

Scabies Scramble mat game

Adults: one facilitator, one scorer.

Players: even number of players; if odd, give a starting score of 4 to the smaller team.

Equipment: one beanbag per player, a mat, flipchart and pen for scoring.

- Explain objectives and rules of the game.

Objective

- Winning team will be the one which scores the most points.

Rules:

- Beanbags must land fully on a scabies mite or egg to score the full figure. Only one bag per mite allowed.
- All players must balance beanbags on their heads throughout the game, and forfeit their go if they drop it.

Playing the game:

- Divide players into 2 equal teams, and give each team a name.
- First player in group A stands at one end of mat and the rest of the group lines up on long RH side of mat.
- Group B do the same at other end, and along LH side.
- First player throws bag and moves to back of their line.
- Team calls out their name and the score, and scorer records it.
- Next player moves to end of mat and throws.
- Once all the mites have been filled, or no beanbags left, retrieve bags and start again.
- Play two complete rounds.
- Finish and total scores.

Notes: If no scorer, then last in line writes down each score on flipchart on way back their pace.

An alternative game that does not require a mat

Scabies freeze

Adults: one facilitator

Equipment: one beanbag per player

Preparation:

- Start with the whole group standing in a circle (or in a space facing you). Explain that they will be moving around in the space the whole time.

Objective:

- To be the last scabies mite moving around the care home.

Rules:

- Define the walls of the care home in which they can move, if they leave this they are 'out'.
- Cover any safety issues - keep apart, no pushing, stay within the agreed area.
- No touching your beanbag once on your head.
- When the leader calls out and/or does a movement, each player must do the movement while keeping the bean bag on their head.
- If a player's bean bag falls from her or his head, the player must let it fall, and stand frozen still.
- Optional: other players can hand fallen beanbags back to the frozen players and they can re-join the game.

Playing the game:

- Hand out beanbags
- Adult demonstrates, and players practise balancing a beanbag on their heads.
- All children balance their beanbags on their heads.
- The leader announcing a movement, such as:
 - walk
 - hop
 - turn in a circle
 - close your eyes and touch your nose
 - stand on one leg
 - take a step to your right
 - take a step to your left
 - stand on the other leg
 - put both hands behind your head

Notes: Adjust these according available space, age and ability etc. Movements can be done on the spot instead of moving around if space is short. Alternatively make it a 'Scabies says' game, so the players stand still with beanbags balanced on their heads and copy the leaders movements only when the instruction is prefaced by 'Scabies says'. If they do the movement when it is not prefaced by this, they are 'out', if they drop their beanbag they are 'out'.

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<https://blogs.brighton.ac.uk/textilesandscabies>
