the ARGUS is read by about 100,000 people and is required reading for those involved in local affairs. The chances of getting a letter published are about 1 in 20 - but do send them in. They are personally selected by Managing Editor Victor Gorringe, and if he receives enough that are "on the side of the angels" he sometimes allows an alternative view to be expressed (in the proportion of 1 in 20 of course). The ARGUS is supposed to be a community paper, and is sensitive to charges of bias, so do send them news items and invite them to meetings. Deadline for the midday edition is 10a.m., later for general editions. The paper is usually pushed to fill the Monday issue (few staff on duty on Sunday) so aim to get material in just after the Sunday deadline. The GAZETTE is a weekly edited by whizz-kid John Hurren. It is not much for hard news though it likes to scoop the ARGUS if it can. Useful for wedding photos, entertainment adverts and what's happening in community organisations of the straight variety. Tends to be parochial. BRIGHTON VOICE is yet another attempt to set up a "community" paper, Monthly. Launched without adequate knowledge of the local scene or links with organised working class activists. Could be useful if it fails to fall into the same trap as "The Mole" (now deceased). See p.46 RADIO BRIGHTON, the local B.B.C. station, is much more balanced in treating local news and should not be neglected. Now on medium wave (202).

#### SCHOOLING IN BRIGHTON

Brighton, it used to be said, had one of the best school systems in England. This must have been before the time of Mr. Stone, our former Director of Education. Very keen on higher education - the coming of the university and the rapid expansions of the college of education, polytechnic, art college and technical college all took place under his administration - he was conversely less interested in schooling. In the last few years of his office, Brighton citizens were treated to one fantastic 'comprehensive'



scheme after another as Brighton Education Committee tried to wriggle out from under the then Labour Government's insistence that we go comprehensive. These were the days of vitriolic campaigns and arguments in the town. Yet look what has now happened only four years later! - A Brighton Conservative Council (full of the very same people who said "we will never experiment with your children") has brought forward, not just comprehensive education, but a complete revolution in our schools. The vagaries of politics! Starting in 1975 we are to have First schools (for the 5-8 yrs), Middle Schools (9-12 yrs) and High Schools (up to 16). The High Schools are to replace the existing secondary schools and they are to be fully comprehensive. The projected high schools are Varndean, Patcham Fawcett (which is to incorporate the former technical school), Dorothy Stringer, Longhill, Falmer (at present the Stanmer/Westlain complex), Margaret Hardy (girls only), and a new school, the Stanley Deason school in Wilson Avenue. There are also to be three six-form colleges at Varndean, Falmer and the Brighton, Hove & Sussex Grammar school (the Btn. Hove & Sussex Grammar is to be phased out). According to the Director of Education, Mr. Antcliffe, parents will be allowed a free choice of High School for their children. The system at present envisaged is that the parent chooses three schools and "every effort will be made to see that a parent's first choice is observed". The sixth-form colleges are to be open to all who wish to stay on,

even if they do not wish to take 'A'-levels. All-in-all this is a progressive schools system, and one can only commend the energies of the Director, Ken Antcliffe, and Conservative Education Committee chairman George Burton for their complete rout of the previously neanderthal thinking of some of their colleagues.

But of course there's a catch. Having at last got a council in Brighton willing to spend rates money on education, we have a government which will not let them. Did you know that every single penny of a local authority's own rates money which it wishes to spend on education has to be approved by the Department of Education & Science? Their criteria for approval are neither educational nor scientific - just economic. It's just one more way for the Treasury to control (i.e. cut) public spending. And for Brighton this is no academic issue (excuse pun). The local authority has just been denied approval to build phase II of the new Stanley Deason school which is the pivot of the authority's plans for East Brighton. Because of this, children in Whitehawk (why is it Whitehawk and Moulsecoomb that always suffer when there are any cuts?) will have to stay in the old secondary school building, until phase II can be built. This secondary school building was going to be used to ease the accommodation problem in Whitehawk Junior School. A point worth making is that Brighton Local Authority's plans (at the time of going to press) have yet to be approved. And one doesn't know how Mrs. Thatcher is going to view the plans of her Conservative friends in Btn. And so it goes on...

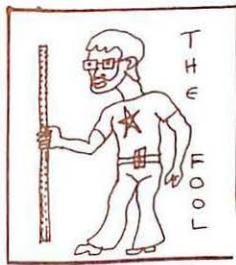
#### FINDING OUT ABOUT EDUCATION IN BRIGHTON

Education Offices (54 Old Steine, tel:29801). This is the office of the Director of Education and his staff. There is a public enquiries desk and they will be able to answer any questions relating to schools, nursery schools and the town creche.

#### Nursery schools

Btn has two nursery schools, both of which have a long waiting list. It is important to get a child's name down for them as soon as possible if he is to have the chance of a place. In almost every case the child attends part-time - either mornings or afternoons. To obtain a place for your child in either a nursery year or a nursery school you must contact Miss Henson, Nursery Schools Advisor, 9 Queen Square (tel 28814, ext.684).

Youth & Community Services. Info. about youth & community services (Boys'



clubs, community associations, etc.) can be obtained from the Youth & Community Office, 9-10 Queen Square (tel:29529,ext.685). Brighton Education Committee meets on the second Tuesday in every month, but a list of the meetings can be obtained from the town hall or Education Dept. All meetings are held in the council chamber on the top floor of the town hall and the public have the statutory right to attend (although few ever do in Btn). The Education Committee has the right to make decisions which do not have to go to the full council for discussion. Only those items marked with a star on the agenda paper go to the full council.

BRIGHTON FREE SCHOOL are currently homeless. They opened Sept. 1972 and have been in several places since. They hope to expand to 20-30 children eventually, for children aged 5-16 in the central Brighton area whose parents feel that their children would benefit from a freer, more informal alternative to their present school. The school encourages the child's natural curiosity; literacy & numeracy are highly valued, but there is no compulsion to attend or to learn, merely encouragement and provision of learning materials. There are no punishments, instead self-control through democratic meetings. The children come from a variety of backgrounds, and now approach learning with interest and self-reliance. All the teachers are unpaid, and live off part-time jobs. They can use more help and equipment. The school is paid for by voluntary contributions (jumble sales, sponsored walks, etc.) and sometimes by the parents themselves. The school hopes ultimately to become part of the community as a general meeting place, etc. For more information contact Rhiannon Evans, 13a Brunswick Place, Hove (tel:Btn.721268) or Sean Barclay and Brian Petheram, 23 Caledonian Road, Brighton (tel:680170). The Free School needs help especially in finding new premises for the autumn term. If you know of any empty building (like a church hall) which would be of use to them, contact any of the above people NOW.

**WORKING ASSOCIATION OF MOTHERS (WAM)**  
A non-profit making self-help group for mothers (using tokens rather than money) organising clubs (e.g. music, drama, swimming), outings & activities in school holidays, coffee evenings Saturday crèche (Young Adults Centre by Clock Tower), baby sitting service (if stuck for a baby sitter). A monthly newsletter, Subscription: 75p for 1st six months, then 50p. Secretary: Pam Smith, 5 Northease Drive, Hove.

**BRIGHTON & HOVE WOMEN'S LIBERATION GROUP**  
An incredibly fluid organisation with a paper membership of 120 at present, but a constantly changing number of women actively involved. To prevent any kind of bureaucracy there is no real power structure, except (voluntary) secretary and treasurer. Every third Tuesday there's a general meeting at the Prince George pub (Trafalgar St) to discuss past & future happenings as well as plans for local action. These have included:

- 1) "Consciousness-raising" groups with 7-8 women in them, meeting once a week for discussion in an atmosphere of solidarity and non-competitiveness (thus it is agreed that, as a rule, the groups should be for women only).
- 2) A Woman's Place? - our own paper. All the articles are written by women and the paper is printed (on a litho-press in London) and sold by women. The articles range from personal stories of individual women to articles about topics of importance to women: child-care, birth control, rising food prices, dieting, venereal disease... We always try to include reports about what different women have been doing. New women & ideas are always needed and welcomed.
- 3) Our biggest ambition currently is to start a women's centre in this area to act as a focal point for information and assistance for all women. Ultimately a 24hr place with experienced and trained help is envisaged. That could be a long way off, so in the meantime we want to set up some kind of help service-either just a central place with literature and a phone service, or a series of phone numbers which women could ring if in distress. Our ideas are still forming and again all help is welcome.

The problems Brighton women face are essentially the same as for all women.



Thus there are four national demands: 1) equal educational opportunities for women, 2) 24 hr. crèches, 3) equal pay for equal work, 4) free abortion and contraception on demand. We feel that these demands cover all the major aspects of a woman's existence. Realization and implementation of these rights would allow women in Brighton and the world to receive as much as they give to a society in which they now live as second class citizens. Contact: Ingrid Rosen, 18b Brunswick Terrace, Hove, for any info. or if you want help. We need strength and solidarity among all women to gain our freedom. Power to the Sisters!



**FOR GAY MEN:** Brighton still has a reputation for being "the gay town in Britain" It isn't. Attitudes here can be as hard core as elsewhere. The scene is neither large nor sophisticated. Brighton's halcyon days are over. IF YOU ARE NEW TO THE GAY LIFE, don't know other gay people, etc. I don't recommend you to go on the scene. There are better ways of meeting people. The traditional gay scene - the clubs and bars - can, at its worst, be very cruel. This is not to say that all the clubs are bad but there are dangers for the unsuspecting, like being thumped

as you leave. A life on the scene can be degrading: avoid the one night stand syndrome - it has spoilt too many young lives. Much wiser, particularly if you're very young or shy, to meet other gay people in a non-sexual atmosphere. To this end join CHE or go along to Gay Lib (see below). Perhaps you will meet someone you like and, even if 'politics' do bore you, you will get the chance to go to the clubs with other people whom you know. This is important.

Three rules for your safety: 1) Never go alone to a club you don't know.

2) Never leave any club alone after dark. 3) If you don't have a car or lift, book a taxi to collect you, if it's very late.

WHERE TO GO: Legal constraints prevent me from listing the gay spots. If you merely want to know where they are, the Samaritans (tel: 733333) will tell you.

Dancing: Gay Lib (see below) disco, Friday, upstairs, 8.30 pm at STANFORD ARMS, Preston Circus, admission 20p. Gay Lib dances as advertised in local press.

WHERE NOT TO GO: Cottaging (making sexual contacts in public lavatory). I advise you against 'cottaging' in Brighton, Hove or anywhere else. It's illegal. If you must, then use your wits. The police regularly bust people at cottages in Palmeira Square, Brighton Station, Portland Rd, Livingstone Rd, and the 'Hole in the Wall' at Black Rock. Fines of £30 to £60 + humiliation of seeing your name in the local papers.

HELP: there are a number of organisations in Btn run by/for gay people. Use them in preference to others. If you are lonely, hung-up, depressed, etc. contact

FRIEND, a counselling/befriending organisation, mainly for gays (tel: 739729, 9am-6pm, weekdays, 61664 on Friday evenings). If you are a teenager & your parents are uptight about your gayness, Rose Robertson of PARENTS' ENQUIRY will be able to help them. (tel: 01-262-9595, days; 01-402-6345, evenings).

MEDICAL ADVICE: if your problem is that you're worried about being 'queer' STOP WORRYING. You have nothing to worry about. You are not ill: there are

plenty of happy, adjusted gay people to prove it. What you need to do is mix with gay people who see no reason to be "ashamed". Join Gay Lib and start reading

'Gay News'. If you have become infected with VD, get treatment quickly (see p.58). I experience no hostility towards me as a gay at the Royal Sussex County

Special Clinic. If you do, complain to the Registrar and get Gay Lib to back you.

If you prefer the passive role, it is advisable to go for blood tests as a precaution, about once every 3 months, or whenever you change lovers! If you need other medical advice, contact FRIEND. They can fix you up with a doctor who knows what he's about.

LAW: The laws which affect us as gays were made by heterosexuals, without

any considerations for our needs. As a gay male, your rights are restricted by law in the following ways: 1) it is a criminal offence for you to have sex before your 21st birthday! Or if you're older, to have sex with someone under 21.

(The age of consent for 'straights' is 16!). Max. sentence: 2 years if both of you are under 21; 5 yrs imprisonment for older person, if younger is 16+.

2) Even at 21 it is only legal to have sex with one other person IN PRIVATE, so group sex is out, love. 3) While lawful to have gay sex, it is not lawful to chat someone up! "It is offence for a man to solicit...in a public place for immoral purposes". Applied to people making pick-ups in parks, loos, saunas, on the beach, etc. 4) The police (who have discretion) can decide that any behaviour which identifies you as gay, e.g. dancing, necking, etc, is likely to cause "a breach of the peace". 5) It's illegal to place a contact ad if it can be said you wish to meet someone for 'immoral purposes', i.e. in heterosexual psychology because he's gay and you're gay. These are but the worst of fascist laws. For more info. see the NCCL Penguin Guide, pp168-9. Reading is believing!

IF YOU ARE BUSTED: 1) Make no statement to police; 2) Contact Gay Lib for a lawyer. See also p40.

POLITICALLY ORIENTATED GROUPS: Campaign for Homosexual Equality (CHE):

pressure group campaigning for law reform. Local group friendly but hardly liberated. Activities include meetings to hear invited speakers. Membership costs £1 p.a. to local group & £1.50 to national HQ. Convenor of Brighton CHE can be contacted via national office, 28 Kennedy St. Manchester M2 4BG (tel: 061-228-1985).

Gay Liberation Front (GLF): movement rather than organisation, product and inspirator of a new-self vision among gay people, GLF were the first group to assert publicly: "We are gay and GAY IS GOOD". They lay great stress on need to be gay, not for a few hours a week, but all the time. Only group to have advanced analyses of why gay people are oppressed. They see sexual oppression underlying all oppression. Local group tend to be younger than CHE members. Friendly and open-minded. Sussex GLF meet Tuesdays, upstairs, at Stanford Arms, Preston Circus about 8.30 pm. They don't have membership. "If you're interested just come!". Current contact address listed in Information page of Gay News.

GAY STUDENTS: it is now NUS policy to support struggles for gay rights and to provide facilities for gay students. Motion passed by annual conference (1973) calls for setting up of Gay Societies (GAYSOCs) by every Students' Union. At present (May '73) locally only the University has made any efforts to do this. If no Gaysoc exists in your college, then insist that one be set up. Unions are obliged to help with funds, use of rooms, printing leaflets, etc.

**Misc:** Gay periodicals from Unicorn & Public House bookshops: GAY NEWS, fortnightly, 15p, aims to give side of news stories 'straight' press don't. Also LUNCH, monthly, magazine mainly of interest to CHE members, available in Brighton Ref. Library. COME TOGETHER, paper of GLF, about 4 issues p.a.; JEFFREY best and cheapest of fun mags at 35p. For the religious: FELLOWSHIP IN CHRIST THE LIBERATOR, c/o 61 Earls Court Square, London, SW5.

N.B. Among established churches only the Quakers (Society of Friends) have come out as friendly towards gay people. Fun breaks (short holidays) to Continent organised by Tony of 42 CLUB (42 King's Rd) for Club members (£1 membership) who also put on productions for charity twice a year - worth seeing.

**TRANVESTITE & TRANSEXUAL PERSONS:** Ideally this paragraph should have been

written by a transsexual or transvestite, but none volunteered, so we hope that the following information may be of use & apologise if we have missed something. The BEAUMONT SOCIETY (for both groups of people): contact address BM/Box 3084, London, W.C.1. Medical advice from FRIEND, who tell me they can help you to get an operation & enlightened advice.

**STOP PRESS\*\*\*\*\***

A Gay Lib YOUTH GROUP as yet unnamed, is in process of forming. Details from Open (7 Victoria Rd, tel: 27878).



A selection of addresses in Brighton & Hove. Esp. with the Christian churches we have listed only the more interesting churches. A comprehensive list can be found in the official map & accommodation list pub. by Btn. & Hove Corporations.

## THE CHURCHES

### ANGLICAN

In the Hangleton/West Blatchington area: BISHOP HANNINGTON, a miniature Guildford Cathedral; ST. HELEN (the old parish church of Hangleton); ST. PETER (the old parish church of W. Blatchington). In Aldrington: ST. LEONARD. In East Hove: ALL SAINTS, good gothic (1891); ST. ANDREW (Church Rd) medieval parish church; ST. ANDREW (Waterloo St) 1828, probably best English Renaissance/Classical type church. Upper Dyke Rd: CHURCH OF THE GOOD SHEPHERD. Patcham/Westdene: ALL SAINTS, Norman church opposite dovecote (1600). Preston Park/Hollingbury: PRESTON OLD CHURCH, charming 13th Cent. church with medieval wall-paintings. Preston Circus/Level: ST. BARTHOLOMEW, 1874, 135ft. high, controversial, now the leading High Anglican church in England; ST. PETER, 1828, impressive Gothic, very good tower. West Btn: ST. MICHAEL & ALL ANGELS, 1861 (smaller), 1893 (larger), Morris, Rossetti, Brown, Burne-Jones stained glass windows; ST. NICHOLAS, 13th cent. church with carved font (1070); ST. PAUL, 1848, Burne-Jones altarpiece; from here H.M. & Arthur Wagner spread High Anglicanism across Brighton.

Central Btn: CHAPEL ROYAL, 1793, unusual; there is a second, unused in Montpellier Place; HOLY TRINITY, church of F.W. Robertson, the most famous early Victorian preacher, but now nearly defunct.

Kemp Town: ST. GEORGE, good Classical church (1825) attended by royalty. Elm Grove: ST. WILFRED. Moulsecoomb/Coldean/Falmer: ST. ANDREW; FALMER PARISH CHURCH, 1817 parish church by duckpond; ST. MARY MAGDALEN, 18th cent. barn used as shell for pleasing and unusual church; STANMER PARISH CHURCH, medieval church in splendid surroundings. Rottingdean/Saltdean/Ovingdean: ST. MARGARET 12th cent. Burne-Jones stained glass; ST. MARY, good altarpiece, but strictly this is an Oratory for nuns and residents; ST. WULFRAN, Saxon and early Norman, 13th cent. tower, good surroundings, oldest church in the Brighton area.

### DIAL A CHRISTIAN MESSAGE

Just what it says, dial 721666 and hear a pre-recorded 'helpful Christian message' from Hove Christian Council.

ROMAN CATHOLIC

In Aldrington, ST. PETER, miniature Westminster Cathedral. Preston Park/Hollinbury: ST. MARY, pleasing modern Gothic. Kemp Town: ST JOHN THE BAPTIST where Mrs. Fitzherbert is buried, good sculpture and painting, this best local church interior ends in very good treble altarpiece, also splendid Byzantine-type basilica, 1835.

METHODIST: PORTLAND RD, HOVE; DOME MISSION; DORSET GARDENS, scene of the famous 'obscurity in church' incident involving Harold Wilson and George Brown; QUEENS PARK RD, good baroque (1891).

UNITED REFORMED (CONGREGATIONAL & PRESBYTERIAN)

Old Independency, (inc. David Livingstone, John Knox, Louis Armstrong) WILLIAM HOUNSOM (Nevill Avenue), friendly community in strangely quaint (1938) church; HOLLAND RD (Hove); CENTRAL FREE (UNION) (Queens Square) in banal gothic.

BAPTIST

Old Independency (inc. Billy Graham and Martin Luther King) FLORENCE RD: MONTPELIER PLACE, interesting modern patio; EBENEZER, Richmond Parade; MOULSECOOMB WAY; DOWNS FREE CHURCH, Woodingdean.

FRENCH REFORMED CHURCH sea end of Queensbury Mews.

RELIGIOUS SOCIETY OF FRIENDS ("Quakers")

MEETING HOUSE, Ship St, a major local cultural centre in a charming house (1800

UNITARIAN

Liberal nonconformist, reject the "One In Three" view of God. CHRIST CHURCH, New Rd, simple Regency Classical.

ORTHODOX

World's equal oldest, second largest group of Christian Churches, predominant in Greece, Russia, etc. Greek, for the present, at the OLD PRESBYTERIAN CHURCH North Rd; Russian & English services 1st Sunday every month at the ANGLICAN CHAPLAINCY, 12 Hanover Crescent.

SALVATION ARMY

CONGRESS HALL, Union Rd; EAST CORPS, Mighell St.

BRETHREN

19th Cent. puritan churches, some prefixed "Plymouth", strong in Scotland.

RUTLAND HALL, Rutland Rd; GORDON HALL, High St, Kemp Town.

CHURCH OF CHRIST

Baptist, but with more sacramental emphasis, a major sect in the U.S.:

OXFORD STREET CHAPEL

CHRISTIAN FAITH MISSION: CARMEL HOUSE, Windlesham Gardens.

FREE EVANGELICAL

CLARENDON EVANGELICAL CHURCH, Clarendon Villas, Hove; RAILWAY MISSION Viaduct Rd. has a good community.

SEVENTH DAY ADVENTIST

Fundamentalist, worship on Saturdays. HOVE PLACE, nr. King Alfred, Hove.

ELIM EVANGELICAL (PENTECOSTAL)

UNION ST., 17th cent. Huguenot church, rebuilt 1825, Wesleys preached, David Livingstone married, here.

ASSEMBLY OF GOD (PENTECOSTAL)

EMMANUEL FULL GOSPEL, De Montford Rd.

CHILDREN OF GOD

Jesus Freax. They say "Fanatical Communists, fanatical Christians. We do just about everything but work in the system" 11 New England Rd (tel: 501452)

CHRISTIAN SCIENCE : MONTPELIER RD.

JEHOVAH'S WITNESSES: KINGDOM HALL, Bernard Rd.

CHRISTADELPHIANS - regular services, see the "Gazette".

MORMON

CHURCH OF CHRIST OF LATTER DAY SAINTS, Park Close, Coldean.

SPIRITUALIST

14 COMPTON AVE; 19 NORFOLK TERRACE; BROTHERHOOD GATE, 21c St. James's St.

NATIONAL, Edward St.

JEWISH

BRIGHTON SYNAGOGUE, 66 Middle St., the oldest, with a semi-Classical front; also three synagogues in Hove.

## THE ESOTERIC

Unfortunately many of the following groups are dogmatic, superficial and sectarian, though the sense of identity to be gained from belonging to such groups may compensate for the poverty of their available religious teaching. It is probably safer to go to the serious, old-established 'mainstream' religious group in the area of your interest before you investigate the others.

HINDU TRADITION

IYENGA YOGA SCHOOL, Bristol Gardens (tel: 686056). Hatha Yoga, asanas and pranayama. £8.60 per term. Long waiting list.

SPIRITUAL REGENERATION MOVEMENT

4 Charlotte St. (684449). Transcendental Meditation as taught by the followers of Maharishi Mahesh Yogi. Introductory talks, Mondays 8pm. £15 per course

has work by contemporary artists. Outside Brighton: DITCHLING GALLERY (30 High St. Ditchling); NEWTOWN GALLERY (21 Newtown High St. Uckfield); THE GREAT BARN (Michelham Priory, Upper Dicker). The ROYAL PAVILION often has exhibitions, and RADIO BRIGHTON frequently shows work of Sussex artists and craftsmen. BRIGHTON POLYTECHNIC ART FACULTY (Grand Parade) has



exhibitions during term, inc. students' work. The GARDNER ARTS CENTRE (University campus) has regular exhibitions. Open air exhibitions are held on the WEST PIER, beginning at Whitsun through the summer, though the selection of work is poor, pictures sometimes appearing two years running. Local art groups inc. the SUSSEX COUNTY ARTS CLUB, which often holds exhibitions and demonstrations of work, and SALTDEAN BARN ART GROUP, who do painting, sculpture, ceramics and wood-carving.

Gift/craft shops - there are many gift shops catering for the large nos. of tourists, e.g. GAMUT (39 Duke St) and ROTUNDA GIFTS (Brighton Sq), varying little from each other, tending to be expensive. MITSUKIKU (18 Brighton Sq) sells clothes, inc. kimonos, games and household goods, all made in Japan (they can order anything there for you), interesting but pricey, they give discounts for

teachers of ikebana (flower-arrangement). The PERSIAN SHOP (17 Brighton Sq) is expensive and not exclusively Persian. The goods are often showy, but occasionally something of interest can be found. The ISLAMIC CENTRE (79 Preston St) is a small gift shop selling Arabic goods all made in the Middle-East. The SPANISH SHOP (20 Preston St) sells only Spanish goods and can order from Spain for you (10% discount if you show a copy of Alt.Btn!). JEANNE'S (63 Preston St) is a funny toy shop which is fairly expensive, but some imperfect toys can be bought at cut price. The TROPICAL SHELLS CO. (22 Preston Rd) has shells and shell jewellery which although not cheap are unusual. The SOUTH COAST STONE CO. (Brighton Sq) sells unusual natural stone jewellery most of which is expensive but some attractive semi-precious stone jewellery can be bought fairly cheaply. The GLASS ANIMAL MAN (28 Queens Rd) makes glass animals to order, inc. glass animal earrings (although they are almost exclusively for pierced ears). Both ANANDA (111 Gloucester Rd) and WRAGGLE TAGGLE WORKSHOP (George St. Kemp Town) sell incense, candles, clothes, posters and hand made objects such as leatherwork and batik. Both provide some workshop facilities and sell hand-made stuff on sale or return. Other workshop facilities are sparse in Btn. and people often work on their own using what equipment they can make or obtain.

Art suppliers and stationery shops: WALTER GILLETT (42 Market St) for cheap paper, esp. in bulk, but for good variety of coloured paper, coloured card, and handmade paper try BREDON'S (10 East St) who also have a large selection of paints and brushes. SMITH'S (Grand Parade) have a good selection of coloured card, and sell technical instruments. SOUTHERN CRAFTS (25 Kensington Gdns) sell paraffin wax, stearin, and dyes used in candle-making, batik, tie and dye, etc. and also have fur scraps, beads and string.

For filing cards, note-paper, binders etc., SUSSEX UNIVERSITY BOOKSHOP is the cheapest. In the town centre, W.H. SMITH (Churchill Sq) have a wide range but WALTER GILLETT (42 Market St) are cheaper for paper, BEAL'S (55 East St) are best for envelopes, esp. in bulk. R.W. TILNEY (31 Ship St) do the cheapest printed notepaper. RYMANS, newly opened in West St, are competitive for some items, esp. typewriter ribbons, but watch their prices. IT (Duke St) are pricey for stationery, etc. but are recommended for typewriter repairs. For new typewriters (and some 2nd hand) several shops up Queens Rd, but the cheapest is SUSSEX STATIONERS (116 Western Rd). For photocopying, the self-service machines in the UNIVERSITY and COLLEGE OF ED. LIBRARIES are the cheapest. For non-students, try the PSS COPY CENTRE (101 North Rd). Photographic developing, enlarging, etc. is done (usually in 24hrs) by PARAGON (58 West St). They're cheap and efficient - recommended. The colleges and university have

darkrooms for use by their students only.

## ANTIQUES

There are literally 100s of antique & junk shops in Btn. The local dealers trade also with London and U.S.A. and do very good business with US tourists on day-trip visits to the town ("In summer we hardly see any English people come into the shop"). Bargains are rare, for inexperienced dealers either rely upon professional pricing or overprice to be safe. One or two of the shops are 'shady' (the ones that look it), but most dealers are doing too well to risk touching stolen antiques. Many will record buyers' names and addresses so that stolen goods sold inadvertently can be traced. There is a BRIGHTON ANTIQUES FAIR in the Corn Exchange in July, and usually COLLECTORS FAIRS in the Spring & Autumn. Prices are currently grossly inflated, but VAT will hit dealers' profits even if it doesn't discourage scavenging U.S. buyers. Look into:

OLIVER'S (5 Brighton Place), antique household items & tools, coins (best in Btn. for Roman), interesting curiosities. Closed Mondays.

ALEXANDER (Nile St) do their own pricing. Roman, Greek, Egyptian & Oriental antiques, small pieces like amulets, bronzes, coins & flints. Friendly to young collectors (which is rare). Ask to see their basement.

DERMOT PALMER (7-8 Union St) "specialists in unusual & decorative items", an Aladdin's Cave, though no sensational bargains.

In general The Lanes are rich in antique, junk, curio & gift shops, with established and expert dealers in antique furniture (CHAPMAN, 19 Prince Albert St; PETER ECKLES, 22 Ship St), porcelain (JAMES WARING, 59 Ship St; COWELL, 60 Middle St) and silver (KINGSBURY, 59 Ship St and also at 13½ Prince Albert St). It's more fun to browse around (long lists can be found in the Yellow Pages of the Telephone Directory) but investigate BAY TREE HOUSE (19 Middle St) early scientific instruments; PETER CARMICHAEL (13-14 Ship St) barometers; ARMADA (15 Surrey St) early toys, postcards, stamps & coins; TOYS & MEDALS (82b Trafalgar St) toy soldiers & militaria; ANTICS (80 St. George's Rd) antique dolls. SECOND TIME AROUND (22 Little Preson St) buys & sells "anything useful".

Besides Btn's innumerable junk shops and yards, it is worth checking the charity gift shops, like OXFAM at 19 Upper Market St (general), 86 Church Rd (clothes), 58 Church Rd (books) & 47 Blatchington Rd (various), all in Hove, and in Boundary Rd, Hove/Portslade, and London Rd, Btn (general). HELP THE AGED, 18 George St.

and 58 Boundary Road (both Hove); & ACTION IN DISTRESS, 122 St. James's St. Some of these shops are temporary.

### OTHER COLLECTORS' ITEMS:

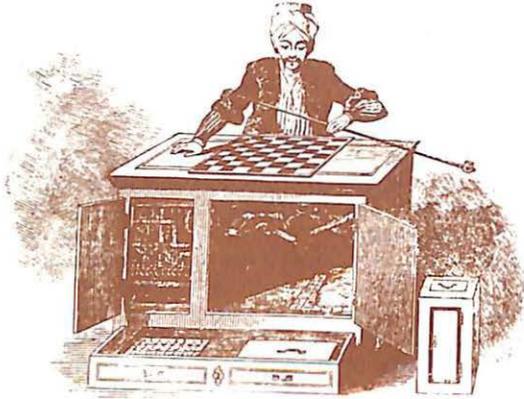
WORLDWIDE BUTTERFLIES (21 Brighton Square) equipment, books, mounted specimens & - to order - livestock, for lepidopterists & entomologists; for stamps we recommend PROUD-BAILEY (Meeting House Lane) who specialise in postmarks & high quality stamps, TRORY'S (31 Spring St) a small friendly shop, PEMBROKE (10 Boyces St) specialise in US stamps, J.A.L. FRANKS (22 Bond St) also sell small antiquities and geological specimens, though not at bargain prices; GEO-BRIGHT (28 Queens Rd) rocks, gems, minerals.

For BOOKS, ARTS & CRAFTS, CLOTHES, etc. see appropriate chapters.

## MUSEUMS

The BRIGHTON MUSEUM (Church St) has interesting paintings (incl. Dali, Magritte, Paul Nash, etc.), the A.C. Spencer coll. of early musical instruments, the Willett pottery collection, exhibits illustrating the history of Brighton (incl. an Exhibit of the Week featured in the "Gazette"), a good service for schools, not so good occasional exhibitions, and a tea-bar. The GRANGE (Rottingdean) is a Georgian house containing a magnificent collection of toys & dolls, besides rooms of local Sussex antiquities and Rudyard Kipling mementos. PRESTON MANOR, open daily to the public, is a fine old house rebuilt in the 18th century and offering original 18th century furnishings as well as beautiful gardens. The BRIGHTON PAVILION is too well-known to need describing here, but did you know that in 1927 Tory councillors attempted to have an extension added to it (!), on the grounds that they needed extra room for official functions? The Pavilion is open daily, and is most definitely not a place to visit while under the influence of hallucinogenic drugs. Nor are the two following museums.

The BOOTH BIRD MUSEUM (194 Dyke Rd) has several thousand stuffed birds to look at (or are they looking at you?). POTTER'S ANIMAL MUSEUM (Arches, by Palace Pier) is based on a collection of stuffed freak animals, e.g. siamese lambs, a two-headed cat, a four-legged chicken. When Potter couldn't get freaks to stuff he made anthropomorphic showpieces like hamsters playing cricket or rats freeing a comrade rat from a trap. For those with a taste in the bizarre! We haven't had a chance to visit the DOLLS IN WONDERLAND museum (46 Kings Rd) so why don't you go and take a look at it? and then report back to us so that we can



CULTURE

One look at the situation of the arts in Brighton is enough to show that every effort to upgrade the image of the town and turn it into the cultural centre of the South has been unsuccessful. The Festival might well be the second biggest in Britain (after Edinburgh) and included on the international list of Festivals, but it is largely irrelevant to the town it's in, inspires little enthusiasm outside the circle of organisers, and neither creates nor contributes anything new. The theme for the 1973 Festival, "The British in India" had more to do with Imperialism than India and seems to have been aimed rather at nostalgic, elderly retired folk in Hove than at the working-class people of Brighton. Local people largely ignored the Ugandan Asian Resettlement Camp up at Maresfield ("We don't want them here"): wouldn't a more immediate and relevant subject for this year's Festival have been "The Indians in Britain"? The Theatre Royal and the Gardner Arts Centre have both declined into mere receiving theatres; the amateur groups and student groups are mostly of uninspired mediocrity; and organised activity in poetry seems to be defunct. With London only 50 miles away it's no wonder that Brighton people look in that direction for their experience of the creative arts.

include some comment in our 2nd Edn. next year. A booklet can be obtained from the Brighton & Hove Information Bureaux giving information about country houses, castles, gardens, etc. open to the public in the Brighton & Hove area.

### The Brighton Festival

An annual arts event (started in 1967) usually lasting for eleven days in May. It seeks to provide as its nucleus a varied programme of classical music, ballet and theatre, around which Fringe events of a more spontaneous and unconventional nature can grow. For this purpose exists the BRIGHTON FESTIVAL SOCIETY, organised into committees dealing with the programme, promotion, Fringe activities, etc. In the first year of the Festival, Ian Hunter was appointed as Artistic Director, a post he has retained. The Artistic Management is by Harold Holt Ltd., of which Mr. Hunter is the Chairman & Managing Director, which might perhaps explain the unimaginative booking policy of the Festival (Harold Holt artists - though they may be as fine musicians as Daniel Barenboim, Jacqueline du Pre & Yehudi Menuhin - tend to re-appear each spring). The annual budget is £50,000 (compared with Edinburgh's £2-300,000) of which £15,000 has been donated for the last 5 years by the local Corporation, and is now due to be reviewed, £25,000 is estimated to be the proceeds from the events, and the rest is given by the Brighton Marina Co., Southern Television, the Arts Council of G.B., and individual contributors. Eleven days of cultural delight is a fair objective, but somehow the Festival seems to bypass the majority of Brighton people. They are alienated by the packaging of the Festival - instead of a festival atmosphere it is presented with self-congratulatory solemnity, complete with glossy brochures, expensive seats and an emphasis on the highbrow. Instead of being something that floods the town, opening itself to everyone, it tends to take place in the confined area round the Pavilion and be hard (often) to "get into" unless you've booked your tickets well in advance. With such concern about prestige, with attracting the "big names" to Brighton, all the creative, living elements that a Festival ought



to have, the full local interest and involvement, seem to have been forgotten. This isn't entirely the fault of the Festival management. Local contributions are invited, and if these could become more inspired and dynamic the Festival might begin to have more significance locally. Student interest in particular is feeble, with students either apathetic or refusing to be involved in such a bourgeois, paternalistic and capitalist conception. But there is money for Fringe events available from the Festival Society, and if this could be utilised by a strong student committee representing all the local colleges it might be possible to inject

some spirit into the Festival.

If you are interested in any of the forthcoming 1974 Festival events (many of them will be of high quality and well worth seeing) then it is advisable for you to obtain a brochure in about February 1974, either from the Dome Box Office, or sent to you free of charge, if you write or phone, from Information Office, West St (tel 29801), and then apply for tickets as soon as booking opens, usually about March 1st. Seats range from 40p-£3 with no reduction for students but a 10% reduction on party bookings of 20 seats or more for any one event. The BOX OFFICE address is: Dome Box Office, 29 New Rd, Brighton BN1 1UG (tel:682127)

The Gardner Centre for the Arts - was opened in Oct 1969 amid great excitement and critical acclaim. It's an unusually designed building, situated near the entrance to the University campus, and contains a professionally-equipped theatre, a visual arts workshop, an art gallery, and a music practice room. Its official function is to serve as a regional arts centre for the community as a whole (in other words to be the centre of all East Sussex arts activities) but in the 3½ years of its existence so far it has manifestly failed in this role and become predominantly a receiving theatre for middle-quality companies. Since it gets over £30,000 annually from the University, and stands on the University campus, the Gardner has a commitment to lending its facilities to student as well as professional productions, and also has several University faculty and student members on its different committees. At this level non-professionals can be a hindrance rather than a help to efficiency. Professional productions have covered the whole range of cultural activity (including both the popular and the avant-garde), but because of budget limitations, the Gardner can't usually afford the more expensive companies (like the R.S.C.'s "Theatre-Go-Round") and so brings to Brighton less well-established groups, whose own limited means accordingly permit only unambitious productions insufficient to attract many people 5 miles out from Brighton to sample the Gardner's notoriously uncomfortable seats. So the 391 seats are seldom filled, thus creating more financial problems. Are its policy and the administrative structure at the Gardner at fault, or is the theatre inherently unworkable because of its small size and the location? It's been debated whether the Centre should be run by committees (and remain a receiving theatre) or by an Artistic Director (with perhaps a modest resident company maintaining and developing a creative pattern of work). The present committee structure seems to entail some amount of administrative bureaucracy and rigidity i.e. programme have to be arranged months in advance and new ideas are subjected to committees which means that the Centre is not as free and open to be used as it was originally

intended to be. On the plus side for the committees there have been some innovations like lunchtime poetry readings during term-time. It's hoped that the present touring theatre group (of 6), that is based on the Gardner & has been visiting local schools, will receive financial help from the University & the L.E.A.s to extend its project to a whole year (not just a few weeks) and include workshops, performances and in-service instruction for teachers. This would be a substantial proof of the Gardner's potential relevance to the local community.

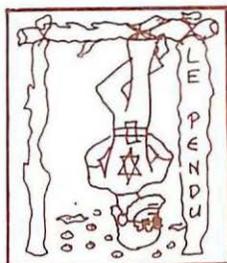
In any case, it's worth keeping an eye on Gardner Centre activities, as there are sometimes very good productions or exhibitions on for just a few days. There are always programme info. brochures in the foyer, or you can be put on the mailing list for 25p. Seat prices vary with the quality of the production, but average at 50p (or 35p for students or O.A.P.s on production of the relevant proof). The Bar, open before each performance and during intervals (& weekdays 12-2pm) is expensive and generally very crowded during intervals (so try the Union Bar in Falmer House instead). The address of the Gardner Centre is at the University of Sussex, Falmer, Brighton BN1 9RA (tel.685861) and it can be reached by car (free parking), train, or bus from Pool Valley.

The Theatre Royal - is Brighton's other full-time theatre, a booking theatre not originating its own work. Pre- and post-West end plays of varying interest and occasional amateur performances, if plush surroundings & rather unfriendly box office staff don't put you off. Seats 33p-£1.40 Mon-Thurs, 35p-£1.65 on Fri & Sat, no student reduction. The address is New Rd, Brighton (tel.28488).

Alternative Theatre - is virtually dead in Brighton, best hope is the RESURRECTION OF THE BRIGHTON HEADS & FREAKS SHOW, revival of the Alternative Arts movement of 4-5 years back centred on the Combination Theatre group (which broke up and moved to London). Different people now but the emphasis still on rock, spontaneous theatre and poetry happenings. It's only just started, a Brighton base is still needed, but anyone interested should contact: Nick McGerr, Stone Cottage, Tickerage Lane, Blackboys, Sussex (tel. Framfield 491).

Student Theatre - the THEATRE CLUB at the University must be the richest of the groups, receiving £500 annually from the Union, with the use of the Gardner theatre for one week in each term, but in the past it's been a clique-ridden and incestuous group not known for the quality of its productions. Recently attempts have been made to democratise the Club and it appears that concentration is

shifting from the termly Gardner beanfeast to include a greater diversity of plays produced in different conditions and locations. Any students interested in joining (or with ideas for productions) should write to the Theatre Club c/o societies' pigeonholes, Falmer House, via the University's internal post system. The UNIVERSITY FRINGE SOCIETY was started last year by a student dissatisfied with the kind of theatre locally available. With an annual grant of £150 from the Union the Society worked well last year but then disintegrated into something of a one man show with most of the ideas and energy coming from the founder. Support is needed if the Society is to fulfil its policy of encouraging creative activity on campus strengthening links with people in Brighton and stimulating interchange with other Universities, colleges and festivals in Britain. An annual grant of £150 from the Festival Society for fringe events should mean that more can be contributed to the atmosphere of the Brighton Festival than has been in the past by University students. Anyone interested should contact the Fringe Society c/o societies' pigeonholes in Falmer House. The THEATRE WORKSHOP in the Faculty of Art, Brighton Polytechnic, is unfortunately only open to their students, since it's part of a Complementary Studies course. The



members (a current nucleus of 20) meet twice weekly and experiment until a production is ready to present to the public (this usually coincides with the Festival) & is an effort in which most parts of the Art College are involved, since stage design is undertaken by architectural or interior design students, etc. Currently no Technical College students have opted for this successful course, a great pity, since the course is equally open to them. There is also a THEATRE WORKSHOP at the College of Education, meeting weekly, theoretically open to anyone interested (contact via the Students' Union). There is usually at least one College production a year, though the small annual grant of £150 has to cover all activities.

#### Amateur Dramatic Groups

Vary considerably in nature & standard reached. Some, like the BRIGHTON DRAMATIC SOCIETY (P.R. Officer tel.

551106) are small groups meeting to enjoy themselves & produce a play or two as well. They tend to have a chronic shortage of men, and to put on mainly light comedy. Other groups make more dedicated and serious attempts to explore the dramatic medium, and try to put on several productions of a fairly high standard each year. No official aid or encouragement seems to be forthcoming, so most groups have to make do on members' subscriptions (usually about £3 a year each) and the proceeds from jumble sales. We would recommend:

- BRIGHTON ARTS THEATRE (c/o G.T.Denney, 163 Hartington Rd, tel.65517) - a high standard of acting, and genuine interest in drama.  
 BRIGHTON LITTLE THEATRE (The Secretary, Studio Theatre, Clarence Gardens, Brighton BN1 2EG) - as above.  
 NEW VENTURE THEATRE (c/o Graham Phillips, New Venture Theatre, Bedford Place, Brighton) - as above.  
 CENTRESTAGE (Secretary: tel. 562288) - avant-garde and gay.

There was a scheme for a theatre for amateurs to be built on the proposed Church St. redevelopment site, but this has been scrapped, leaving the situation for local amateurs as difficult as it was before. Hopefully the more enlightened East Sussex C.C. will do something to improve matters. For reviews of amateur productions with info. about the local societies see the "Local Limelight" page in the "Gazette".

#### Poetry & Literary Circles

The poetry scene in Brighton is dead, due both to apathy and to the departure of certain key individuals from the town. The BRIGHTON POETRY CIRCLE that ran for 5 years collapsed a year ago because of lack of money, time and interest. There are now rarely even small poetry readings going on, and the proposed regular readings at THE GARDEN never got started through there being no initial response to the idea (though if you're interested why not contact the people at the Garden, 22 Trafalgar St., it could still happen?). There may be some readings on the sea-front during the summer (probably at Fishmarket Hard), especially if BRIGHTON HEADS & FREAKS SHOW is re-established by then, but otherwise there is only the POETRY WORKSHOP connected with the University Literary Society (which is open to all interested). This is a group meeting 3 or 4 times a term, at present on campus but hopefully soon in Brighton, to read and discuss each other's poetry. If interested, contact the Workshop through the Literary Society, c/o societies' pigeonholes, Falmer House. (For local poetry mags see p.47). The LITERARY SOCIETY itself, open to everybody, is a flourishing society trying to explore the



arts by means of speaker meetings (past speakers have included George Steiner, John Cleese, etc). films, informal seminar discussions, and panel meetings. Don't let the name put you off into thinking that it's highbrow & academic!

In Brighton itself is the SUSSEX PLAYWRIGHTS' CLUB (Sec. tel:509782) which exists to give readings of plays written by members, & to assist the writers by discussion & criticism. Membership costs 75p a year, & the members include some established as well as amateur playwrights, acting members who join to read the plays, & theatre-goers who give the audience reaction. Meetings every fortnight at the New Venture Theatre student members particularly wanted.

Outside Brighton  
The CHICHESTER FESTIVAL THEATRE (Oaklands Park Chichester, Chich.86333) presents during its "season" each year (usually May-Sept) 4

plays of very high standard in a theatre full of atmosphere & warmth. Matinees at 2 pm. and evening performances at 7pm., seats 55p-£2.10, unreserved 55p seats are available on the day of performance on Fri evenings & Sat matinees & evenings at 25p to students or O.A.P.'s. There's also a good theatre in Worthing (CONNAUGHT THEATRE, Union Place, tel. Worthing 35333) which presents a wide range of high-quality productions. Prices are 65p & 75p, or 20p on Mon for anyone who is under 21. Train to Worthing Central Station, then a 10-minute walk.

#### MUSIC: RECORDS

RECORDS: Before buying, ask them to clean the record and then check: 1) for scratches, 2) warp, 3) mono or stereo. If they don't have listening facilities be sure that they'll replace a damaged record if you return it later (few shops will play sale records). If you have good hi-fi equipment be careful to check for damage in the secondhand shops and in VIRGIN, a place many people go to just to sit around and listen.

In Brighton: HANNINGTON'S (North & East Sts) large (unadventurous) mixed range good sales, publish their weekly Top Ten in the Gazette; JOHN BEAL (55 East St) records confusingly arranged, booths with doors for intimate listening. HMV (8 Church Sq) large, airport lounge with Classical upstairs; BOOTS (157 Western Rd) emphasis on the easy sellers; FINE RECORDS (19 Brighton Sq) an intelligent selection, recommended for Classical; SOUND UNLIMITED (149 North St) best feature a singles basement with 2nd hand 'oldies but goldies' + US imports; INA'S (112 London Rd) emphasis on pop/teeny; VIRGIN (Clock Tower) mostly rock LPs at discount prices, some US, German imports, current singles at 40p, headphones + cushions, hypie effete place; small general record shops at SUSSEX UNIV. BOOKSHOP, uninspiring; K.J. BREDON (70 East St) good for classical; LYON & HALL (92 Western Rd) pleasant, lots of music books & sheet music; W.H. SMITH (69 Churchill Sq) cramped, with a turnstile, too much Last, Alpert, etc.; THE COTTAGE (111 Church St) 2nd hand, sometimes has review copies in near perfect condition, lots of singles and nasty kitsch knick-knacks, they buy preferably 'recent stereo LPs in first-class condition'; BRUNSWICK EXCHANGE (41 Brunswick St. East, Hove), buy, sell and exchange records; THE RECORD BOX (24a Gloucester Rd) and THE RECORD ALBUM (34 North Rd) are pokey 2nd-hand shops that we would not recommend, but they buy records.  
In Hove: WICKHAM, KIMBER & OAKLEY (95 George St) strong on pop singles and Classical; ERNEST WATTS (54a Church Rd) good for cheap labels; KEMP & TURNER (11 Carlton Terrace, Portslade); RECORD ROUNDUP (154 Portland Rd)

frequent sales. JOHN KING (71 East St) & other equipment shops have cartridges & cassettes, there's a 'cassette bar' at HIGHCROFT SERVICE STATION (Dyke Rd, Hove) and many shops have a rack of 'Music for Pleasure', 'Contour', etc. We don't recommend the full price equipment shops because you can get things cheaper from discount dealers in London, or from TECHNICAL TRADING (Queens Rd), or COX (Churchill Sq). For d.i.y. people ARTHUR SALLIS (28 Gardner St) is a good address for spare parts and components. ALWAYS listen to what you intend to buy (don't buy on recommendation only).

#### MUSIC: CLASSICAL

##### CLASSICAL MUSIC IN BRIGHTON

There are four main centres which it is essential to keep in touch with: THE DOME (Box Office, 29 New Rd, tel. 682127). Regular Sunday afternoon orchestral concerts (if you're going regularly, get a season ticket; or queue on Sunday at Church St entrance for cheap tickets behind the pillars). Chamber recitals are held locally under the auspices of a number of groups, e.g. Brighton Philharmonic Society (27650) at the Dome and at Brighton College, Brighton Art Gallery etc.

UNIVERSITY GARDNER ARTS CENTRE also puts on concerts. It costs 25p to be on their mailing list (tel; 685861).

BRIGHTON MUSIC LIBRARY (Church St. tel; 635005-8). A very impressive selection of classical records (also jazz, spoken word & folk music) and is starting to stock cassettes. Also 4,500 scores & 3,000 books on music, and magazines. There is an information list of local music societies (with contact addresses). Books and scores can be borrowed on library ticket; record library costs £1.10p for Brighton residents, £2.20 for others, per annum.

UNIVERSITY MUSIC FEDERATION (Btn. 688036, internal univ. 09456) offers a very impressive range of services. Univ. students can obtain a 33¼% subsidy on music lessons, and they will give info. to anyone as to where they can get good lessons cheaply. They have a shop for classical records, tapes, scores & books on music (some second-hand) all available at discount (meant for students only,

but you can always find a friendly student who will be prepared to buy things for you). Their magazine, 10 issues a yr (costs 30p to be on the mailing list), lists the various concerts at the University. The University has a Choir (anyone can join), a Chamber Choir, a Madrigal Group, a newly formed Opera Group, an Orchestra and a Record Club. Also the services of Laszlo Heltay and occasional "musicians in residence". Each Friday of term there is a free concert in the Meeting House at 1pm. John Birch, a superb organist, performs regularly.

GLYNDEBOURNE (Ringmer 812411): the tickets are fantastically expensive (£8.80, £7.50, £5.50) though a few at £3.85. Evening dress preferred but no longer compulsory. Dress rehearsals are by invitation, unless you are a student it is almost impossible to obtain a ticket. For tickets for rehearsals, available to University students, go to the Gardner, they'll put your name on a list & if you are lucky draw it out of a hat. Their season is in summer, they specialise in Mozart, in reviving neglected masterpieces, and in modern opera. The opera house, attached to a beautiful country mansion, is well worth a visit (train to Glynde station, and then it's a couple of miles' walk). (see also BRIGHTON FESTIVAL pp.85-86)

#### MUSIC: FOLK AND JAZZ

The typical folk club is in a room above a pub and "Club" is something of a misnomer, because although those who pay a membership fee are entitled to reduced admission, anyone is welcome to come along. Usually about 25p to get in. The local clubs will generally have a guest artist 3 weeks out of 4, with the other being a local singers' night, or 'Come-All-Ye'. Over the years most of the important names in Br. & U.S. folk have appeared down here. New singers will always be made welcome, partic. on a Come-All-Ye evening. All the clubs in this area have a broad musical policy so that you'll hear blues, flamenco, traditional songs accompanied and unaccompanied, singer/songwriters, jigs and reels on fiddles and concertinas, classical guitar and even the odd poet (though not all on the same night!) All the news of the local folk scene, along with guest line-ups for the 20 odd clubs in Sussex, can be found in the SUSSEX FOLK DIARY, a free 24 page bi-monthly guide obtainable at the folk clubs or by sending an S.A.E. to Vic Smith, 7 Stanmer Villas, Btn.

Brighton Area Folk Clubs (with the organiser in brackets):  
SPRINGFIELD HOTEL FOLK CLUB, Springfield Rd, nr. London Rd. station, Fridays

at 8pm (Paul Setford, 17 Meadowside, Angmering) .L  
 STANFORD ARMS FOLK CLUB, Preston Circus, Sundays at 8pm. (Jim Marshall, 3 Chester Terrace, tel:680197 - work no.)  
 LEWES ARMS FOLK CLUB, Mount Place, Lewes (behind Castle), Saturdays at 8pm (Vic Smith, 7 Stanmer Villas, tel: Btn.505652).  
 UNIVERSITY OF SUSSEX FOLK CLUB, at various venues on campus. Tuesdays at 8pm in term time (Roddy Cowie, U. of S., Falmer).  
 COLLEGE OF EDUCATION FOLK CLUB, Pier Public House, Marine Parade, Wednesdays at 8pm in term time (Jon Eastmond, Coll. of Ed.Falmer).  
 TAVERNERS FOLK CLUB, Pier Public House, Tuesdays at 8pm. (Stu Reed, 101 St. James St. tel: 64865).  
 BRIGHTON COUNTRY & WESTERN CLUB, Richmond Hotel, Richmond Place, Thursdays at 8pm (Neil Coppendale c/o The Richmond Hotel ).  
 COPPERSONGS FOLK CLUB, Central Club, South Coast Rd, Peacehaven. 1st Thursday in every month (Bob Copper, Central Club, tel: Peacehaven 2186).  
 RADIO BRIGHTON coverage: 'Minstrels Gallery' (local folk music scene), 'South Coast Country' (both monthly at 6.15 pm on Tuesdays, with a repeat the following day at 11am), 'Holiday Folk' (Summer Sunday lunchtimes). All details from Jim Marshall, 3 Chester Terrace.  
 Folk music columns appear in the GAZETTE (by Jim Marshall), SUSSEX EXPRESS (Peter Cooper) and MID SUSSEX TIMES (Chris Duff).  
 Several local singers have made records, e.g. the Copper Family (A Song for Every Season on Leander - a four album set), Allan Taylor (3 LPs on United Artists) Peter Collins (First Album on Decca), Brian Golbey, Roger Hubbard, Lea Nicholson. The Taverners and University of Sussex Folk Clubs have also made recordings. Vic Smith of the Sussex Folk Diary (see above) has the full list. The Jazz scene in Brighton hasn't been good in recent years, though there are occasional outstanding concerts at the University promoted by the Jazz Club and some events also in local pubs (see GAZETTE).

#### MUSIC: DISCOS AND ROCK

There are a number of discotheque establishments in Brighton, many of them well worth avoiding. The following are the hard core of reputable discos where if one behaves oneself in a reasonably introverted way, it is possible to drink, dance and court in safety. The BIRDS NEST (Gloucester Rd, opp. St. Peters Church) licensed disco-pubs, 'boys' over 21 only, no limit appears to be set for girls, 40p Fri &

& Sat, 25p Sun, free during week. Rarely crowded, open until 11.30 (12 at weekends). The SEVEN STARS (Ship St) is similar, with same admission & exorbitantly priced drinks, boys need only be 18yrs. Always crowded and plenty of opportunity to meet the opposite sex, providing you don't wear jeans, and have a considerable degree of trendiness. SHERRY'S (Middle St) "The Brighton Super-scene" (so they say). A vast mock Regency hall, recently built but not designed originally as a disco. Attracts a crowd of people that are best avoided if your style of dress does not include suits. Free admission during week, but for weekends & Bank Holidays 65-75p cover charges are involved inc. snack/supper and live, dance band. Drinks moderately priced. The REVOLUTION disco (Kingswest Suite West St), part of the revamped Top Rank complex, has never managed to live down the reputation of being the "teeny" scene so deservedly given to it a few years back. Admission is for people who look smart, don't wear jeans, and tender 30p weekdays and 40p at weekends. SLOOPY'S (Dyke Rd, nr. Clock Tower) is a smart disco that comes alive in the summer with the influx of Scandinavians. 35-60p to get in, which inc. use of the plush coffee bar. The POP IN in West St. has just opened. Many discos in and above pubs (e.g. RICHMOND) bloom during the summer season - watch local press for news of these ephemeral promotions and listen to local gossip about how good they are. In term time only, the colleges hold regular discos, e.g. CLUB 66, Fri. at the Lewes Rd Polytechnic, a variable cattle market tending recently towards the teenies; FRIDAY NIGHT CLUB at the Poly Art Faculty basement in Grand Parade, crowded, can be good; the COLLEGE OF EDUCATION holds irregular discos for their students as do the UNIVERSITY and the TECHNICAL COLLEGE. All the discos at the colleges are free or very cheap (15-25p), intended for students only, though some will let others in.

Mobile discos: a good investment if you intend to hold a party without ruining your own records and sound system. Cost £5-20 depending on the disco and additional trimmings like a light show and buxom go-go girls. Make sure the disc jockey is of a reasonable standard and has a wide selection of records. Many advertise in the entertainment pages of the local press, e.g. UMA (tel:Rik at 25367).

Concerts: a somewhat limited range of venues in Btn of which the DOME is the leading but not



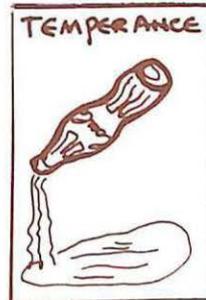
## MUSIC: ROCK

favourite concert hall for rock bands. Owned by the Corporation (who expressly forbid dancing or any movement—this has been known to be ignored by audiences, resulting in aggro with the stewards). Many popular bands appear there at some time in their career. Prices range from 50p-£1.50 depending on vantage point. Details from Dome Booking Office, but best to watch the national musical press (e.g. Melody Maker, Sounds, etc) for advance notice, as the really big names (Pink Floyd, Elton John, etc) sell out in a matter of hours (Bowie, Slade & others have recently been banned). Apart from the odd concert/dance at the KINGSWEST SUITE, nowadays even more infrequent than ever, the concert/dance scene revolves around the colleges (in term time only, so summer visitors are badly catered for). Best of the colleges is the POLYTECHNIC which has mainly dances, though with some big names concerts (at the Lewes Rd building). The COLLEGE OF EDUCATION and the UNIVERSITY also 'book' groups, and some even play, but considering the funds available, the University in particular could improve its social policy, though hampered by poor facilities. The TECHNICAL COLLEGE has dances, more on the soul/reggae/Top Twenty side. Also watch out for the occasional benefit festivals at the University & the annual Rag Week which usually features at least one big name group. The college functions are intended primarily for students, though others can get in. Badly publicised, with lack of co-ordination between colleges (it has been known for two or more colleges to have a dance/concert on the same night, both usually then losing money). Much depends on the individual social secretary & his helpers as to who plays, who pays, etc. It's often worthwhile to ring round the student unions every so often to find out who is on. Ticket prices vary between 40p - £1.

## PUBS

The English pub is primarily for drinking - divers entertainments are provided (sometimes) to amuse you whilst drinking. Essentially you must be 18 in order to consume alcohol on licensed premises. It is an offence to consume 'alkie' under 18 etc. But this law is openly flouted in certain Brighton pubs notorious for schoolgirls. Regarding food, most pubs have basic snacks (crisps, peanuts, sandwiches, pies, etc.) partic. at lunchtime, but few run to reasonable meals, except the commercial Berni Inns, Chef & Brewer, etc. Pub prices tend to be high esp. in the town centre - expect 17-24p a pint, 20-24p a short. Your local will be much cheaper, partic. the public bar prices, usually a couple of .p less than lounge prices.

Btn. has pubs to cater for every taste, so pick your haunt with care. This guide is based purely on the writer's personal prejudices & remember, pubs are what you make of 'em - not prepackaged environments. No pub is friendly until you know the inhabitants - it's up to you to make the effort. The KING AND QUEEN (Marlborough Place) is the most notorious cattle-market; an anglicised beer hall, vast, expensive, loud (live music twice a week) evenings & invariably packed. Opposite in Grand Parade are the NORFOLK, full of students and unemployed racing journalists, noted for Sunday lunchtime jazz sessions; and the RICHMOND, which hosts country & western on Thurs. night, Rock n' roll on Fri. and varied summer season discos. The BASKETMAKERS (Gloucester Rd) provides a small, if crowded, alternative-colour TV & draught, scrump cider (aaargh!), In contrast, the VOLUNTEER (Church St) provides a sophisticated little number for pre-, interval, & post-Dome concert drinks, old chap, (good food too). In and around the Lanes; the SUSSEX HOTEL (East St), roomy sporadically trendy; DRUIDS HEAD (Brighton Place) pleasant for a quiet drink, just along from the MARKET WINE BAR (Market St) crowded, trendily expensive, but worth an amusing visit. Down to the sea-front for PRINNY'S, good snacks, and DR. BRIGHTON'S, always an 'in' place. Backs up to the wall', up ship St. to the HEART?-IN-HAND, which lives up to it's name. In contrast the POSADA, a Berni Inn with a swinging cellar bar and HENEKEYS for steak, doubles and port and 1930s music hall sound. Try to miss the SPOTTED DOG in Middle St. The BOSUN (West St) popular, loud crowd. QUEEN ANNE (West St) opposite the Kingswest, very nice for a pre/post cinema drink or steak. Along Western Rd., the WINE LOFT for the cultured alcoholic; the TEMPLE BAR, definately a place to be seen; and the WESTERN, just into Hove, which boasts excellent guitarists upstairs, Thurs-Sat. Further along, the WICK, expensive but popular, and the BRUNSWICK, at the top and bottom of Holland Rd. There must be a good pub somewhere in dormitory suburban Hove, but we've never found one. Keep looking though, let us know any 'finds'. Kemp Town is the main bed-sit area of Brighton, and the number of good locals reflects this. The HERVEY ARMS (Sussex Sq.) an excellent free house, vaguely intellectual clientele ("original home of the emotional cripple" - saith one regular) alternates with the BARLEY MOW (St Georges Rd) as the Kempt Town pub-of-the-moment. The latter has astonishing (rewards



music and a good darts team. BRISTOL COURT LOUNGE (Paston Place) hasn't grown out of the 'flapper' era—distinct period piece, good for picking up Coll. of Ed chicks. Both the BRUNSWICK (St. Georges Rd) & the WHITE HORSE (Cameford St) are good for darts and golden-oldie juke boxes (Stranger on the Shore/Petite Fleur/ House of the Rising Sun era). The HORSE & GROOM (Upper St James St) is very friendly & cheap; alternatively the LION across the street is quite pleasant. The ROYAL OAK (St James St) is one of the student pubs, darts, billiards & cheap (11p mild 13p bitter) beer. But remember, don't 'freak out' your local by being too outrageous, especially if you're new...there's more than just a touch of 'Brighton Rock' about many of the Kemp Town pubs.

The Preston Circus/Ditchling Rd/Lewes Rd area is the other mani bed-sit area in Brighton with a fair proportion of students. The pubs are all locals and similar comments apply as in Kemp Town. At Preston Circus you have the staid HARE & HOUNDS, okay for a quiet drink, food not recommended; & the STANFORD hosts to gay lib and the folk club (on different nights) with TV in the public bar. Opposite London Rd. station in Ditchling Rise there is the RAILWAY, with good bar billiards & over the railway the SPRINGFIELD a friendly pub with reasonable price food. Ditchling Rd has several locals if you're pub crawling up from the Circus. On the Lewes Rd. there are a number, esp. the GLADSTONE (near the Viaduct) good crowd, but new landlord; the ALLEN ARMS (next to the Vogue Cinema); & the SHIP, a glorified discotheque at weekends, okay weekdays boasts very good bar billiard teams.

The University and College of Education bars have nothing to recommend them (except Newcastle Brown at Univ.) same for the Lewes Rd Poly, though the Poly Art Faculty basement in Grand Parade is cheap and has crowded weekend discos.

Out of town pubs for the motorised reader; SWAN (Lewes Rd Falmer) studentish JUGG'S ARMS (Kingston, off Lewes Rd) very old, very quietly enjoyable. Both Lewes and Rottingdean sport good olde-worldie pubs steeped in Harvey's & Beard's ale-from-the-wood. Powerful pub crawls! DEVIL'S DYKE HOTEL (Devil's Dyke) snotty and expensive but fabulous sunset view. Go and laugh at the County Set, then drop down the Dyke into Poynings for a quiet country drink.

Recently several cinemas have been converted to bingo or closed down. The following list is current at the time of going to press:

ABC, East St. (tel: 27010)  
 ABC HOVE, Portland Rd. (tel: Btn.733985)  
 ASTORIA, Gloucester Place (tel: 683385)  
 CLASSIC, 130 Western Rd (tel: 29414)  
 CONTINENTALE, Sudeley Place, Kemp Town (tel: 681348)  
 DUKE OF YORK 'S, Preston Circus (tel: 62503)  
 EMBASSY, Norfolk Square (tel: 735124)  
 ODEON FILM CENTRE (Odeons 1-3), Kingswest, West St. (tel:25890)  
 All the above show films on circuit. For full details of films showing, either phone the relevant cinema, or see the Argus (Classified and 'Show Guide') and the Gazette (their similar 'Show Guide' but more informative short reviews). There are also two film clubs in Brighton:  
 BRIGHTON FILM THEATRE, North St. (tel: 29563) - whole range from pop to foreign avant-garde via nostalgia. Membership only needed for some films (often the trendier ones) and gives no other benefits.  
 VOGUE, Lewes Rd (tel:63314) - dirty pics + occasional striptease, both for members only.

#### OTHER THINGS TO DO

And there's lots more to do in Brighton. Take a ride, for example, on VOLK'S RAILWAY, Britain's first regular electric passenger line (opened in 1883), it runs between the Aquarium & Black Rock and carries about ½ million passengers in the spring and summer. BLACK ROCK is a good place for beach parties, but you'll need police permission first (66744). Railway enthusiasts should also look in at the BRIGHTON MINI-MODEL & TOY EXHIBITION (Kings Rd Arches, Lower Esplanade). The AQUARIUM & DOLPHINARIUM (Madeira Drive), open every day, has regular dolphin shows (scoff if you like but go and see them, dolphins are fascinating). PALACE PIER and the WEST PIER offer sundry trite amusements and also deck-chairs; not recommended except for masochists. Waxworks at LOUIS TUSSAUD'S (Grand Junction Parade). Sports, watching: the highlight of the year is probably the R.A.C. London to Brighton VETERAN CAR RUN in November. There's a Flat Racing season of BRIGHTON RACES usually on various days in May-September (for steeplechasing, PLUMPTON,

13 miles from Brighton; National Hunt at FONTWELL PARK, 32 miles from Btn). Dogs at BRIGHTON & HOVE GREYHOUND STADIUM (Nevill Rd, Hove). International Show Jumping at HICKSTEAD. Association football (Brighton & Hove Albion) at the GOLDSTONE GROUND in Hove. Cricket (Sussex C.C.C.) at the COUNTY GROUND, Eaton Road, Hove. Other spectator sports at appropriate venues.

Sports, participating:

SWIMMING pools at Black Rock, Rottingdean & Saltdean Lido (outdoor) & North Rd in Brighton & King Alfred Sports Centre (2 pools) in Hove (indoor).

GOLF - six 18-hole courses.

TENNIS - in most Brighton parks, and on the sea-front lawns in Hove; several private clubs also.

TABLE TENNIS - King Alfred only public facilities? (poor). Rather a disgusting state of affairs since Brighton is the chosen venue for the 1977 World Table Tennis Championships.

TEN-PIN BOWLING - King Alfred Sports Centre (22 lanes).

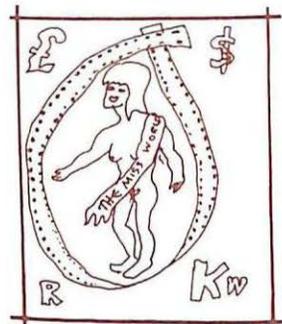
In various places facilities for badminton, croquet (seafront lawn in Hove), squash, putting, bowling, judo, etc. as well as the usual saunas and keep fit clubs. Why not be different and have a bath at the North Road baths (before they're demolished)? For a few pence an enormous enamelled bath with brass taps, a little old man to fill it up for you, sir, and a unique atmosphere of sweaty contentment.

Although Brighton has a fine open-air athletics stadium at WITHDEAN there is no indoor sports centre. The KING ALFRED in Hove is inferior in many ways to the facilities available in Worthing. University students can use the fine University sports hall, of course. Comprehensive lists of clubs in Brighton & Hove covering all kinds of sporting or recreational activity as well as more serious organisations can be studied at the Brighton & Hove Information Bureaux, and at Hove Central Library (pp.42-44).

It isn't possible to list here all the interesting places that can be visited from Brighton, although an acceptable attempt was made in the 2nd (1972) edition of Jones & Leggatt's "Brighton Guide" (pp.27-33). BEACHY HEAD shouldn't be missed (gentlemen, take the girls you're courting for a cliff walk, they're guaranteed to cling to you). The DEVIL'S DYKE has



some spooky associations and if you don't believe me try a midnight visit and a walk along the back behind the pub - though don't fall over the edge. LEWES is



good for an easy afternoon out: atmosphere, the Castle (fine view from the keep), Anne of Cleves' house, have your tea at the "Bull House" where Tom Paine used to lodge, etc. If you're brave sample the Fires, Procession & Fun-Fair at the LEWES BONFIRE NIGHT on Nov. 5. For a day out visit CHICHESTER to see the truly remarkable Cathedral and (just outside the town) the Roman Palace at FISHBOURNE. There are many fine brasses in the Brighton area if you fancy trying your hand at BRASSRUBBING, e.g. figures of priests at Clayton, Broadwater (Worthing), and St. Michael's (Lewes), an Elizabethan couple at Henfield, A knight and his wife at Goring-On-Sea. You may need to pay a small donation to the church box; but always be sure to obtain the vicar's permission (or you may spoil it for the next person who comes to do

some brass-rubbing). In Brighton itself there is much of historical or architectural interest to look at, but look now before the developers swallow it up (see also DISAPPEARING BEAUTIES OF BRIGHTON pp.11-16). One final suggestion: free guided tours are arranged by the Borough Engineer & Surveyor around those monuments to Victorian engineering, BRIGHTON SEWERS. They're clean, interesting and not as smelly as you would have guessed. At the end of the tour you emerge through a manhole into the Steine Gardens.



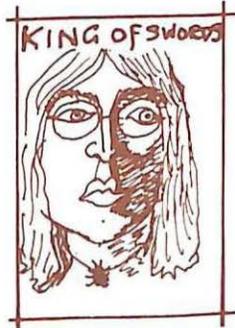
Brighton is a cosmopolitan town with many artistic, literary and theatrical residents, thousands of students of all nationalities, and a considerable holiday trade. It is also a major centre for English Language teaching. Therefore despite the basic conservatism and venality of many of the local people and the nasty activities of one very small racist group, foreign visitors are welcome in Brighton, helped to enjoy their stay, and encouraged to come again. There are "rip-off merchants" who prey upon the naive, but you don't have to pay 20p for an icecream, and if you've done your homework about prices, etc. your stay as a foreign guest in Brighton should be a happy one.

#### Where to learn English

Like many other South Coast towns Brighton has a number of schools teaching English to foreigners. Being registered for full-time study (i.e. 15 hours per week) is a good way to get permission to stay in Britain. Certainly some students treat the schools as "finishing schools". The range of type and quality is wide, including high-pressure language laboratory places as well as some schools which seem to have sprung direct from the pages of an Evelyn Waugh novel. We can recommend: BRIGHTON & HOVE SCHOOL OF ENGLISH (7 Wilbury Villas, Hove, tel: 738182); BRIGHTON OVERSEAS STUDENTS' CENTRE (69 Marine Parade, tel: 682747); DAVIES'S SCHOOL OF ENGLISH (44 Cromwell Rd, Hove, tel: 71347); ENGLISH LANGUAGE CENTRE (33 Palmeira Mansions, Church Rd, Hove, tel: 735397) good for intensive courses; ST. GILES SCHOOL OF ENGLISH (18 Cromwell Rd, Hove, tel: 731684). Often the schools are able to arrange accommodation for people coming to study. Many of them also run summer courses in competition with the continental organisations (S.I.S., N.I.S., E.F., O.S. etc.) who bring vast numbers of teenagers to Brighton each summer supposedly to teach them English. These summer school students may be recognised by their little shoulder bags carrying the mark of their particular school.

#### Where to meet people

If you look elsewhere in this book you will find some suggestions about places to go to (discos, pubs, dances etc.). It is wise to consult an English person who knows Brighton first: he will tell you not only where to go, where to avoid. For example, there are



some discotheques where foreign people are happily tolerated until they 1) get drunk, 2) ask somebody's girlfriend for a dance. Then the trouble starts! If you want to meet other foreign people then the best place to go is the CONCORDE disco (above the Aquarium, Monday evenings only, admission 25p if you don't have an I.F.L. card) organised by the INTERNATIONAL FRIENDSHIP LEAGUE. The address of the League, if you want to join, is c/o Tony Norgate, 5 Highfield Crescent, or you can ring their vice-chairman Martin Parsons at tel. 71631. They organise regular travel talks, discussions and film or slide shows at the Palmeira Hotel, Cromwell Rd, Hove, on Wednesday evenings. There are also various ethnic & expatriate societies in the Brighton area. A very well known one, just to take an example, is the BRIGHTON ASIAN CIRCLE (c/o Chandrakant Mehta, 92 Osborne Rd, tel. 509808) formed in 1971 & now with over 300 members inc. Indians, Pakistanis, Bangladeshis, Mauritians, Fijians, etc, & some sympathetic English people. Its aims are "1) to encourage social & cultural activities amongst Asians residing in the Brighton area, 2) to provide entertainment not obtainable on an individual level, eg. Asian Feature Films, Social & Musical Evenings, etc. 3) to promote understanding between Asian & British families." Membership is £1 a year (less for students or children). There are similar groups for most cultural or ethnic divisions, although sometimes activities will be based upon one particular place (eg. the KOLBEH restaurant is a social centre for Brighton's Persians) and be spontaneous rather than organised. Likewise at the University & to a lesser extent the Polytechnic. It's best to ask the help of a Brighton resident of the appropriate racial background when you're trying to make contact with the local Ruritians or looking for somebody else who comes from Timbuku.

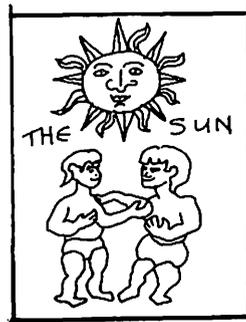
#### PARKS/FURTHER AFIELD

The best of Brighton's many parks are STANMER PARK, formerly owned by the Earls of Chichester, landscaped grounds around Stanmer House, a model village with duckpond, cricket on the green, a Post Office serving teas, etc; QUEEN'S PARK, which has a lake with ducks & an island & fish that jump for flies at evening time, & a near-decayed 18th century spa; MOULSECOOMB WILD PARK, 143 acres inc. some of wild downland with the indigenous plants; the OLD STEINE AND VICTORIA GARDENS, with a 1st W.W. Memorial, illuminated fountain & some elaborate flowerbeds; EAST BRIGHTON PARK (Wilson Avenue) for walkin' the dog; and PRESTON PARK, which has a Rose Garden, a Rock Garden laid out like the Willow Pattern design, & a particularly English feeling on warm

summer afternoons when the elderly ladies are taking tea in the pavilion and there are bowls tournamnets and tennis matches in leisurely progress. Preston Park and ST. ANN'S WELL GARDENS in Hove both have Scented Gardens for the Blind. At Palmeira Square in Hove is a prize-winning FLORAL CLOCK. Both the Argus and the Gazette have a regular "Brighton in Bloom" column to let you know which flowers are out in the parks.

Further Afield - there are several local Rambling clubs who take full advantage of the beauty of the countryside around Brighton, but all you need in fact are suitable boots and sensible clothes, sufficient tact to avoid offending farmers (or their animals) and South Sussex Walks (Radio Brighton publication, 1970), by Lord Teviot and Michael Quinion. The SUSSEX RIGHTS OF WAY GROUP (info. from K.G. Waine, 88 Southall Avenue) are active in the field of "Conservation of the environment". If your problem is that you can't stand being in the open there is a local club for agoraphobia sufferers, contact Mrs. Wenham, 5 Petworth Rd. Brighton (tel;500265).

Animals - a local councilor recently estimated that Brighton's dogs deposit daily 1½ tons and 1,000 gallons of untreated sewage in the town streets (Hove, let it be noted, has had the foresight to provide a special sea-front "Dogs Toilet"). But if you do want a dog - and they make excellent companions, sometimes better than people - go and choose one from the strays and unwanted dogs at the NATIONAL CANNINE DEFENCE LEAGUE (Robertson Rd. tel;552764), though be sure (1) that you really want a dog and won't abandon it when the novelty wears off (2) you have the right amount of money, time and living space to give the dog a happy home. For other animals as pets, contact the R.S.P.C.A. for advice on where to buy and how to keep. Some other addresses: CAPTIVE ANIMALS PROTECTION SOCIETY, c/o Miss Irene Heaton, Pembroke Crescent, Hove



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